

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February

1	Schnucks 11am 2	Chair Yoga 10am (MPR) 3	Trader Joes Outing 10:00am 4 Bingo 7pm (LR)	HasFit YouTube Fitness 5 Class 10am (MPR)	Fitness Fundamentals 6 9:30 am (MPR)	7
8 SUPER BOWL SUNDAY	Schnucks 11am 9	Chair Yoga 10am (MPR) 10	Lunch at Pietro's 11:00AM 11 Game Night 7pm (LR)	HasFit YouTube Fitness 12 Class 10am (MPR) Music With Kelly 2:15pm (MPR)	Fitness Fundamentals 13 9:30 am (MPR)	14 Movie Night 7pm (LR)
15	Schnucks 11am 16	Chair Yoga 10am (MPR) 17	Explore the Art Museum 18 at your own pace. 10-12PM Bingo 7pm (LR)	HasFit YouTube Fitness 19 Class 10am (MPR) Birthday Happy Hour! 3pm (MPR)	Fitness Fundamentals 20 9:30 am (MPR)	21
22	Schnucks 11am 23	Chair Yoga 10am (MPR) 24	Walgreens, Bank, and 25 Dollar Store Outing 12-2pm Game Night 7pm (LR)	HasFit YouTube Fitness 26 Class 10am (MPR) Music With Kelly 2:15pm (MPR)	Fitness Fundamentals 27 9:30 am (MPR)	28 Hot Chocolate Social 7pm (LR)

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