

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>Assisted Living Activity Calendar</h2>				8:30am Daily Chronicles 1 10am Room Visits with Ilka- New Years Resolutions 	8:30am Daily Chronicles 2 9:30am-10am STL Library Bookmobile- Lobby 10:15am Quarter Bingo- AL2 1:30pm Poker- AL2	9:30am Poker- AL2 3 1:30pm Movie Matinee- AL1
1pm Rummikub- AL1 4	8:30am Daily Chronicles 5 10am Prince of Peace Lutheran church service- chapel 1:45pm January IQ Trivia- AL2 2:30pm Exercise with Todd- AL2	8:30am Daily Chronicles 6 10am Canaan Baptist church service- chapel 1:30pm Wii Bowling- AL2 2pm Sticker by number artwork- AL2	8:30am Daily Chronicles 7 9am Rummikub- AL1 2pm Bethesda Open Golf Tournament- AL2	8:30am Daily Chronicles 8 10am Mass- chapel 10:45am Taking down Christmas decor 1:30pm UN-DECORATING PARTY!!!	8:30am Daily Chronicles 9 10am Rosary with Mary followed by cookies and coffee- AL2 2pm Luke Queen live piano & singing @ Happy Hour-memory	9:30am Poker- AL2 10 1:30pm Movie Matinee- AL1
1pm Rummikub- AL1 11 Golden Globe Awards Night on TV	8:30am Daily Chronicles 12 10am BINGO- AL2 1:45pm Jumbo beer pong toss game- AL2 2:30pm Exercise with Todd- AL2 3:30pm Alaska Documentary- AL1	8:30am Daily Chronicles 13 10am Worship with Rich & Marijke- chapel 10:45am UNO- AL2 1:30pm Wii Bowling- AL2 2pm Manicures- AL2	8:30am Daily Chronicles 14 9am Rummikub- AL1 DOUBLE LIVE MUSIC DAY!! 10am Live Music by Tom Winter- memory 2pm Boyd- Kasten Duo Live music- AL1	8:30am Daily Chronicles 15 10am Mass- chapel 10:45am Shopping outing- by sign up only @ Front Desk 1:30pm Shopping outing- by sign up only @ Front Desk	8:30am Daily Chronicles 16 10am Quarter Bingo- AL2 1:30pm "This Day in History" and Fig Newtons- AL2 2pm Cardio Ball Drumming Exercise- AL2 National Fig Newton Day	9:30am Poker- AL2 17 1:30pm Movie Matinee- AL1
1pm Rummikub- AL1 18	8:30am Daily Chronicles 19 10am BINGO- AL2 1:45pm Learning Montenegrin with Ilka- AL2 2:30pm Exercise with Todd- AL2 3:30pm MLK Documentary- AL1 Martin Luther King Jr. Day	8:30am Daily Chronicles 20 10am Worship with Rich & Marijke- chapel  1:30pm Wii Bowling- AL2 2pm Northern Lights Canvas painting- AL2	8:30am Daily Chronicles 21 9am Rummikub- AL1 10am Donuts, coffee, & conversation cards- AL2 2pm Bethesda Open Golf Tournament- AL2	8:30am Daily Chronicles 22 10am Mass- chapel 10:45am Kings in the Corner- AL2 1:45pm Jigsaw Puzzle Valentine's Day Craft- AL2	8:30am Daily Chronicles 23 10am Quarter Bingo- AL2 1:30pm Poker- AL2 or 1:30pm Valentine's Day Coloring Pages to classical music- AL2 National Pie Day	9:30am Poker- AL2 24 1:30pm Movie Matinee- AL1
1pm Rummikub- AL1 25 National Activity Professionals Week begins tomorrow!	8:30am Daily Chronicles 26 10am MUSIC BINGO- AL2 1:45pm "Ice cream you scream we all scream for ice cream" social- AL2 2:30pm Exercise with Todd- AL2 NATIONAL ACTIVITY PROFESSIONALS WEEK 	8:30am Daily Chronicles 27 10am Worship with Rich & Marijke- chapel 10:45am Precision Coin Toss Game- AL2 1:30pm Wii Bowling- AL2 2pm Manicures- AL2	8:30am Daily Chronicles 28 9am Rummikub- AL1 10am Cornhole- AL2 2pm Jerry & Cherry Live music - AL1	8:30am Daily Chronicles 29 10am Mass- chapel 10:45am Beaded Heart craft- AL2 1:30pm Lea Ann's Book Club- AL2 2:30pm Chair Exercise- AL2 National Jigsaw Puzzle Day	8:30am Daily Chronicles 30 9:30am-10am STL Library Bookmobile- Lobby 10:15am Quarter Bingo- AL2 2pm Mystery Prize Time! AL2	9:30am Poker- AL2 31 1:30pm Movie Matinee- AL1