November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Morning 1 on 1's 10:45 Mass on TV in LTC Dining Room	2 10:30am Exercise 2:30 Bingo 7pm Cards & TV Shows	3 10am Nail Painting 10am Mia, Therapy Dog visits 2:30 YouTube Quizzes 7pm Balloon Volleyball	4 10am Creative Coloring 2:30 Moving to Music 7pm Bingo	5 10am Washer Tournament 2:30 Canaan Baptist Church visits 7pm Favorite Pie Memories	6 10am Bingo 2:30 New England Fall Colors video	7 Morning 1 on 1's 10:45am Peace Lutheran video service in LTC Dining Room
8 Morning 1 on 1's 10:45 Mass on TV in LTC Dining Room	9 10:30am Exercise 2:30 Bingo 7pm Cards & Music	10 10am Bible Study 10am Mia, Therapy Dog visits 2:30 Thankful Wall Activity 7pm Apple Tic Tac Toe	11 10am Veterans Day Celebration 2:30 Stretching and Meditating Class 7pm Bingo	12 10am Ken Roberts entertains 2:30 Birthday Party 7pm Thanksgiving Roll	13 10am Bingo Afternoon Treat Cart	14 Morning 1 on 1's 10:45am Peace Lutheran video service in LTC Dining Room
15 Morning 1 on 1's 10:45 Mass on TV in LTC Dining Room	16 10:30am Exercise 2:30 Bingo 7pm Cards & Movie	17 10am Bible Study 10am Mia, Therapy Dog visits 2:30 Cornucopia Cookie Decorating 7pm Tag A Fox	18 10am Devotions 2:30 Dining Circle 3pm Community Council 7pm Bingo	19 10am Leaf Printing Craft 2:30 Bird Feeders 7pm Ice Cream Social	20 10am Bingo 2:30 "Happy Thanksgiving" Word Mining	21 Morning 1 on 1's 10:45am Peace Lutheran video service in LTC Dining Room
22 Morning 1 on 1's 10:45 Mass on TV in LTC Dining Room	23 10:30am Exercise 2:30 Bingo 7pm Cards & TV Shows *Angel Trees out today!*	24 10am Nails w/ Glam Gals 10am Mia, Therapy Dog visits 2:30 Library Program 7pm Turkey Toss	25 10am Holiday Window Clings 2:30 Cranberry Wine Spritzers Social 7pm Bingo	26 10am "Gobble Wobble" Exercise Class	27 10am Bingo Christmas Tree Decorating	28 Morning 1 on 1's 10:45am Peace Lutheran video service in LTC Dining Room
29 Morning 1 on 1's 10:45 Mass on TV in LTC Dining Room	30 Decorating for Christmas 2:30 Bingo 7pm Cards & Music					

Bethesda Southgate LTC 2026

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*Activities are subject to change