

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>June2025</div> <div>Oaks</div> <div> <div>Ciara's E-Mail: cagrosmann@bethesdahealth.org</div> </div> </div>						
1	2	3 2:00-2:45 Strength & Stretch with GymGuyz (CH)	4 2:00 Yoga/Stretch Class (CH) 6:00 Social Hour (CH) Appetizers & Open Bar	5 9:15 Shopping (Please call Gardens to Sign Up) Pickup at the CH 2:00-2:45 Strength & Stretch with GymGuyz (CH)	6 2:00 Line Dance Class with Mona (CH) Clubhouse Reserved 11 AM Clubhouse Annex Reserved 10 AM	7 
8	9 	10 Angela Office Hours 12:30-2 PM 10AM Defiance Ridge Vinyard Outing *Sign up at the Clubhouse* 2:00-2:45 Strength & Stretch with GymGuyz (CH) Clubhouse Reserved 11A – 1:45P	11 2:00 Yoga/Stretch Class (CH)	12 2:00-2:45 Strength & Stretch with GymGuyz (CH) 3:00 Game Night at the Clubhouse	13 Last Day to Order Ted Drewes! 2:00 Line Dance Class with Mona (CH) Clubhouse Annex Reserved 10 AM	14 10:00 Coffee at the Clubhouse
15	16 5:15 Book Club (CH)	17 Angela Office Hours 9:30 – 11 AM 2:00-2:45 Strength & Stretch with GymGuyz (CH) 5:30 – 7P Annual Block Party to Support Hearts for our Homes (Outside of the Clubhouse) *More info on other side*	18 2:00 Yoga/Stretch Class (CH)	19 9:15 Shopping (Please call Gardens to Sign Up) Pickup at the CH 2:00-2:45 Strength & Stretch with GymGuyz (CH)	20 2:00 Line Dance Class with Mona (CH) Clubhouse Annex Reserved 10 AM	21
22	23 3:00 Armchair Travels “Cologne, Greece” (CH)	24 Angela Office Hours 12:30-2 PM 2:00-2:45 Strength & Stretch with GymGuyz (CH) 5:15 Men’s Club (CH) Clubhouse Reserved 11 AM	25 2:00 Yoga/Stretch Class (CH) 4:15 Dinner Outing to the Corner Pub in Chesterfield *Pickup at the Clubhouse* 15 Person Limit Sign up at the Clubhouse	26 2:00-2:45 Strength & Stretch with GymGuyz (CH) 5:30 Resident Happy Hour (CH)	27 2:00 Line Dance Class with Mona (CH) Clubhouse Annex Reserved 10 AM	28
29	30 8:15 “Come From Away” at the Muny! *No Transportation Available* (Many Carpool) Sign up at the Clubhouse *8 Tickets Available*	<div>  <div> <div>Click here to learn more about</div> <div>The Oaks at Bethesda!</div> </div> </div>				