

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Oaks

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# July 2025

		<p><b>Angela Office Hours</b> 1 9:30 – 11 AM <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)</p>	<p>2 2:00 Yoga/Stretch Class (CH)</p>	<p><b>9:15 Shopping</b> 3 (Please call Gardens to Sign Up) Pickup at the CH 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH) <b>6:30-8:30P Game Night at the Clubhouse</b></p>	<p><b>HAPPY 4th of July</b> 4 <b>2:00 Line Dance Class with Mona (CH)</b> Clubhouse Reserved 11 AM Clubhouse Annex Reserved 10 AM</p> 
		<p>6</p>	<p>7</p>	<p><b>1:30 Water Aerobics at Barclay House</b> 8 <i>*No Transportation Available*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)</p>	<p>9 2:00 Yoga/Stretch Class (CH)  <b>6:00 Social Hour (CH)</b> <b>6:30 Happy Hour with "Bryan Foggs" (CH)</b></p>
<p>13</p>	<p>14 5:15 Book Club (CH)</p>	<p><b>Angela Office Hours</b> 15 9:30 – 11 AM <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)</p>	<p>16 2:00 Yoga/Stretch Class (CH)</p>	<p><b>9:15 Shopping</b> 17 (Please call Gardens to Sign Up) Pickup at the CH  <b>11AM Lunch Outing to The Sawmill BBQ Pub &amp; Grill</b> <i>*Sign up at Clubhouse*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)</p>	<p>18 <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available</i> <b>2:00 Line Dance Class with Morgan (CH)</b> Clubhouse Annex Reserved 10 AM</p> 
<p>20</p>	<p>21 3:00 Ice Cream Social at the Clubhouse</p>	<p><b>Angela Office Hours</b> 22 12:30-2 PM <b>12:00 Fairmount Park Outing</b> <i>*Sign Up at Clubhouse*</i> <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)</p>	<p>23 2:00 Yoga/Stretch Class (CH)</p>	<p>24 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)  5:30 Resident Happy Hour (CH)</p>	<p>25 <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available</i> <b>2:00 Line Dance Class with Morgan (CH)</b> Clubhouse Annex Reserved 10 AM</p>
<p>27</p>	<p>28 <b>8:15 "Dear Evan Hansen"</b> <i>*No Transportation Available*</i> (Many Carpool) Sign up at the Clubhouse <i>*8 Tickets Available*</i></p>	<p><b>Angela Office Hours</b> 29 9:30 – 11 AM <b>1:30 Water Aerobics at Barclay House</b> <i>*No Transportation Available*</i> 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)  5:15 Men's Club (CH) Clubhouse Reserved 11 AM</p>	<p>30 2:00 Yoga/Stretch Class (CH)  <b>6:00 Happy Hour (CH)</b></p>	<p>31 2:00-2:45 Strength &amp; Stretch with GymGuyz (CH)  <b>3:00 Armchair Travels – New Zealand (CH)</b></p>	<p><a href="#">Click here to learn more about The Oaks at Bethesda!</a></p>