Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Se	ote	mb	er.			
	Labor Day!!!	Chair Yoga 10am (MPR)	Lunch at Lulu's 11:00am Bingo 7pm (LR)	HasFit YouTube Fitness Class 10am (MPR)	Fitness Fundamentals 9:30 am (MPR) Author Presentation 10:00am (LV)	6
7	Schnucks 11am Open Grill 5pm	9 Chair Yoga 10am (MPR)	St. Louis Kaplan 10 Feldman Holocaust Museum 10 am Game Night 7pm (LR)	HasFit YouTube Fitness11 Class 10am (MPR) Music Therapy 2:15pm (MPR)	Fitness Fundamentals ¹² 9:30 am (MPR) Greeting Card Craft with Sharon 1:00 (MPR)	Watermelon Social 2pm (LR)
14	Schnucks 11am Open Grill 5pm	Chair Yoga 10am (MPR)	Lunch at Mellow Mushroom Bingo 7pm (LR)	HasFit YouTube Fitness Class 10am (MPR) Birthday Happy Hour! 3pm (MPR)	Fitness Fundamentals 9:30 am (MPR)	Movie Night 7pm (LR)
21	Schnucks 11am Open Grill 5pm	Chair Yoga 10am (MPR)	Walgreens, Bank, and 24 Dollar Store Outing 12-2pm Game Night 7pm (LR)	HasFit YouTube 25 Fitness Class 10am (MPR) Music Therapy 2:15pm (MPR)	Fitness Fundamentals 9:30 am (MPR)	27
28	Schnucks 11am 29 National Coffee Day – Special Coffee Flavors all Day Open Grill 5pm	Chair Yoga 10am (MPR)	Click here to learn r			