November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30 AM FITNESS CLASS (AR) 1:00 PM – 4:00 PM ACTIVITY ROOM RESERVED 2:00 PM – 3:00 PM CANDY BINGO (DR)	3 9:00 AM SHOPPING 9:15 AM CHAIR YOGA (AR) 11:00 AM RICH & CHARLIES RESTAURANT OUTING 2:00 PM – 3:00 PM CANDY BINGO 7:00 PM BOWLING (AR)	4 9:30 AM FITNESS CLASS (AR) 1:00 PM – 2:00 PM BIBLE STUDY (AR) 2:30 PM – 3:00 PM CRAFTY WEDNESDAY (DR)	5 9:15 AM CHAIR YOGA (AR) 2:00 PM – 3:00 PM AEGIS THERAPY PRESENTATION (DR) “ALL ABOUT FALL PREVENTION”	6 9:30 AM FITNESS CLASS (AR) 2:00 PM – 3:00 PM HAPPY HOUR W/ BB BOOMERS (DR) 7:00 PM BOWLING (AR)	7 6:00 PM – 9:00 PM ACTIVITY ROOM RESERVED
8 9:00 AM NON – DENOMINATIONAL CHURCH SERVICES (AR)	9 9:30 AM FITNESS CLASS (AR) NATIONAL FRIED CHICKEN SANDWICH DAY!	10 9:00 AM SHOPPING 9:15 AM CHAIR YOGA (AR) 9:15 AM – 10:30 AM CROWN VISION (L) 11:00 AM THREE KINGS RESTAURANT OUTING 2:00 PM – 3:00 PM PRESENTATION (DR) 7:00 PM BOWLING (AR)	11 9:30 AM FITNESS CLASS (AR) 12:00 PM VETERANS LUNCH (DR) 1:00 PM – 2:00 PM BIBLE STUDY (AR) 2:30 PM VETERANS PINNING(DR) VETERANS DAY!	12 9:15 AM CHAIR YOGA (AR) 9:15 AM – 10:30 AM ARCH AUDIOLOGY CLINIC (L) 1:00 PM – 1:30 PM IN – HOME SERVICES PRESENTATION (DR) 2:00 PM – 3:00 PM SNACK BINGO (DR)	13 9:30 AM FITNESS CLASS (AR) 2:00 PM – 3:00 PM HAPPY HOUR W/ LAWRENCE & RICHARD DUO 7:00 PM BOWLING (AR) WORLD KINDNESS DAY!	14 2:00 PM CATHOLIC MASS (AR) 6:30 PM MOVIE (AR) TO BE DETERMINED
15 9:00 AM NON – DENOMINATIONAL CHURCH SERVICES (AR)	16 9:30 AM FITNESS CLASS (AR) 1:00 PM – 4:00 PM ACTIVITY ROOM RESERVED 2:00 PM – 3:00 PM MONEY BINGO (DR)	17 9:00 AM SHOPPING 9:15 AM CHAIR YOGA (AR) 2:00 PM – 2:30 PM PIE SOCIAL (DR) 7:00 PM BOWLING (AR) NATIONAL BUTTER DAY!	18 9:30 AM FITNESS CLASS (AR) 1:00 PM – 2:00 PM BIBLE STUDY (AR) 2:30 PM – 3:00 PM CRAFTY WEDNESDAY (DR)	19 9:15 AM CHAIR YOGA (AR) 2:00 PM – 3:00 PM CHEF DEMO (DR)	20 9:30 AM FITNESS CLASS (AR) 2:00 PM – 3:00 PM HAPPY HOUR W/ GENE TISIUS (DR) 7:00 PM BOWLING (AR)	21 2:00 PM CATHOLIC MASS (AR) NATIONAL STUFFING DAY!
22 9:00 AM NON – DENOMINATIONAL CHURCH SERVICES (AR)	23 9:30 AM FITNESS CLASS (AR) 2:00 PM – 3:00 PM CANDY BINGO (DR)	24 9:00 AM SHOPPING 9:15 AM CHAIR YOGA (AR) 1:00 PM OUTING TO TARGET HOBBY LOBBY OR ALDI’S 1:00 PM – 4:00 PM ACTIVITY ROOM RESERVED 7:00 PM BOWLING (AR) NATIONAL FAIRY BREAD DAY!	25 9:30 AM FITNESS CLASS (AR) 12:00 PM BIRTHDAY LUNCH (DR) 1:00 PM – 2:00 PM BIBLE STUDY (AR) 2:00 PM – 3:00 PM HAPPY HOUR W/ BRYAN FOGGS (DR) EMAN’S BIRTHDAY!	26 11:00 AM – 12:00 PM 12:30 PM – 1:30 PM THANKSGIVING MEAL PLEASE RSVP FOR YOURSELF & YOUR GUESTS AT THE FRONT DESK! 12:00 PM – 6:00 PM ACTIVITY ROOM RESERVED HAPPY THANKSGIVING!	27 9:30 AM FITNESS CLASS (AR) 1:00 PM – 9:00 PM ACTIVITY ROOM RESERVED 7:00 PM BOWLING (AR)	28 2:00 PM CATHOLIC MASS (AR) 3:30 PM – 5:30 PM ACTIVITY ROOM RESERVED NATIONAL FRENCH TOAST DAY!
29	30 9:30 AM FITNESS CLASS (AR) 11:00 AM – 11:30 AM LIBRARY (AR) 2:00 PM – 3:00 PM SNACK BINGO (DR)	Click here to learn more about Bethesda Terrace!				

Key: Outing Special Meal Activity Happy Hour National Day/ Holiday/ Employee Birthday

Location: (L) Library, (AR) Activities Room, (HR) Hearth Room, (DR) Dining Room