Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LOUIS	St			Fitness Fundamentals 9:30 am (MPR)	Watermelon Social 2pm (LR)
3	Schnucks 11am Survey IC Social 2:30-3:00 (LR) Open Grill 5pm	Chair Yoga 10am (MPR)	St. Louis Aquarium & 6 Lunch at Union Station 11-2 Bingo 7pm (LR)	HasFit YouTube Fitness Class 10am (MPR)	Fitness Fundamentals 9:30am (MPR) Water Balloon Games Patio 4PM	9
10	11 Schnucks 11am	Chair Yoga 10am (MPR)	National Blues Museum13 & Lunch at Sugar Fire 11-2	HasFit YouTube Fitness <sup>14</sup> Class 10am (MPR)	15 Fitness Fundamentals 9:30am (MPR)	Movie Night 7pm (LR)
	Open Grill 5pm	, ,	Game Night 7pm (LR)	Music Therapy 2:15pm (MPR)	National Lemon Meringue Pie Day 1:00 (LR)	
17	Schnucks 11am  Resident Meeting 2pm (LR)	Chair Yoga 10am (MPR)	Breakfast at Golden Oak20 Pancake 10 am  Bingo 7pm (LR)	HasFit YouTube Fitness Class 10am (MPR) Art History Presentation 1:00-2:00PM Birthday Happy Hour! 3pm (MPR)	Fitness Fundamentals 9:30am (MPR)	23
24	25 Schnucks 11am	Chair Yoga 10am (MPR)	27 Walgreens, Bank, and Dollar Store Outing 12-2pm	HasFit YouTube Fitness <sup>28</sup> Class 10am (MPR)	Fitness Fundamentals 9:30am (MPR)	Watermelon Social 2pm (LR)
	Open Grill 5pm		Game Night 7pm (LR)	Music Therapy 2:15pm (MPR)		
31	Click here to learn m					