

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February

Bethesda Southgate
LTC



10:45 Mass on TV in LTC Dining Room Afternoon Independent Activities	1	10:30am Exercise 2:30 Bingo 7pm Cards & Movie	2	10:00 Nail Painting (100 & 400 Halls) Afternoon visit from Koozie the Therapy Dog! 7pm Juice Pop Drop	3	10:00 Kings in the Corner 2:30 Heart Painting 7pm Bingo	4	10:00 Mia the therapy dog visits 2:30 Canaan Baptist Church visit 7pm Valentine Memories	5	10:00 Book Bingo 2:30 Bean Bag toss "Guess the score for the Superbowl!"	6	10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent Activities	7
10:45 Mass on TV in LTC Dining Room Afternoon Independent Activities	8	10:30am Exercise 2:30 Bingo 7pm Cards & TV Shows	9	10:00 Mia the therapy dog visits 10:00 Y98 Valentine Card Delivery 2:30 Spa Day! Facials with Amy 7pm Ring A Bear	10	10:00 Black History Month Name that Tune 2:30 Stretching to the Music 3pm Dining Circle 7pm Bingo	11	10:00 "Hearts in the Halls" sharing activity 2:30 Sweetheart Party by Women's Board 7pm Hearts Toss	12	10:00 Bingo 2:30 Mardi Gras Craft and Documentary	13	10:45am Peace Lutheran video service in LTC Dining Room	14
10:45 Mass on TV in LTC Dining Room Afternoon Independent Activities	15	10:30am Exercise 	16	10:00 Nail Painting (All Halls today) Afternoon King Cake Treat Cart 7pm Beach Ball Bounce	17	10:00 Devotions 2:30 Tai Chi 3pm Community Council Meeting 7pm Bingo	18	10:00 Mia the therapy dog visits 2:30 Coloring to Music 7pm Ice Cream Social	19	10:00 Bingo 2:30 Travelogue "Wonders of Africa Most Amazing Places in Africa"	20	10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent Activities	21
10:45 Mass on TV in LTC Dining Room Afternoon Independent Activities	22	10:30am Exercise 2:30 Bingo 7pm Cards & Music	23	10:00 Nail Painting (200 & 300 Halls) 10:00 Mia the therapy dog visits 2:30 Trivia Time 7pm Tic Tac Toe	24	10:00 Library Program (Coffee-The Caffeinated History of St. Louis) 2:30 February Birthday Party 7pm Bingo	25	10:00 Spin the Wheel exercise 2:30 Jeopardy Joe 7pm Balloon Volleyball	26	10:00 Bingo Afternoon Room to Room Visits	27	10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent Activities	28