

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

Assisted Living Activity Calendar



1pm Rummikub- AL1	4	8:30am Daily Chronicles 10am Prince of Peace Lutheran church service- chapel 1:45pm January IQ Trivia- AL2 2:30pm Exercise with Todd- AL2	5	8:30am Daily Chronicles 10am Canaan Baptist church service- chapel 1:30pm Wii Bowling- AL2 2pm Sticker by number artwork- AL2	6	8:30am Daily Chronicles 9am Rummikub- AL1 2pm Bethesda Open Golf Tournament- AL2	7	8:30am Daily Chronicles 10am Mass- chapel 10:45am Taking down Christmas decor 1:30pm UN-DECORATING PARTY!!!	8	8:30am Daily Chronicles 10am Rosary with Mary followed by cookies and coffee- AL2 2pm Luke Queen live piano & singing @ Happy Hour- memory	9	9:30am Poker- AL2 1:30pm Movie Matinee- AL1	10
1pm Rummikub- AL1 Golden Globe Awards Night on TV	11	8:30am Daily Chronicles 10am BINGO- AL2 1:45pm Jumbo beer pong toss game- AL2 2:30pm Exercise with Todd- AL2 3:30pm Alaska Documentary- AL1	12	8:30am Daily Chronicles 10am Worship with Rich & Marijke- chapel 10:45am UNO- AL2 1:30pm Wii Bowling- AL2 2pm Manicures- AL2	13	8:30am Daily Chronicles 9am Rummikub- AL1 DOUBLE LIVE MUSIC DAY!! 10am Live Music by Tom Winter- memory 2pm Boyd- Kasten Duo Live music- AL1	14	8:30am Daily Chronicles 10am Mass- chapel 10:45am Shopping outing- by sign up only @ Front Desk 1:30pm Shopping outing- by sign up only @ Front Desk	15	8:30am Daily Chronicles 10am Quarter Bingo- AL2 1:30pm "This Day in History" and Fig Newtons- AL2 2pm Cardio Ball Drumming Exercise- AL2 National Fig Newton Day	16	9:30am Poker- AL2 1:30pm Movie Matinee- AL1	17
1pm Rummikub- AL1 1:45pm Learning Montenegrin with Ilka- AL2 2:30pm Exercise with Todd- AL2 3:30pm MLK Documentary- AL1 Martin Luther King Jr. Day	18	8:30am Daily Chronicles 10am BINGO- AL2 1:45pm Learning Montenegrin with Ilka- AL2 2:30pm Exercise with Todd- AL2 3:30pm MLK Documentary- AL1 Martin Luther King Jr. Day	19	8:30am Daily Chronicles 10am Worship with Rich & Marijke- chapel  1:30pm Wii Bowling- AL2 2pm Northern Lights Canvas painting- AL2	20	8:30am Daily Chronicles 9am Rummikub- AL1 10am Donuts, coffee, & conversation cards- AL2 2pm Bethesda Open Golf Tournament- AL2	21	8:30am Daily Chronicles 10am Mass- chapel 10:45am Kings in the Corner- AL2 1:45pm Jigsaw Puzzle Valentine's Day Craft- AL2	22	8:30am Daily Chronicles 10am Quarter Bingo- AL2 1:30pm Poker- AL2 or 1:30pm Valentine's Day Coloring Pages to classical music- AL2 National Pie Day	23	9:30am Poker- AL2 1:30pm Movie Matinee- AL1	24
1pm Rummikub- AL1 National Activity Professionals Week begins tomorrow!	25	8:30am Daily Chronicles 10am MUSIC BINGO- AL2 1:45pm "Ice cream you scream we all scream for ice cream" social- AL2 2:30pm Exercise with Todd- AL2  NATIONAL ACTIVITY PROFESSIONALS WEEK	26	8:30am Daily Chronicles 10am Worship with Rich & Marijke- chapel 10:45am Precision Coin Toss Game- AL2 1:30pm Wii Bowling- AL2 2pm Manicures- AL2	27	8:30am Daily Chronicles 9am Rummikub- AL1 10am Cornhole- AL2 2pm Jerry & Cherry Live music - AL1	28	8:30am Daily Chronicles 10am Mass- chapel 10:45am Beaded Heart craft- AL2 1:30pm Lea Ann's Book Club- AL2 2:30pm Chair Exercise- AL2 National Jigsaw Puzzle Day	29	8:30am Daily Chronicles 9:30am-10am STL Library Bookmobile- Lobby 10:15am Quarter Bingo- AL2 2pm Mystery Prize Time! AL2	30	9:30am Poker- AL2 1:30pm Movie Matinee- AL1	31