

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July			1	2	3	4
			Lunch at Bartolino's South – 11:00 AM (Rod Drives)	HasFit YouTube Fitness Class 10 am (MPR)	Fitness Fundamentals 9:30 AM (MPR)	4TH OF JULY Movie Night 7PM (LR)
5	6	7	8	9	10	11
	9:30 Resident Meeting with Grace 11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	Chair Yoga – 10:00 AM (MPR) Tea & Trivia – 3:00 PM (LR)	Pottery Hollow – 11:00 AM Bingo 7PM (LR) ★	HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	Fitness Fundamentals 9:30 AM (MPR) 	Movie Night 7PM (LR)
12	13	14	15	16	17	18
Book club 2:00 PM - MPR	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	Chair Yoga – 10:00 AM (MPR) Tea & Trivia – 3:00 PM (LR)	Webster Groves Library Outing – 11:00 Game Night 7PM - (LR)	HasFit YouTube Fitness Class 10 am (MPR) Card Making Class with Sharon – 3PM (MPR)	Fitness Fundamentals 9:30 AM (MPR) Birthday Happy Hour 5PM (MPR)	Movie Night 7PM (LR)
19	20	21	22	23	24	25
Book club 2:00 PM - MPR 	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	Chair Yoga – 10:00 AM (MPR) Tea & Trivia – 3:00 PM (LR)	Science Center & Lunch at Maggiano's -11:00 AM Bingo 7PM (LR)	HasFit YouTube Fitness Class 10 am (MPR) Music Therapy 2:15 (MPR)	Fitness Fundamentals 9:30 AM (MPR)	Movie Night 7PM (LR)
26	27	28	29	30	31	
Book club 2:00 PM - MPR	11:00 AM – Schnucks (ROD DRIVES) 5:00 PM – Open Grill	Chair Yoga – 10:00 AM (MPR) Tea & Trivia – 3:00 PM (LR)	Kimmswick & Lunch at The Blue Owl- 11:00 AM Game Night 7PM - (LR)	HasFit YouTube Fitness Class 10 am (MPR)	Fitness Fundamentals 9:30 AM (MPR)	