

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			1 West County Mall 11:00-2:00 Bingo 7pm (LR)	2 HasFit YouTube Fitness Class 10am (MPR)	3 Fitness Fundamentals 9:30 am (MPR) Trader Joes Outing 10:00am	4
5 	6 Schnucks 11am Open Grill 5pm	7 Chair Yoga 10am (MPR)	8 Defiance Ridge Winery 10:30 Game Night 7pm (LR)	9 HasFit YouTube Fitness Class 10am (MPR) Music Therapy 2:15pm (MPR)	10 Fitness Fundamentals 9:30 am (MPR) 2:00 Wine Tasting MPR	11 Movie Night 7pm (LR)
12	13 Schnucks 11am Open Grill 5pm Happy Birthday Marion Rose!	14 Chair Yoga 10am (MPR) Flu Shot Clinic 1:00-3:00 Ted's Drews available at desk starting at 11am -1PP	15 Museum of Transportation 10:00 Bingo 7pm (LR)	16 HasFit YouTube Fitness Class 10am (MPR) Birthday Happy Hour! 3pm (MPR)	17 Fitness Fundamentals 9:30 am (MPR)	18
19	20 Schnucks 11am 2:00 Resident Meeting Open Grill 5pm???	21 Chair Yoga 10am (MPR) 	22 Michaels Bar & Grill 11:00 Game Night 7pm (LR) Happy Birthday Marilyn Turner!	23 HasFit YouTube Fitness Class 10am (MPR) Music Therapy 2:15pm (MPR)	24 Fitness Fundamentals 9:30 am (MPR) Resident Appreciation BBQ Lunch (Weather pending)	25 Hot Chocolate Social 7pm (LR)
26	27 Schnucks 11am Open Grill 5pm???	28 Chair Yoga 10am (MPR)	29 Walgreens, Bank, and Dollar Store Outing 12-2pm Game Night 7pm (LR)	30 HasFit YouTube Fitness Class 10am (MPR) Eckert's Pie Tasting (LR) Happy Birthday Marleen Anderson!	31 Fitness Fundamentals 9:30 am (MPR) 	

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