

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026						
						
Click here to learn more about Bethesda Gardens!			Ciara's E-Mail: cagrosman@bethesdahealth.org			
4 10:30 Catholic Communion – 3FC 2:00 Game Day – LR 4:00 BGRC Presents: Kent Chinwith on Guitar - LR 7:00 BGRC Movie – LR 7:00 Grace Kaiser, Dot Kaiser's Granddaughter to Perform on Piano - DR	5 2:30 Documentary - LR 7:00 Movie – LR 7:15 Wii Bowling – 3FC Library Drop Off/Pick Up Day	6 11:00 Ted Talk Tuesdays A Virtual Experience – LR 12:30 Veteran's Lunch – RSVP Required – Small Dining Room	7 10:30 Crafts with Resident, Mr. Steve – 4MPR 2:00 Birthday Happy Hour with "Deb Sharn" - LR 3:00 Bible Study with Reverend Harry – Chapel 6:30 Rosary – Chapel 7:00 Bible Study – 3FC	8 9:00 Shopping 2:00 Wii Bowling – 3FC 3:00 Book Club – 4MPR 6:30 Episcopal Evening Prayer (Chapel)	1 Happy New Year! NO SHOPPING TODAY NO TRANSPORTATION TODAY 2:00 Wii Bowling – 3FC 3:00 Gloria and Duo Dog, Bean - LR	2 NO TRANSPORTATION TODAY 7:00 Card Games –LR 7:00 Bridge 4MPR
11 10:30 Catholic Communion – 3FC 2:00 "99" Cards – 2 nd Floor Card Room 7:00 BGRC Movie – LR	12 10:30 Kirkwood Library Browsing – Lobby 2:30 Documentary - LR 7:00 Movie – LR 7:15 Wii Bowling – 3FC	13 11:00 Ted Talk Tuesdays A Virtual Experience – LR 2:30 Room with a Bloom with the Botanical Gardens *Please Sign Up in the Activity Book* 7:00 Dollar Bingo – 4MPR	14 10:30 Crafts with Resident, Mr. Steve – 4MPR 3:00 Bible Study with Reverend Harry – Chapel 6:30 Rosary – Chapel 7:00 Bible Study – 3FC	15 9:00 Shopping 2:00 Wii Bowling – 3FC 2:00 Steve Haupt to Entertain - DR 3:00 Gloria and Duo Dog, Bean - LR 6:30 Episcopal Evening Prayer (Chapel)	16 10:30 Healthy Hearing – 2 nd Floor Sunroom 2:00 The Alaskan Moose and It's Tracks – 4MPR 7:00 Card Games –LR 7:00 Bridge 4MPR	17 1:30 Wii Bowling – 3FC 3:30 Lutheran Communion - Chapel 7:00 BGRC Movie – LR
18 10:30 Catholic Communion – 3FC 2:00 Game Day – LR 7:00 BGRC Movie – LR	19 NO TRANSPORTATION TODAY No Documentary Today 7:00 Movie – LR 7:15 Wii Bowling – 3FC Library Drop Off/Pick Up Day	20 11:00 Ted Talk Tuesdays A Virtual Experience – LR 2:00 Armchair Travels – Alaska – 4MPR Library Drop Off/Pick Up Day	21 10:30 Crafts with Resident, Mr. Steve – 4MPR 12:50 Podiatrist – 2 nd Floor Sunroom 2:00 Happy Hour with "Stacy McClenahan" - DR 3:00 Bible Study with Reverend Harry – Chapel 6:30 Rosary – Chapel 7:00 Bible Study – 3FC	22 9:00 Shopping 12:30 Birthday Lunch – Small Dining Room 2:00 Wii Bowling – 3FC 2:00 Crafty Crew – Craft Stick Snowflakes – 4MPR *Please Sign Up in the Activity Book* 6:30 Episcopal Evening Prayer (Chapel)	23 2:00 Hot Cider So Click here to learn more about Bethesda Gardens! cial – Lobby 3:00 Word Games with Garie – 4MPR	24 1:30 Wii Bowling – 3FC 7:00 BGRC Movie – LR
25 10:30 Catholic Communion – 3FC 2:00 "99" Cards – 2 nd Floor Card Room 7:00 BGRC Movie – LR	26 2:30 Documentary - LR 7:00 Movie – LR 7:15 Wii Bowling – 3FC	27 11:00 Ted Talk Tuesdays A Virtual Experience – LR 3:00 Men's Club – 4MPR 7:00 Dollar Bingo – 4MPR	28 10:30 Crafts with Resident, Mr. Steve – 4MPR 2:00 Phyllis McLaren to Perform - LR 3:00 Bible Study with Reverend Harry – Chapel 6:30 Rosary – Chapel 7:00 Bible Study – 3FC	29 9:00 Shopping 11:00 Outing to West County Mall *Please Sign Up in Activity Book* 2:00 Wii Bowling – 3FC 2:00 Steve Haupt to Entertain - DR 3:00 Gloria and Duo Dog, Bean - LR 6:30 Episcopal Evening Prayer (Chapel)	30 7:00 Card Games –LR 7:00 Bridge 4MPR 2:00 Rekha Dravina to Perform on Piano - LR	31 1:30 Wii Bowling – 3FC 7:00 BGRC Movie – LR