

BETHESDA

BEST IN CLASS



2025
YEARBOOK

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On the cover: Oaks residents reminisce about their days at Webster Groves High, Class of 1957. Story on p. 4.

Why I Serve

From Pat Rooney, Bethesda Board Member:

I serve on the BHG Board to support the well-being and dignity of older adults. BHG's mission aligns with my values, and allows me to contribute my health care and financial expertise to help guide the organization, ensure responsible resource management, and advocate for innovative senior care solutions.

It is a privilege to positively impact seniors and their families.



From Mike Keller, Bethesda Board Member:

I'm proud to be associated with Bethesda because it's a quality, mission-driven not for profit that helps meet significant community needs with an array of person-centered services. Both the administrative team and front line staff are top quality professionals.



From Dale Meier, Bethesda Board Member and 2026 Board Chair:

I'm honored to serve following an invitation to join the Bethesda Board of Directors after a long business relationship with senior management. Oversight from the boardroom of a deeply committed management team building a strong culture at BHG has been a leading factor in my continuing service.

Dale Meier



Dear Friends of Bethesda,

As I reflect on the themes and milestones of the past year, the notion of **viability** comes to the forefront. I believe it is because Bethesda has remained a steady presence in this community for 136 years, and we have achieved this not by standing still, but by continually preparing for what is to come next.

The theme of this year's Report to the Community, *Best in Class*, feels especially fitting. Just as a school yearbook captures memories and achievements, this report shares a glimpse into the vibrant lives and professional accomplishments that help ensure Bethesda's sustainable future.

The senior living, care and services landscape is shifting quickly. Needs are more individualized; expectations from our residents, patients and family members are higher; and the pace of change is accelerating. Viability depends on our ability to listen to them, as well as our employees and the community, and then to adapt responsively.

Inside, you will read about how we continue to invest in our employees, supporting their growth as leaders, and creating communities where staff feel supported and residents feel cared for.

Looking forward, we are preparing today for the Bethesda of the future. That means reimagining our residences and campuses, adapting services and embracing innovation while staying grounded in what makes us who we are. We know that success requires looking ahead. That is why we plan with intention, build trust and position our organization to meet the expectations of generations to come.

Our viability is reflected in financial stability, the resilience of our teams, the confidence of families who choose us and the commitment of supporters like you. Together, these strengths allow us to move forward with clarity and optimism to be a better place to work and call home.

I want to thank our Board of Directors. Under the leadership of Jackie Yoon, we made important progress this past year. With Dale Meier stepping into the role of Chair in 2026, we look forward to continuing this momentum and preparing Bethesda for the many tomorrows ahead.

As I mark my 36th year with Bethesda, I am deeply grateful to the residents, patients, families, team members, donors and volunteers who make this work possible. Together, we are writing the next chapter of Bethesda's history—one that is strong, compassionate and focused on the individuals we serve.



Joseph J. Brinker



Joe Brinker serves **Zaykia Young** at the Bethesda Dilworth employee holiday party.

Webster Groves Alumni Hold Daily “Reunions” at The Oaks

Just a short 10-minute drive from the villa homes that comprise The Oaks at Bethesda sits Webster Groves High School—home of the Statesmen. Today, more than 1,300 students fill the hallways. But in the late 1940s and 1950s, it was home to a tight-knit group of alumni.

Sid Keane ('54), **Barbara Koons Keane** ('56), **Ida Feldmann Perabo** ('57), **Fred Perabo** ('57), **Linda Weaver Peacock** ('57), **Nancy Baber Shepard** ('57) and **Steve Lang** ('57) were active students, involved in everything from football, basketball and cheerleading to student council, the yearbook staff and various clubs. Despite large class sizes, they created lasting friendships that have endured long past graduation.

“I thought we had a really neat class,” Nancy says. “Of course, I’m sure everyone thinks that, but I thought we had a lot of outstanding people.”

Ida also looks back on her Webster days fondly.

“I loved my high school years, and I can’t imagine having gone anywhere else,” she says.

After graduation, life pulled them in different directions. Yet, many of them stayed connected through holiday gatherings, wedding receptions and, for the past 25 years, a monthly men’s lunch that Fred and Steve continue to attend with other classmates.

They’ve gathered for plenty of high school reunions over the decades, but in recent years, a new kind of reunion has formed—one that began when they all started moving to The Oaks.

The Keanes moved in first, drawn by the opportunity to live independently while staying close to their large family.

“We’ve lived in Webster all our lives, so we really wanted to stay close,” Sid says.

Nancy followed after visiting a friend who lived at The Oaks.

“After I saw her place, I never looked for anything else,” Nancy says.



(L-R) **Fred and Ida Perabo, Steve Lang and Nancy Shepard** reminisce about the “good old days” at Webster Groves High.

Next came Steve and his wife, Alice, who were frustrated by a long waitlist at another community.

“I called Bethesda to see if they had a spot for us, and we got in the next day!” Steve says.

The Peacocks arrived next, followed by the Perabos.

“I was tickled to death when I heard they were all moving here,” Nancy says. “Even though we were all close in high school, we didn’t see each other all that often after. But it’s been great having them here and rekindling the friendships.”

Once at The Oaks, the group also reconnected with other Webster Groves alumni, including **Bob Smutz** ('49) and **Bob Hotze** ('53), who has since moved to Bethesda Hawthorne Place. Everyone has enjoyed reminiscing and sharing stories from their old Statesmen days.

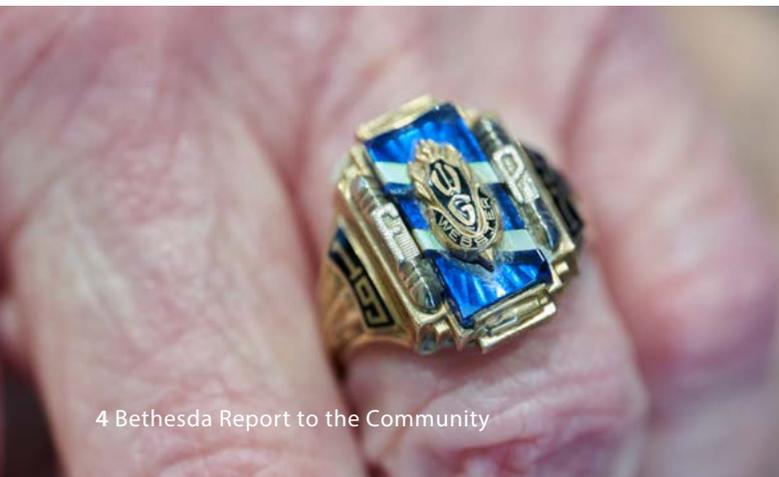
The group takes advantage of everything The Oaks has to offer—participating in trips, happy hours, book clubs, wellness classes and more. They also appreciate being a short drive from local restaurants and shops. But it’s the everyday connections with neighbors that mean the most.

“What we really enjoy about living here is the sense of community,” Fred says.

But old rivalries die hard. The group can’t resist joking about the number of Kirkwood High School graduates who live at The Oaks.

Some things never change.

*Editor’s Note: Sadly, **Linda Peacock** passed away in December 2025. She is remembered fondly.*



Bethesda Leading the Way for the Next Generation of Leaders

Investing in strong leadership strengthens employee and organizational performance and, ultimately, elevates the care and services senior residents and patients receive. To support that objective, Bethesda has launched a comprehensive, multi-year leadership development program that focuses on developing self-awareness, strengthening team leadership, improving business decision-making, guiding organizational change and supporting the broader community.

“The program is designed to provide our leaders with experiences that strengthen their capabilities, and accelerate their continued growth and development,” says **Caprina Wakefield**, Senior Vice President of Human Resources. “Through thoughtful investment in leadership development, we strengthen the organization, foster sustainable growth, and elevate the experiences of both residents and team members.”

Each Leadership Development class, or cohort, involves around 7-10 Bethesda team members from a variety of departments, and multiple cohorts work concurrently to complete the course over several months. During the classroom sessions, participants apply their learnings through collaborative discussions and interactive exercises. From this active engagement, they discover how their own leadership style shapes team performance.

“We have a lively group, and we’re all very candid with each other,” says **Mary Ann Reifschneider**, Executive Director of Home and Community Based Services, which includes Bethesda Senior Support Solutions, Care Management, Bethesda Hospice Care and Bethesda Home Health. “We’re having just as much fun as we are gaining knowledge and skills.”

Outside the classroom, participants complete pre-work, personality assessments and meet one-on-one with a coach monthly to create a personalized professional development plan.

“I really gain a lot from my coaching sessions,” says **Keri Bryer**, Administrator of Memorial Care Center. “I’m learning so much in the classroom, but I don’t always know how to get from Point A to Point B. Our coaches are there to help us develop these plans and get us from where we are to where we want to be.”

This customized program, co-designed by Bethesda and Evolution Consulting, emphasizes practical application. This is important, because it allows the participants to take what they’ve learned in their sessions and use it in their daily roles.

“I’ve already started to apply what I’ve learned,” says **Mike Keller**, Director of Information Technology. “I’ve learned to sit back and listen more, and it’s been instrumental in helping me gather all the information before making decisions.”

At the end of each cohort, Bethesda team members will walk away with a better understanding of their own personal communication style and how to use this knowledge to communicate more effectively. By the middle of 2026, 26 of Bethesda’s top leaders will have completed the program, and approximately 140 from various levels of management will have participated by the time all of the sessions have concluded. And a mentorship program follows the completion of the program for all leaders, ensuring their ability to share what they’ve learned across the organization.

All aspects of the program—from pre-work and classroom sessions to coaching—take place during paid work hours, underscoring Bethesda’s commitment to fully supporting leadership growth.

“Bethesda has a long history—and with that is a very special culture,” Caprina says. “We want to continue to serve seniors for another 136 years, and to do that, we have to make sure we are cultivating the next generation of leaders.”

(L-R) **Lisa Reynolds**, Executive Director, Bethesda Hawthorne Place; **Mike Keller**, Director, IT; and **Keri Bryer**, Administrator, Memorial Care Center, discuss their project with facilitator **Deb Mayer** (standing) from Evolution Consulting during a leadership development session.



Yoon Completes 3-Year Term as Board Chair

After a nine-year tenure on the Bethesda Board of Directors that included serving as Treasurer, Vice Chair and, for the last three years, Board Chair, **Jackie Yoon** is about to embark on a deserved year off.

"I am inspired by the genuine care and commitment that drives the support of the whole Bethesda family," Jackie says. "We are doing some very meaningful work at the Board level, and I really appreciate the effort of my fellow Directors."

President & CEO **Joe Brinker** is grateful for the commitment, thought leadership and genuine care Jackie brought to the role.

"When she accepted the position of Board Chair, I stated that her unique combination of financial acumen, strategic leadership and empathy for seniors made her an excellent fit. Her commitment to our Vision and the time she allocated to achieving the best for our seniors, however, exceeded even my expectations," Joe says.



Jackie Yoon (4th from left) pauses for a photo with teammates and fellow participants at the 3rd annual "Birdies for Bethesda" fundraising event.

"She may have to leave the Board for a year after serving three 3-year terms per our by-laws, but we all hope she chooses to return in 2027," Joe adds.

Dale Meier, a long-time Board member who has been serving as Vice Chair, will begin serving as Board Chair in 2026.

From Jackie Yoon, Bethesda Board Chair 2022-2025:

I am inspired by the genuine care + commitment that drives the support of the whole family.



Moore Named 2025 Norwood Award Recipient



Susan Moore, a long-time community volunteer who has served nearly 20 years on the Bethesda Board of Directors, has been honored with the 2025 Norwood Award.

The Norwood Award was established in 1998 to recognize individuals and groups who have given many years of extraordinary support and service to Bethesda.

Sue's relationship with Bethesda began when she, as a Board member of the Charless Foundation, was actively involved in the effort between the two organizations to

keep The Charless Home, a South City institution serving the needs of our senior population, viable.

As a result of the collaboration, she was among the Charless Foundation Board members added to the Bethesda Board. She has served on numerous committees while at Bethesda and is a member of the Elizabeth Hayne Society.

Her tenure on the Board ended in 2024, and she is now a member of the Advisory Board.

"Sue's service, vision, wisdom and unwavering commitment have helped shape our path and strengthen our mission to serve seniors—an impact that will be felt for years to come," says **Joe Brinker**, President & CEO.

Sue will be honored at a ceremony Bethesda will hold in 2026.

Capital Improvements

A top priority continues to be making sure the facilities in which Bethesda residents live and Bethesda staff work are maintained at the highest level. Here are some of the improvements made in 2025:

- The library at Bethesda Gardens underwent a full renovation, adding space for additional books, periodicals and meeting spaces.
- The front lobby at Bethesda Orchard was completely refurbished, providing a more open and comfortable environment for residents to sit and socialize.
- The carpet in the dining room at Bethesda Terrace was replaced.
- A new automatic sliding door was installed at the main entrance of Alton Memorial Rehabilitation & Therapy.

“Our team works collaboratively with the leadership at the communities to understand what is needed to ensure the safety, comfort and happiness of our residents,” says **Matt Scheer**, Director of Administrative Services. “Once that is determined and the Finance department signs off on the costs, we go to work!”

Matt estimates between \$3-5 million in capital expenditures was used for these and other improvements throughout the year.



New Training Specialist Program Launched

In 2025, Bethesda launched a new Training Specialist program designed to strengthen employee development, retention and patient care in our skilled nursing communities.

The program, whose development was led by **Michele Kimball**, Corporate Director of Clinical Services, and the staff development team, debuted at Bethesda Southgate in November. Senior Staff Development Coordinator **Sara Zajac** (bottom row, far right) led an intensive 8-hour course comprised of six high-performing staff—four Certified Nurse Assistants, one Registered Nurse and one Licensed Practical Nurse—addressing topics such as quality measures, customer service, infection control and fall prevention.

The trained specialists will mentor first-year employees, providing consistent guidance and support. Expansion across all communities and other departments beyond nursing is planned throughout the next two years. Success will be measured through staff retention and performance metrics.

Bethesda Home Health—New Name, Same Commitment to Care

In 2008, Bethesda and St. Andrew’s Resources for Seniors joined forces to create a Medicare-certified home health agency, providing a variety of at-home support and senior care services.

And over the years, St. Andrews & Bethesda Home Health developed a reputation as one of the finest home health agencies in the St. Louis area, earning commendations as one of *St. Louis Magazine’s* top home health agencies in St. Louis.

The caregivers of the award-winning home health agency have all been Bethesda employees.

Following the December 2025 announcement that St. Andrew’s was acquired by a different local senior services

organization (EverTrue), the joint venture relationship has ended—but not the Bethesda commitment to providing quality care wherever our seniors call home.

And so operating with a new name—Bethesda Home Health—those seniors needing medical and therapy care and support in their own homes, especially those who have been discharged from one of Bethesda’s six short-stay rehab communities, are receiving the same award-winning care.

“Since the beginning of this joint venture, Bethesda has been the managing entity,” says **Michelle Glass**, Senior Vice President, Senior Living and In-Home Services. “Our team and commitment to those we serve will remain the same. The only thing changing is our name.”

Former Musician Settles Into a New Rhythm at Village North

In the city of St. Louis, where Blues music has pulsed through streets and clubs for more than a century, **Larry Thurston** is among the genre's most iconic singers—whose voice you've likely heard more often than you realize. From singing in church at just 5 years old to ultimately sharing the stage with rock & roll legends, Larry's journey is a legendary one.

Music was always a big part of Larry's life. Growing up, he performed wherever he could—in school, at church on Sundays and in various singing groups. But it wasn't until 1977 that Larry decided to pursue music professionally.

Over the next several years, Larry became a fixture on the St. Louis circuit, performing with top bands like the Souldard Blues Band, the Blues City Band and The Sounds of the City—a band he formed himself. Playing alongside

him in The Sounds of the City was Rock & Roll Hall of Famer Johnnie Johnson. Together, they brought down the house at well-known staples like Broadway Oyster Bar and Cicero's.

Then came "*The Call*"—as Larry likes to describe it. When a man claiming to be Matt "Guitar" Murphy called looking for Larry, he assumed it was a prank by a friend.

"I said to him, 'If this is really you, call me back,' and then I hung up. Sure enough, he called me back and offered me a spot in a new band he was forming," Larry says, smiling.

That call changed everything. Matt Murphy was one of the guitarists who played with John Belushi and Dan Aykroyd in the original version of The Blues Brothers, and he was starting a group called The Blues Brothers Band. In 1988, after playing with Matt for a time, The Blues Brothers reunited for a reunion tour, and Larry was chosen to fill



"We're really happy living here and feel at home. We've made great friends and enjoy all the activities offered—especially the live music."

—LaDonna Thurston

the role left vacant by Belushi's death. The group traveled across Europe playing to sold-out crowds, and Larry sang lead on iconic songs like "Everybody Needs Somebody to Love," "Sweet Home Chicago," and "Hey Bartender."

"I got into singing because I enjoyed it, and I was looking at it in terms of making a living for myself. I never dreamed I would be traveling the world and having people come watch me sing," Larry says.

The reunion was so successful that they hit the road again for a second tour, which included stops at various House of Blues locations in Hollywood, Cambridge and New Orleans.

In 1994, Larry left the spotlight to spend more time with his family. Two years later, he followed a new calling—he became a pastor, leaving behind a rich musical legacy, including four albums.

Now living at Village North Retirement Community in Florissant, Larry and his wife, **LaDonna**, enjoy life at an easier tempo. Though he is humble about his legendary history, and many of his fellow residents don't know about his musical acclaim, some will gather to watch his old performances on the TV from time to time. And one time, a few fortunate residents were graced by a performance from Larry.

Larry's contribution to the Blues music scene has not gone unnoticed. He is featured in the National Blues Museum, located right here in St. Louis.

"We've lived at Village North for three or four years now," says LaDonna. "We're really happy living here and feel at home. We've made great friends and enjoy all the activities offered—especially the live music."

INDEPENDENT LIVING BY THE NUMBERS

Number of resident activities:

3,834

Total number of resident outings:

411



Some Bethesda Barclay House residents enjoy themselves during an outing to Eckert's Orchard.



A friendly game of cornhole is just one among the fun activities taking place at Bethesda Terrace these days!



Dana Cole carefully chooses the strategy to use for her putt at a Bethesda Orchard resident outing to Puttshack.

BETHESDA INDEPENDENT LIVING COMMUNITIES

- Bethesda Barclay House
- Bethesda Gardens
- Bethesda Orchard
- Bethesda Terrace
- The Oaks at Bethesda
- Pacific Place
- Village North

Jessica Howard: Commitment and Love at Bethesda Dilworth

For more than a decade, day and night, and often for many hours at a time, a familiar smile has brightened the halls of Bethesda Dilworth. **Jessica Howard** has become much more than a caregiver; she's truly part of the fabric of the skilled nursing and post-acute rehab community.

Jessica first joined Bethesda Dilworth as a housekeeper, but she soon discovered her calling was in connecting with residents.

"I fell in love with the people and the conversations I was having on the resident floors," says Jessica. "Even after aging or experiencing memory loss, residents are still human, and they still want to share their stories."

With encouragement from **Michele Kimball**, Bethesda's Corporate Director of Clinical Services, Jessica advanced through the Bethesda Career Ladder program, earning Certified Nursing Assistant (CNA) and Certified Medication Technician (CMT) credentials. These positions allowed her to work directly with residents.

But true to Jessica's personality and commitment, she doesn't just "work with residents." She personifies what it means to go "above and beyond."

Her popular bingo games include an overflowing cart of sodas, chips and candy, and sometimes special prizes chosen specifically for the residents whom she knows will be playing. Once, when a few residents said they wanted to take up gardening, Jessica provided gloves, tools and seeds to help them "dig in" and fully enjoy the experience. When another resident missed the fancy soaps she had at home, Jessica surprised her with some scented options.

What makes her generosity even more special is that she covers the cost herself—on her own time and with her own money.

"Our administrator, **Renee Cwiklowski**, always asks me for the receipts, but I tell her I don't have them. I don't do it for reimbursement or recognition. I do it because this is where my heart is," Jessica says.

Jessica's kindness extends far beyond bingo. When a resident's husband had difficulty accessing transportation to visit, she arranged Uber rides and lunch for them. When another resident struggled to find clothes after losing weight, Jessica secured some new items that fit right. One resident's daughter even credits Jessica's encouragement for creating such a change in her father that they were able to discuss bringing him home.

But among the many residents she treats like family, one resident holds a special place in her heart. In 2018, **Mary Bryant** "adopted" Jessica as her granddaughter, and in the



Bethesda Dilworth resident **Mary Bryant** steals a precious moment with her "granddaughter," **Jessica Howard**.

"I fell in love with the people and the conversations I was having on the resident floors. Even after aging or experiencing memory loss, residents are still human, and they still want to share their stories."

—Jessica Howard

process gained Jessica's two sons as great-grandsons. The boys often stop by to visit Mary, who delights in seeing them.

"Mary calls me granddaughter, and my kids and I call her 'Granny,'" says Jessica, smiling as she pats Mary's shoulder affectionately.

Jessica makes sure Mary always has what she needs, from snacks and socks to hygiene products. And last year, Jessica worked with Mary's son to throw her a birthday party.

Currently studying for the nursing school entry exam, Jessica hopes to earn her Licensed Practical Nurse (LPN) certification. But no matter how far her career takes her, she says her inspiration remains the same.

"The most rewarding part about working here is watching our residents grow," Jessica says. "Seeing someone who initially doesn't want to participate in anything come out of their shell, that's the best feeling."

Bethesda Southgate residents **Marlene Cady** (left) and **Marie Marklin** have a unique way of saying hello when they greet each other!



At Alton Memorial Rehab & Therapy, occupational therapy assistant **Michelle McCune** works with **Annis Burris** to help him recover from his hip surgery.

SKILLED NURSING AND REHAB BY THE NUMBERS

110 Total years of experience in skilled nursing/rehab among our six building Administrators

16,533

Short-stay rehabilitation referrals (increase of 13% from 2024)

Physical therapist **Tevin Burks** watches carefully as **Kitty Hohrein** works hard at her rehab at Memorial Care Center.



BETHESDA SKILLED NURSING AND REHAB COMMUNITIES

- Bethesda Dilworth
- Bethesda Southgate
- Alton Memorial Rehabilitation & Therapy
- Barnes-Jewish Extended Care
- Christian Extended Care & Rehabilitation
- Memorial Care Center

Joe's Matinee: A Saturday Tradition

Every Saturday afternoon, residents at Bethesda Hawthorne Place gather in the community theater, popcorn in hand, for a standing date with "Joe's Matinee." The lights dim, the familiar introductory music starts, and neighbors and friends would settle in for an afternoon of entertainment and memories—all thanks to **Joe Rivitso**.

Joe, one of Bethesda Hawthorne Place's first residents, has hosted these weekly movie viewings since the assisted living community opened in 2017. Prior to moving into Bethesda Hawthorne Place, Joe spent 35 years as a utility worker climbing poles, and that same steadiness and dedication now guide him as the community's resident movie host. In fact, he estimates he has shown around 350 films.

Joe's interest in entertainment began early on. In 1965, when he was 17, his father bought him a ticket to "The Frank Sinatra Spectacular," a benefit held in St. Louis at the Kiel Opera House that featured Johnny Carson, Dean Martin, Sammy Davis Jr. and Frank Sinatra himself, as well as the other members of the Rat Pack.

"They broadcast the performance. It was very funny," Joe says. "I own the video and have shown it every year here, and people seem to like it, too."

Joe estimates that his personal collection totals more than 200 DVDs. Each week, he selects a movie, provides the DVD cover for staff to copy and use to promote it, and helps post a flyer so residents can get a sneak-peek at what's playing next. When Saturday arrives, the team members



ASSISTED LIVING COMMUNITIES



Bethesda Hawthorne Place resident **Connie McMannus** enjoys getting professionally pampered during a special resident activity. Bethesda Southgate held a similar activity for its residents.



Don't worry—the staff at Bethesda Hawthorne Place only dress and act like this on special occasions!



Edward Bielik is clearly having a great time at the Assisted Living at Charless Village holiday party.

BETHESDA ASSISTED LIVING COMMUNITIES

- Bethesda Hawthorne Place
- Charless Village

prepare refreshments and set the scene in the darkened theater—once a standard activity room that was redesigned into a true movie lounge, primarily due to Joe's love of his movies and his weekly "Matinees."

"I also choose the music for people to enjoy as they're finding their seats and getting their popcorn, and then I show the movie," Joe says.

His selections vary widely. He's shown *Sleepless in Seattle*, *Ghost*, *The Godfather* and *The Guns of Navarone*. Concerts and comedy specials from Dean Martin and the Grand Ole Opry also make regular appearances.

"They like anything, so I try to mix it up," Joe says of his fellow residents. "My personal favorite is *The Godfather*. It's a good story and good acting."

Erika Roedel, the Life Enrichment Coordinator at Bethesda Hawthorne Place, says Joe's movie collection has become an important part of the community's activity calendar.

"To be honest, Joe saved us a few times with planned activities that for one reason or another go awry," Erika says. "If we were watching a video or listening to music and the

streaming function failed, we knew Joe probably had what we needed. In fact, he would bring a backup just in case."

Many residents look forward to the weekly gatherings. **Joan Emmett**, who moved to Bethesda Hawthorne Place in 2023, rarely misses a Saturday matinee. She fondly recalls going to the movies as a child in Evansville, Ill., where she watched news reels before the feature began. A political science major in college, Joan has always been drawn to documentaries, but these days she especially enjoys Disney films, appreciating how they can be enjoyed at different ages.

"It makes me think back to good memories," she says. "It's nice that Joe would do this for us."

When asked what keeps him excited about offering "Joe's Matinees," Joe's answer is simple.

"People like to see them," he says. "And I like it when people say they enjoyed it."

And that's exactly why the show always goes on.

*Editor's Note: Sadly, **Joe Rivituso** passed away in December 2025. At the request of his family, this story is included in honor of Joe and the Saturday matinee tradition he loved sharing with his community.*

*"It makes me think back to good memories.
It's nice that Joe would do this for us." —Joan Emmett*

The Broadcaster Who Turned Listeners into Volunteers

In July 2024, radio host **Dave Glover** first learned about Bethesda's No One Dies Alone (NODA) program while his mother was receiving Hospice Care services at Bethesda Dilworth. The program offers patients a comforting presence from trained NODA volunteers in their final days.

Following her passing, Dave began sharing his personal experience with the program—and his decision to become a Hospice volunteer as a result—on his highly rated “The Dave Glover Show,” which airs weekdays between 1-5 p.m. on KMOX radio.

What Dave didn't anticipate was how deeply his story would resonate, inspiring dozens of listeners to volunteer.

“Encouraging people to volunteer truly wasn't why I mentioned it on air; it was something I did for my Mom and myself,” Dave says. “I think that's why it connected with so many—because everyone could tell it was coming from a genuine place.”

Hospice Care team members **Julie Strassman**, Manager of Support Services, and **Melissa Helmkamp**, Volunteer Coordinator, had no idea Dave would be sharing his story on the radio, but shortly after, they started receiving requests from his radio listeners to join the program.

“I went from onboarding one or two volunteers a month to at least 10 to 15—and about 90% of them were coming from Dave's outreach,” Melissa says.

Judy Fisher-Sadoff was one of the many who reached out to join the program the day after hearing Dave's story. She had previously experienced Hospice care with her own mother and felt ready to give back.

“I like to call it ‘magical timing,’” Judy says. “I just happened to be listening to the radio one day when I heard Dave

talking about his experience. When I heard about Bethesda's program, I thought ‘I'm ready now.’ I felt it was time to give what I had received with my mom.”

Linda Loewenstein and **Linda Gardner** also felt called to join after hearing Dave on the radio.

“When I heard Dave's story, I was blown away,” says Linda Loewenstein. “I called Bethesda to find out what the program was all about. Ever since, I have just loved it, and it's truly been a blessing.”

Linda Gardner, reflecting on her experience, shares how meaningful the program has been.

“People have said to me, ‘This must be such a burden on you,’” she says. “But none of it is a burden; rather, I consider it an honor.”

As a result of Dave's outreach, Bethesda has been able to hold more vigils than ever while reducing the strain on existing volunteers. And so many people have expressed interest since Dave first shared his story that Julie and Melissa had to create a waitlist for training, though the team is planning ways to onboard larger groups of people in 2026. For Dave, knowing that his story has had such a positive impact has been deeply rewarding.

“Knowing that there are so many good human beings in this world just makes me feel great,” he says. “Everything I give by talking about the NODA program on my show I get back tenfold from the people who volunteer.”

If you are interested in learning more about becoming a Bethesda Hospice Care volunteer or the NODA program specifically, please contact Melissa at mahelmkamp@bethesdahealth.org or scan the code at right.



“Knowing that there are so many good human beings in this world just makes me feel great.”—Dave Glover



Dave Glover with some of the 35 listeners from the KMOX/Dave Glover Show who became Bethesda Hospice Care volunteers after hearing him share his experiences.

BETHESDA HOME AND COMMUNITY BASED SERVICES

- Bethesda Home Health
- Bethesda Hospice Care
- Bethesda Senior Support Solutions
- Bethesda Care Management



Michelle Handyside, a physical therapy assistant with Bethesda Home Health, helps **Diana Robertson** work on her balance in the comfort of Diana's own home.



Kerry Triatik-Johnson, a CNA with Bethesda Senior Support Solutions, shares a smile with client **Gisela Harr**, a resident of Bethesda Terrace, as she puts on Gisela's compression hose.



Daphanie Sykes, a CNA with Bethesda Senior Support Solutions, goes over weekly medications with **Mary Lee Swift**. Mary Lee, a Bethesda Orchard resident, has been a SSS client since 2021.

HOME AND COMMUNITY BASED SERVICES BY THE NUMBERS

6,333

Total visits by Bethesda Home Health nurses and therapists

55,394

Total in-home non-medical support (dressing, bathing) visits by Bethesda Senior Support Solutions care partners and aides

293

No One Dies Alone shifts by volunteers through Bethesda Hospice Care (increase of 271% from 2024)

BETHESDA AWARDS AND ACCOLADES



Bethesda team members accept the 2025 Best Places to Work award.



Chris Reynolds



Carrie Wetzel



Keri Bryer

Best Places to Work



In 2025, for the ninth time in the last 13 years, Bethesda was named one of the Best Places to Work in St. Louis.

We finished third in our category (Giant Companies—more than 750 employees).

The contest, coordinated by Quantum Workplace and the *St. Louis Business Journal*, typically attracts more than 250 St. Louis-area businesses and organizations yearning for one of the coveted finalist spots. Fewer than 70 are recognized for being category finalists. Congratulations to us—and hopefully 2026 is the year we've been working toward!

Newsweek



Three Bethesda communities—Bethesda Dilworth, Bethesda Southgate and Memorial Care Center—were named to *Newsweek's* Best Nursing Homes

list! This award recognizes communities from across the nation according to key performance data, including quality metrics, and peer recommendations.

U.S. News & World Report



All six Bethesda skilled nursing communities were named to *U.S. News & World Report's* Best Nursing Homes list for rehab services:

Alton Memorial Rehabilitation & Therapy, Barnes-Jewish Extended Care, Bethesda Dilworth, Bethesda Southgate, Christian Extended Care & Rehabilitation, and, for the 16th consecutive year, Memorial Care Center! Only 19% are selected from across the nation to be “High Performing” and therefore make the list.

St. Louis Magazine



Six Bethesda communities and one community based service were named to the 2025 list of Top Area Senior

Living Facilities and Home Health Providers, as researched by DataJoe and published in *St. Louis Magazine*: Bethesda Barclay House, Bethesda Gardens, Bethesda Hawthorne Place, Bethesda Orchard, Pacific Place, Village North Retirement Community and Bethesda Home Health.

LeadingAge Leadership Academy Participants

Three Bethesda leaders have been selected to participate in very exclusive Leadership Academy programs during 2025-26 offered by LeadingAge, the professional organization for non-profit organizations in the senior care and services industry.

Participating in the LeadingAge Missouri Leadership Academy program are **Chris Reynolds** and **Carrie Wetzel**. The Academy offers a transformative year-long educational journey, specifically crafted to empower professionals in aging services to enhance their leadership skills. Chris is the Administrator of Bethesda Southgate and Assisted Living at Charless Village. Carrie serves as Bethesda's Director of Business Development.

And **Keri Bryer**, Administrator of Memorial Care Center, was chosen as a Fellow in the 2026 Larry Minnix Leadership Academy offered by the national chapter of LeadingAge. This program is designed to develop the leadership capacities and core competencies of aging services professionals by tapping into their natural talents and authentic leadership styles.

Congratulations to all three leaders!

BETHESDA FINANCIALS

Year ending June 30, 2025

Bethesda Health Group, Inc. and Subsidiaries Combined Statement of Operations

REVENUES

Net service revenue	\$ 100,961,635
Other revenue and gains	10,128,475
Contributions	1,178,791
Total revenues	<u>\$ 112,268,901</u>

EXPENSES

Direct professional care	\$ 49,511,476
Dietary service	8,972,258
General resident & campus services	14,739,020
Corporate administrative services	23,921,897
Employee health & welfare	2,717,143
Depreciation	7,436,636
Interest	4,846,541
Provision for bad debts	586,800
Total expenses	<u>\$ 112,731,771</u>

Operating loss	<u>\$ (462,870)</u>
----------------	---------------------

Bethesda Health Group, Inc. and Subsidiaries Combined Balance Sheet

ASSETS

Current assets	
Cash and cash equivalents	\$ 5,797,113
Accounts receivable	4,692,716
Management fee receivable	3,201,342
Other current assets	3,532,747
Total current assets	<u>\$ 17,223,918</u>

Assets limited as to use	\$ 89,982,790
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Property, plant & equipment, net	\$ 97,788,532
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Beneficial interest in trusts	\$ 1,504,834
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Beneficial interest in affiliate	6,732,828
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Other assets	3,196,643
--------------	-----------

Total assets	<u>\$ 216,429,545</u>
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LIABILITIES AND NET ASSETS

Current liabilities	
Current maturities of long-term debt	\$ 3,390,000
Line of credit	3,700,000
Accounts payable	5,848,401
Accrued expenses	7,426,191
Other current liabilities	3,047,754
Total current liabilities	<u>\$ 23,412,346</u>

Long-term liabilities, less current maturities	\$ 84,685,621
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Life residents' fees	56,121,868
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Other liabilities	7,446,843
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Total liabilities	<u>\$ 171,666,678</u>
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Net assets	\$ 44,762,867
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Total liabilities and net assets	<u>\$ 216,429,545</u>
----------------------------------	-----------------------

BETHESDA LEADERSHIP

Front row (l-r): **Kevin J. Klingler**, Treasurer; **J. Dale Meier**, Vice Chair; **Jackie Yoon**, Chair; **Philip A. Hutchison**, Secretary.

Back row (l-r): **Samantha J. Teibel**; **John W. Rowe**; **James H. Esther, M.D.**; **Joseph J. Brinker**, President & Chief Executive Officer; **Gary L. Mayes**; **Patrick J. Rooney**; **Frederick J. Falker**; **J. Michael Keller**.

Not pictured: **Veronica McDonnell**.



Front row (l-r): **Kiel S. Peregrin**, Chief Operating Officer; **Roger T. Byrne**, Executive Vice President & Chief Financial Officer; **Joseph J. Brinker**, President & Chief Executive Officer; **Michelle M. Glass**, Senior Vice President, Senior Living and In-Home Services.

Back row (l-r): **Caprina Wakefield**, Senior Vice President, Human Resources; **Candice E. Brown**, Vice President and Administrator; **Jeffrey R. Waldman**, Corporate Vice President and Director of Marketing; **Jennifer A. Popp**, Vice President, Skilled Nursing; **Andrea L. Tripp**, Vice President and Senior General Manager; **Laura Frame**, Corporate Vice President, General Counsel and Corporate Compliance Officer; **Linda L. Sanders**, Corporate Vice President and Director of Development.



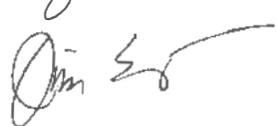
Front row (l-r): **Dave Fleisher**, **Juanita Hinshaw**, **Jackie Yoon**, **Joseph J. Brinker**.

Back row (l-r): **Kevin Curry**, **David Culver**, **Ken Bass**, **Matt Koch**, **Fred Perabo**, **Bob Barrett**, **Tom Collins**, **Al Poelker**.

Not pictured: **Sharon Burkhardt**, **George Clements**, **Franc Flotron**, **Earle Harbison**, **Kathy Joslin**, **Pat Kapsar**, **Peter Krombach**, **Sally Lilly**, **Susan Moore**, **Mark Reifsteck**, **Jim Sertl**, **Jackie Shillington**, **Steve Woodard**.



From **Jim Esther**, Board Member:

Bethesda is a compassionate, well-managed organization. The staff truly cares about the welfare, care and comfort of residents. It is an honor to work on this board. 

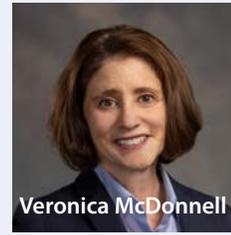
Bethesda Adds Two to Board in 2025

In 2025, the Bethesda Board expanded by two with the additions of **Veronica McDonnell** and **Samantha Teibel**.

Veronica is a Consultation Dietitian and Senior Grants Manager at Duo Dogs, with expertise in nutrition, nonprofit strategy and grant management, and has served on boards including CharacterPlus and St. Louis Art Museum.

Samantha is Assistant Vice President of Digital Products and Platforms at Enterprise Mobility, experienced in innovation and technology leadership, and volunteers as a financial coach with the United Way of Greater St. Louis.

"Bethesda is very fortunate to have added Veronica and Sam to the Board," says **Joe Brinker**, President & CEO. "They are both extremely skilled in thinking strategically, and in less than a year they both have already proven to be great assets to the organization."



From John W. Rowe, former Board Chair and Bethesda CEO:

- Having been blessed in life, I wish to share my talents and treasure.
- Bethesda does so much for St. Louis seniors and I want to contribute to that effort.
- It is an honor to serve Bethesda.

John W. Rowe

From Phil Hutchison, Board Secretary:

I serve on the Bethesda Board of Directors to support its much needed mission of providing a full range of affordable and high quality services for seniors in the St. Louis area.

Phil Hutchison



The Bethesda Women's Board took advantage of a beautiful Autumn day at the Deer Creek Club to gather for a photo. Scan here to learn more about the Women's Board and all that they do for Bethesda.

Longtime Bethesda Supporters Fund Critical Vital Sign Monitors

The Bethesda Health Group Foundation raises funds to ensure every Bethesda resident and patient receives the care, programs and critical medical equipment they need—no matter their financial circumstances. Thanks to the generosity of our donors, we are able to bring comfort, dignity and hope to those who need it the most.

Recently, Bethesda identified an urgent need for new vital sign monitors and turned to the Foundation for help with funding. These advanced monitors automatically record patients' vital signs directly into electronic medical records, improving accuracy and efficiency while giving Certified Nursing Assistants (CNAs) more time for direct patient care. The monitors enable faster, safer and more coordinated care for seniors recovering from knee replacements, serious falls or those managing acute conditions such as strokes or kidney disease.

Funding for the vital sign monitors was made possible by two extraordinary donors whose heartfelt commitment to the well-being of older adults ensures these seniors receive the support they deserve.

The **John M. Wolff Foundation** has been supporting Bethesda's seniors for more than 70 years. Their generous gift purchased six vital sign monitors for Bethesda Dilworth and Christian Extended Care & Rehabilitation. In the early 1950s, Mr. Wolff served as President of the Bethesda Hospital Board and Chairman of the Building Fund, and personally donated to expand the Dilworth Campus—a legacy that continues today.

Juanita Hinshaw is also a devoted champion of Bethesda. She served on the Bethesda Board of Directors for 15 years, including three years as the Board Chair, and now serves on the Bethesda Advisory Board and Bethesda Women's Board. When Juanita learned of the need for vital sign monitors, she, without hesitation, said, "Yes!"

"I'm just so happy I could help provide Bethesda with technology so vital to patient care," Juanita shares. Her donation provided six monitors for Bethesda Southgate.

"The new vital sign machines truly take our care to the next level and improve the workflow for our hard-working CNAs," says **Jennifer Popp**, Vice President, Skilled Nursing. "The upgrade allows real-time information to flow where nurses and physicians can review it—even off-site."

Linda Sanders, Corporate Vice President and Director of Development, notes that the John M. Wolff Foundation and Juanita Hinshaw are beloved members of the Bethesda family.

"Their support continues to make a meaningful difference in the lives of Bethesda seniors every day, and we are sincerely thankful for their generosity," Linda says.

Theresa Wolff, Trustee of the John M. Wolff Foundation, listens as **Toshia Harper**, a CNA at Christian Extended Care & Rehabilitation, explains the life-saving benefits of a vital sign monitor.





Tamara Keefe (front, far left), Founder & CEO of Clementine’s Ice Cream, joins the Bethesda Women’s Board for lunch before sharing her journey to establish her business. And to answer the obvious question—delicious ice cream from Clementine’s was the dessert! For more information about the Women’s Board and how it supports our seniors, please contact **Linda Sanders** at llsanders@bethesdahealth.org or scan the QR code.



BIRDIES FOR BETHESDA 2025 BY THE NUMBERS

Every dollar raised by the sold-out tournament helps provide exceptional programs and services for Bethesda residents and patients **who have outlived their financial resources.**

\$200,000

Raised for seniors in need

70

Generous sponsors (record number!)

351

Slammin’ Sams & Duffers (total golfers)

157

Auction bids (on some highly sought-after items!)



Brandon Moritz, a member of JP Morgan’s team, keeps a close eye on his shot at the 3rd Annual Birdies for Bethesda.

One

\$5,000 Gold Sponsorship

can provide 3 months of rent through our Humanitarian Care program.

One

\$2,500 Silver Sponsorship

can provide 2 lift chairs for our lower-income seniors, allowing them to safely and independently transition from sitting to standing while reducing fall risks.

One

\$1,500 Par Sponsorship

can provide 12 shower chairs for our lower-income seniors, significantly reducing the risk of falls and injuries by providing seniors a stable, secure place to sit while bathing.

One

\$1,000 Driver Sponsorship

can provide Bethesda patients with transportation to 29 medical or therapy appointments.

HONOR ROLL OF DONORS

Gifts made from July 1, 2024–June 30, 2025

We are deeply grateful for your generous support of Bethesda's mission to provide exceptional, compassionate care and vital services to seniors, regardless of their income level. Your contribution plays a pivotal role in helping us continue our work and enrich the lives of those we serve.

Thank you for standing with us and making a difference in the lives of so many.

Creating a Legacy— Bethesda Named Funds

We are grateful to all who have established a Named Fund with the Bethesda Health Group Foundation. Your investment creates a perpetual source of support, empowering Bethesda to continue delivering compassionate and innovative care to seniors—regardless of their financial resources.

Barbara and George Clements Fund
for Humanitarian Care
John Norwood Quality of Life Fund
Ken & Garie Perry Readiness Fund
John W. Rowe Humanitarian Care Fund
Ted Stein Humanitarian Fund for
Barclay House

\$25,000+

Tom W. Bennett Irrevocable Trust (17)
John A. Botz* Estate (2)
CCL Hospitality Group (3)
Charless Foundation
Mary Poore Fobes Trust (18)
Margaret B. Grigg Foundation (17)
Juanita Hinshaw (17)
John M. Wolff Foundation (9)

\$10,000–\$24,999

Daniel and Blanche Bordley Fund
for Bethesda (20)
Leo R. Buder Foundation Trust (18)
Susan Rassieur Buder Memorial Trust (15)
East Missouri Foundation (5)
Gateway Apprenticeship Hub
Henry Leeds (4)
Midwest Elevator (4)
Paric Corporation (3)
United Scripts LTC (2)

\$5,000–\$9,999

Bank of America Merrill Lynch (3)
Bartels-Missey, Inc. (11)
Susan and Joe Brinker♦ (23)
Bubenik Painting
Michelle Glass (21)
Greystone (3)
Earle Harbison Jr. (15)
Judy and Phil Hutchison♦ (8)
Marilyn and Charles Perkins (5)
Garie Perry (7)
Sharon Poe (2)
Anita and Pat Rooney♦ (5)
Ginny and John Rowe♦ (23)
Katherine Stauffer Charitable Trust (11)

\$2,500–\$5,000

Anonymous (6)
AON Risk Solutions Services (4)
Aria Care Partners
Bamboo Equity Partners (2)
Bartosiak Makepeace (2)
Barbara and George Clements (23)
Consociate Health (2)
Enterprise Mobility Foundation (2)
Integrated Facility Services (3)
ISC Contracting (3)
J.P. Morgan (2)
Just Commercial Kitchens
Pat Kapsar (17)
Peter Krombach (16)
Lawrence Group (4)
MatrixCare (4)
Hetty and Gary Mayes♦ (15)
RDG Planning & Design
Viola J. Reynolds Trust (16)
Linda and Todd Sanders (4)
SmartBug Media (2)
Thompson Coburn (6)
Jackie Yoon♦ (10)
Ziegler (3)

1889 Club

Bethesda was established in 1889. The 1889 Club honors members who consistently make annual gifts to Bethesda.

The number in parentheses, following each name, indicates consecutive years of giving since 2002.

\$1,000–\$2,499

AdvaCare Systems (2)
Jerry Ahillen and Mark DeJaynes (7)
Aquachem Company (2)
Sarah and Jerry Arnold (19)
Artistic Concrete Restoration
Bieg Plumbing Company (4)
BioTech X-Ray
Blumeyer Foundation
Candice Brown (16)
Laura and Roger Byrne (12)
Eileen Caffey (7)
Central Solutions (3)
Jennifer and Tom Collins (21)
Mary Alice Collins Memorial Fund (16)
Coltrane Systems (2)
Common Ground Public Relations (4)
Comprehensive Rehab Consultants
Concordance Health Solutions (3)
Patricia and Anthony Conte (2)
Corebridge Financial (2)
Darlene Cosby
Marybel Cova* (5)
Joan and David Culver (20)
Jeannie and Kevin Curry (21)
Sharon Davisson (3)
Robyn Duffey-Rogers and
Mark Rogers (7)
Elite Medical Staffing (4)
EmpiRX Health (2)
Evolution Consulting
Ferguson Roofing Company (3)
Dave Fleisher (21)
Flooring Systems (2)
Laura Frame (3)
Generation Clinical Partners (2)
Betty Haley (2)
Heffernan Insurance Brokers
Susan Higgins (6)
Marty Holland (16)

Hoods Home Center (2)
 Innovative Construction & Roofing
 Kathy and Doug Joslin (17)
 Patty and Mike Keller♦ (10)
 Michele Kimball (2)
 Lucy and Kevin Klingler♦ (12)
 Tracy and Matt Koch (2)
 Patricia and Gerald Krull (2)
 Rosemary Kurt
 Tamara Lee (4)
 David Loida and Wayne Loida
 Med-E-Quip Locators
 Lydia and Dale Meier♦ (16)
 George Mendelsohn (9)
 Jennifer and Todd Meury (10)
 Midwest Staffing Solutions (3)
 Missouri Terrazzo Company (5)
 Penny Northern-Phanse (10)
 Paradigm New Media Group (3)
 Ida and Fred Perabo (22)
 Kiel Peregrin (9)
 Phoenix Textile Corporation (3)
 Piper Sandler & Co. (2)
 Julie and Al Poelker (17)
 Jen and Chris Popp (11)
 Priority First Delivery
 Pro Turf Landscape Solutions
 PRS Global
 Mary Ann and Doug Reifschneider
 Christopher Reynolds (3)
 Diana and David* Robertson
 Barbara Romine (7)
 RX'n Go (4)
 Sansone Group (3)
 Lisa and Greg Savel (3)
 Matt Scheer (8)
 Senior Living Experience (4)
 Mary and Jim Sertl (17)
 Jackie Shillington (2)
 Gerald Sommer
 Sound Physicians
 Spellman Brady & Company (2)
 St. Louis Cleaning & Restoration
 Jim Stutz
 Andrea and Louis Tripp (16)
 Molly Troll
 Caprina Wakefield Schetter
 and Tim Schetter (2)
 Georgee and Jeff Waldman (19)
 Wayne Automatic Sprinkler Corporation
 Carrie and Rob Wetzel (6)
 Ruthann and Dennis Wolz (21)

My wife and I have donated to Bethesda for many years because of the extraordinary service and values they bring to the senior community. For over 135 years Bethesda has answered a call to help seniors live in a wholesome, caring, safe and supportive environment.

-Tom Collins, Advisory Board member

Friends of Bethesda (\$500+)

Sara Arn (8)
 Jessie Bathon (16)
 Boeing Matching Gift Program
 Heather Boutwell
 Nici Bovee (8)
 Sharon and Ron Burkhardt (9)
 Lea Ann Coates (11)
 Dorsey Ellis
 Ellen and Jim Esther♦ (7)
 Jacque and David Faught (2)
 Barbara and John Finch (9)
 Christine Hoffmann
 Mike Keller (2)
 Marcia and David Larsen
 Vickie Lorenzen (17)
 Matthew Mabie
 Rik Maxedon
 Eldon and Kathryn McKie
 Margie McKinney (5)
 Mary E. J. Mermod Trust (18)
 Susan and Michael Moore (4)
 Brian Morey (5)
 Dessa and Gary Morrow (2)
 Michele and Vincent Nicosia (3)
 Mary and Neal Nielsen (11)
 Jill and Larry Nolan (5)
 Rosemary Oliver (5)
 Carol and Robert Pugh (4)
 Pam Rethy
 Scott Rodgers
 Tammy Sengheiser (3)
 Amy Sherrer (2)
 Jackie Sita (10)
 Skyline Missouri Realty
 Carol Szweda (4)
 Julie Taylor (2)
 Kristina Tiehes (3)
 Marjorie Treeger (2)
 Sherry Waterson (8)

Friends of Bethesda (\$100+)

Goran Abutovic (15)
 Ruth Achenbach (2)
 Jane and Clifford Adkins (2)
 Donna Alvey
 Anonymous
 Lu Arnold (8)
 Karen Bacon (4)
 Barbara Barker (3)
 Robin and Patrick Barlow
 Chris and Bob Barrett (2)
 Laura Baumstark (4)
 Harry Beck
 Judith Becker
 Betty Bitter (2)
 Bobbi and Bob Boley (5)
 Betty Bowman
 Janie Bradford (2)
 Dianne Breitwieser
 Dorothy Brents (2)
 Carla and Ely Britton (2)
 Helen Brown and Nancy Brown (9)
 Sandra Brown
 Terry and Bill Brown (5)
 Donna Buck
 Judith and Alvin Budrovich
 Teresa and Joe Buehler (4)
 Mary and Jim Canova
 Jack Casey (6)
 Vicki Chism (2)
 Dana Cole (13)
 Ruth Ann Cranston (3)
 Marianne Croghan
 Chris and Tom Crouch (18)
 Mary Curran
 Paula Czarnecki-Keeven (13)
 Wendy Dannehold
 Carolyn Decker

*Deceased ♦Board Member

HONOR ROLL OF DONORS

Joan Dietemann (3)
 Pat Dineen (4)
 Trina and Scott Douglas (5)
 Deana Dulle (6)
 Anne Dunning
 Toni Durham (5)
 Kayla Edwards (3)
 Becky and Robert Eggmann (8)
 Karen Eibert
 Marlena Ell
 Doris Elliott (4)
 Marialice Enghauser
 Jeanette Estopare (16)
 Susan Fagan (7)
 Tony Favazza (3)
 Bill Field
 Alice Flink
 Marian and Jerry Fox (4)
 Jen Francis (5)
 Cathy Fuchs
 Susan Galloway (2)
 Dorothy Gannon
 Margaret Ganyard (9)
 Rosella Gleason
 Margaret Goode (8)
 Mary Goodwin (2)
 Shirley Graham (5)
 Paul Griffin
 Nannelle Griffith (10)
 Diane and Larry Grooms (2)
 Priscilla Gunn (3)
 Edward Hanlon (9)
 Doris Harrington
 Dorothy Hassler
 Thomas Heidbrink
 Christina Helton
 Helen Herndon
 Mary Lou Herrin
 Angie Heumann (9)
 Colleen Hill (3)
 Yannick Himer
 Sue Hooker
 Mary Hunsicker
 William Hunt
 Bob Hynes (13)



The Bethesda Women's Board Holiday Party reunited members **Rosemary Kurt** (back left) and **Angie Heumann** with their former Bethesda Orchard neighbors, **Jim and Mary Ann Groetsch**, at Bethesda Hawthorne Place.

Kathy Jackson
 Christy James (7)
 Janyne Jamerson (7)
 Sandra Kaestner
 Megan Kelly (2)
 Albert Kenter
 Connie Kitchen
 Mary and Dick Kirschman (8)
 Karen and Jim Klingler (3)
 Pam Klipsch (7)
 Barbara Kolkmeier (22)
 Anastasia Kotis
 Patricia and Matthew Krautmann (8)
 Marcella Kuhn (12)
 Amy Kunze
 Kristen Lacy
 Barbara Lehman (11)
 Sally Lilly
 Doris and Max Loudenslager (4)

Pam and Mike Lowe (3)
 Claire Luna (4)
 The Marcus Corporation
 Susan and Stephen Marchbanks
 Catherine Martini and Leo Emmett (4)
 Ann McCandless (6)
 Brigid and Matthew McCauley
 Mike McMahon
 Tom McNulty (2)
 Donna and Mike Melroy (3)
 Lisa Meyer (14)
 Helen and Lawrence Minth
 Joseph Moffatt (4)
 Patty and James Moore (4)
 Pam Mosca (5)
 Kristen and James Moynihan (4)
 Helen and Ed Mullen (2)
 Peg Murphy (2)
 Karen and Gerald Nash
 Michael Nash
 Ashley Nelson
 Amy and James Newhard (12)
 Paul Nobrega
 Walter Noll
 Alice Odom
 Julie Okenfuss
 Sheri Oliver
 Nancy and Don Peters

I have always been impressed by the quality and variety of services Bethesda provides to older adults. —Dave Fleisher, Advisory Board member

Dawn Poppe (5)
 Judy Portnoy (7)
 Walter Potthast
 Bud Rakestraw
 Mary Re (10)
 Chrissie Redford (4)
 Juliette Reed (3)
 Kathy and O. Lee Reid
 Laurice Reinheimer
 Christy and Scott Roberts (2)
 Margie Robertson (9)
 Susan and Michael Roesch (4)
 Joyce Ross
 Shirley Ross (13)
 Jamie Ruark
 Judith Rustige-Sher and Phil Sher (2)
 Sam Rynearson
 Gerald Sauer (9)
 Caryl Scahill (4)
 Maxine Schmitz
 Eddie Seawood (5)
 Lisa Sertl
 Barbara and Paul Shaver (9)
 Vincent Shaw (3)
 Mary Shepherd
 Margaret Sheridan (8)
 Sue Sita
 Susie and Phillip Skelly (2)
 Jason Slavik
 Jane and Brian Smith (5)
 Janet Stacy (13)
 Robert Stamp (5)
 Leon Steinbruek (5)
 Mary Stoltman (2)
 Etta Taylor Fund of the Greater Kansas
 City Community Foundation (4)
 Carole Teubner (2)
 Joan Tiemann (7)
 Susan and Richard Turner (6)
 Mary Jo and James Walker (3)
 Susan Webster
 Sarita Weldon (16)
 Patricia and Mark Weisner
 Melinda and Keith Whittle
 Donald Wieland
 Micky Williamson (5)
 Ervin Wilson (5)
 Debbie and Steve Woodard (7)
 Kate and Julien Worland
 Linda Wulf
 Charlene and Bob Zinkl
 Lisa Zoia and Eugene Johnson (9)

For more than 45 years, we have been heavily involved with Bethesda and have seen the compassionate care they provide for all seniors. We especially are impressed with the Humanitarian Care program which provides aid to vulnerable Bethesda residents.

*—George Clements, Advisory Board member and
 Barbara Clements, Bethesda Women's Board member*

Heritage Society

Thank you to the following individuals who have included Bethesda in their estate plans:

John P. Baird Estate
 Mary Bard Trust
 Tom W. Bennett Irrevocable Trust
 Marge Bieser*
 Alyce Blome*
 Daniel and Blanche Bordley Fund
 for Bethesda of the St. Louis
 Community Foundation
 John A. Botz Estate & Trust
 Antoinette C. Breihan*
 Hermine J. Brooks Revocable Trust
 Leo R. Buder Foundation Trust
 Susan Rassieur Buder Memorial Trust
 Margaret L. Butler Trust
 James Meade Chouteau Irrevocable Trust
 Barbara and George Clements
 Mary Alice Collins Memorial Fund
 of the St. Louis Community Foundation
 Winnie Cummins*
 George B. D'Arcy Trust
 Nick Dopuch*
 Robert C. Drews*
 Evelyn L. Eldridge Living Trust
 Marie Falvey*
 Joyce Fincher*
 Mary Poore Fobes Trust
 Harris J. Frank*
 Edward C. Gentzler, III
 William L. Gleiber*

Margaret B. Grigg Foundation
 Oscar Groebl
 Dorothy M. Hanpeter*
 Mary Jane Heitzmann*
 Briggs A. Hoffmann*
 Peggy and Harold* Jolley
 Virginia* and Russell* Jones
 Sally S. Lilly
 William C. Malcolm*
 Mary E. J. Mermod Trust
 Annelise Mertz*
 Jean Mullgardt*
 Jan* and Roger Nelson
 Jean G. Newton*
 John F. Norwood Trust
 Joe Palecek Trust
 Garie and Ken* Perry
 Sharon Poe
 Viola J. Reynolds Trust
 John W. Rowe♦
 Frank A. and Alpha H. Ruf Fund for
 Bethesda of the St. Louis Community
 Foundation
 Eleanor G. Ryan Estate
 Albert L. Schweitzer, Jr.*
 Martha Sivier*
 Katherine Stauffer Charitable Trust
 Ted Stein
 Ann F. Sternberg
 Alice Logan Temm Trust
 Lois C. Tuttle*
 Richard Weidert*
 Ethel V. Wilder Trust

HONOR ROLL OF DONORS

In-Kind Donors

Jerry Ahillen
Aquarius Wellness Center
Aurora Medical Spa
Bartosiak Makepeace
Big Sky Café
Blue Ocean Fitness
Susan and Joe Brinker♦
Eileen Caffey
Chocolate Chocolate Chocolate
Kevin C. Collins Sr.
Costco
Cyrano's Cafe
Defiance Ridge Winery
Dewey's Pizza-Kirkwood
Docks Transportation
Drury Hotels
Valerie Gaadt
Michelle Glass
Ryan Glasscock
Tammy Gleiforst
Dave Glover
Grey Eagle Distributors
Susan Higgins
Indigo Massage and Wellness
Jazz St. Louis
Lucy and Kevin Klingler♦
Denise and Rob Klingler
Matt Koch
Leah Faye Esthetics
LHM Hospitality
Lilly Pulitzer Frontenac
Lowe's
Claire Luna
Kathy and Jeff Luna
Main and Mills Brewery

*Deceased ♦Board Member



Bethesda Women's Board member **Anita Rooney** shares a smile with Bethesda Hawthorne Place resident **Genie Thoma** at the annual Women's Board holiday party.

Lisa Meyer
Missouri Historical Society
Susan G. Moore
Penny Northern-Phanse
Paric
Jen and Chris Popp
Pure Barre-Ladue
Ginny and John Rowe♦
Royal Sonesta Chase Park Plaza
Linda Sanders
St. Louis Aquarium
St. Louis Cardinals
Stolze Printing
SumnerOne

Sure Lock & Key
Audra Thomas
Thompson Coburn
Kristina Tiehes
Topgolf
Tory Burch
United Scripts
U.S. MedRehab
Vitality Unlimited Spa
Caprina Wakefield Schetter
and Tim Schetter
Georgee and Jeff Waldman
Ruthann Wolz
Xtreme Xperience

We are proud to support Bethesda and have seen their commitment to quality care of our senior population in all segments of their system. The organization is well run, and the comfort and happiness of their residents is evident.

—Gary Schuette, President, Midwest Elevator

As of Dec. 31, 2025, Bethesda had 16 residents who were 100 years of age or older. And even though they all didn't grow up in St. Louis, we thought it would be fun to ask them one familiar question:

Where did you go to high school?

CENTENNIAL CLASS



Delores Braun (102)
Christian Extended Care
& Rehabilitation
Roosevelt High School
St. Louis, MO



Marianne Croghan (102)
Bethesda Orchard
Nerinx Hall High School
St. Louis, MO



June Emde (102)
Bethesda Dilworth
Normandy High School
St. Louis, MO



Adele Gaertner (101)
Bethesda Southgate
Central High School
St. Louis, MO



Leona Harris (101)
Bethesda Gardens
Billings High School
Billings, MO



Laverne Kammer (107)
Bethesda Dilworth
Wyandotte High School
Kansas City, KS



Margaret Lahey (101)
Bethesda Hawthorne Place
Kirkwood High School
Kirkwood, MO



Teddy McCaughey (103)
Bethesda Hawthorne Place
Milburn High School
Milburn, NJ



Shirley Ross (100)
Bethesda Barclay House
Southwest High School
St. Louis, MO



Anna Schuette (101)
Bethesda Hawthorne Place
Cleveland High School
St. Louis, MO



Mary Slaten (107)
Christian Extended Care
& Rehabilitation
Rosenwald High School
Providence, KY



Carolyn Stotts (100)
Pacific Place
Chehalis High School
Chehalis, WA



Fran Stovall (101)
Bethesda Orchard
Xavier High School for Girls
St. Louis, MO



Genie Thoma (101)
Bethesda Hawthorne Place
Sacred Heart City House
High School
St. Louis, MO



Jane Thompson (100)
Village North
Retirement Community
Pine Bluffs High School
Pine Bluffs, WY



Jane Walts (101)
Bethesda Southgate
East St. Louis High
East St. Louis, IL

BETHESDA INDEPENDENT LIVING COMMUNITIES**Bethesda Barclay House**230 S. Brentwood Blvd.
Clayton, MO 63105
(314) 725-1000**Bethesda Gardens**420 S. Kirkwood Rd.
Kirkwood, MO 63122
(314) 965-8100**Bethesda Orchard**21 North Old Orchard Ave.
Webster Groves, MO 63119
(314) 963-2100**Bethesda Terrace**2535 Oakmont Terrace Dr.
Oakville, MO 63129
(314) 846-6400**The Oaks at Bethesda**Big Bend & Berry Roads
Oakland, MO 63122
(314) 686-4250**Pacific Place**45 South Old Orchard Ave.
Webster Groves, MO 63119
(314) 961-3041**Village North Retirement Community**11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010**BETHESDA SKILLED NURSING COMMUNITIES
WITH REHABILITATION AND RESPIRATORY THERAPY****Bethesda Dilworth***9645 Big Bend Blvd.
Oakland, MO 63122
(314) 968-5460**Bethesda Southgate**5943 Telegraph Rd.
Oakville, MO 63129
(314) 846-2000

*Memory Support

**Alton Memorial
Rehabilitation & Therapy**1251 College Ave.
Alton, IL 62002
(618) 463-7330**Christian Extended
Care & Rehabilitation**11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010**Barnes-Jewish
Extended Care**401 Corporate Park Dr.
Clayton, MO 63105
(314) 725-7447**Memorial Care Center**4315 Memorial Dr.
Belleville, IL 62226
(618) 619-5010**BETHESDA ASSISTED
LIVING COMMUNITIES****Bethesda Hawthorne Place***1111 Berry Rd.
Oakland, MO 63122
(314) 853-2551**Charless Village**5943 Telegraph Rd.
St. Louis, MO 63129
(314) 606-9891

*Memory Support

BETHESDA HOME AND COMMUNITY BASED SERVICES**Bethesda Hospice Care**12101 Woodcrest Executive Dr.
St. Louis, MO 63141
(314) 446-0623**Bethesda Home Health**12101 Woodcrest Executive Dr.
St. Louis, MO 63141
(314) 963-2200**Bethesda Senior
Support Solutions**12101 Woodcrest Executive Dr.
St. Louis, MO 63141
(314) 963-2200**Bethesda Care Management**12101 Woodcrest Executive Dr.
St. Louis, MO 63141
(314) 800-1911