

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November						1 Rummikub 2:00pm Dinner 4:30-6:30pm
2 Sunday Brunch 11:00am-1:30pm Daylight Saving Time Ends	3 Exercise -9:00am Non-Denominational Bible Study 10:30-11:30am Art Class- 1:30	4 Yoga Class- 9:00am Bank-10:00-11:00am Erma and The Fella's Band 6:30pm Lobby	5 Exercise Class 9:00am Happy Hour 4:00-5:00pm	6 Yoga-9:00am Book Mobile-10:30-11:00 Mass- 11:30am Birthday Lunch- 12:30pm	7 Balance Barre 9:00am Book Club- 10:30am	8 Rummikub 2:00pm Dinner 4:30-6:30pm
9 Sunday Brunch 11:00am-1:30pm	10 Exercise -9:00am Non-Denominational Bible Study 10:30-11:30am Art Class- 1:30	11 Yoga Class- 9:00am Bank-10:00-11:00am Healthy Hearing 10:30-11:30am Veteran's Event To Be Announced 	12 Exercise Class 9:00am Happy Hour 4:00-5:00pm	13 Yoga-9:00am 3:00pm Phil Buckley- Sistine Chapel Art Multipurpose Room	14 Balance Barre 9:00am 	15 Rummikub 2:00pm Dinner 4:30-6:30pm
16 Sunday Brunch 11:00am-1:30pm	17 Exercise -9:00am Non-Denominational Bible Study 10:30-11:30am Art Class- 1:30	18 Yoga Class- 9:00am Bank-10:00-11:00am	19 9:00am Exercise Class 3:00pm RAB Meeting 4:30-5:30pm Happy Hour Lindbergh Strolling Strings 6:30pm Lobby	20 Yoga-9:00am Mass-11:30am 3:00pm- Speaker Author- John Guenther Cathedral Basilica of St. Louis Multipurpose Room	21 Balance Barre 9:00am Dinner Outing To Be Announced	22 Rummikub 2:00pm Dinner 4:30-6:30pm
23 Sunday Brunch 11:00am-1:30pm	24 Exercise -9:00am Non-Denominational Bible Study 10:30-11:30am Art Class- 1:30	25 Yoga Class- 9:00am Bank-10:00-11:00am Beyond the Grave Tour Mo History Tour by Charter \$26.00 pp	26 Exercise Class 9:00am Happy Hour 4:00-5:00pm	27 Thanksgiving No Continental Breakfast Holiday Buffet 11:00am-1:30pm	28 Balance Barre 9:00am	29 Rummikub 2:00pm Dinner 4:30-6:30pm
30 Sunday Brunch 11:00am-1:30pm	 Click here to learn more about Bethesda Barclay House!					