

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Click here to learn more about Pacific Place!				1	2	3
4	5	6	7	8	9	10
	9:30 Resident Meeting with Grace 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill/Soup Night	Chair Yoga – 10:00 AM (MPR) 6:30 – Trivia (LR)	Bingo 7PM (LR)	HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	Fitness Fundamentals 9:30am (MPR)	Movie Night 7PM (LR)
11	12	13	14	15	16	17
	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill/Soup Night	Chair Yoga – 10:00 AM (MPR) 6:30 – Trivia (LR)	Game Night 7PM - (LR) Outing for lunch at Das Bevo – 11:00 AM	HasFit YouTube Fitness Class 10 am (MPR) 3:00 Photo Presentation in MPR	Fitness Fundamentals 9:30am (MPR) Birthday Happy Hour 5PM (MPR)	Movie Night 7PM (LR)
18	19	20	21	22	23	24
	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill/Soup Night	Chair Yoga – 10:00 AM (MPR) 6:30 – Trivia (LR)	Bingo 7PM (LR) Outing to Cottleville – 11:00 AM	HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	Fitness Fundamentals 9:30am (MPR) 3:00 PM Sip and Serenade with Tom Meyer	Movie Night 7PM (LR)
25	26	27	28	29	30	31
	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill/Soup Night	Chair Yoga – 10:00 AM (MPR) 6:30 – Trivia (LR)	3:00 PM Bloom Bar in MPR Game Night 7PM - (LR)	HasFit YouTube Fitness Class 10 am (MPR) 1:00 PM Card making class with Sharon	Fitness Fundamentals 9:30am (MPR)	5:00 PM Halloween Mixer (Costumes Encouraged) Movie Night 7PM (LR)