

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Movie Night 7PM (LR)
2	3 9:30 Resident Meeting with Grace 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	4 Chair Yoga – 10:00 AM (MPR)	5 Outing to Ballpark Village – 11:00 AM (Marty Drives) Bingo 7PM (LR)	6 HasFit YouTube Fitness Class 10 am (MPR)	7 Fitness Fundamentals 9:30 AM (MPR) Sip & Serenade 6:30 PM (Patio)	8 Movie Night 7PM (LR)
9 	10 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill Outing to the Muny “Meet Me in St. Louis” – 7:00 PM	11 Chair Yoga – 10:00 AM (MPR)	12 Outing and lunch at Union Station – 11:00 AM (Rod Drives) Game Night 7PM - (LR)	13 HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	14 Fitness Fundamentals 9:30 AM (MPR) 	15 Movie Night 7PM (LR)
16 7:30 PM - Pacific Place Campfire Club	17 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	18 Chair Yoga – 10:00 AM (MPR)	19 Outing to Kirkwood Commons (shopping) and Lunch at Dewey’s Pizza – 11:00 (Grace Drives) Bingo 7PM (LR) 	20 HasFit YouTube Fitness Class 10 am (MPR)	21 Fitness Fundamentals 9:30 AM (MPR) Birthday Happy Hour 5PM (MPR)	22 Movie Night 7PM (LR)
23	24 11:00 AM – Schnucks (ROD DRIVES) 1:00 PM – Paint and Sip with Dianne (MPR) 5:00 PM – Open Grill	25 Chair Yoga – 10:00 AM (MPR)	26 Game Night 7PM - (LR)	27 Outing to the City Foundry – 11:00 AM (Rod or Grace Drives) HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	28 Fitness Fundamentals 9:30 AM (MPR)	29 Movie Night 7PM (LR)
30	31 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	 				