Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	OICU	2025 2025	Oaks		Ciara's E-Mail:	1
	TA				capetri@bethesdahealth.org	
2	NE 3	Angela Office Hours 9:30 – 11 AM 2:00-2:45 Strength & Stretch with GymGuyz (CH)	2:00 Yoga/Stretch Class (CH) 6:00 Social Hour (CH) 6:30 Happy Hour with "Deb Sharn" (CH)	9:15 Shopping 6 (Please call Gardens to Sign Up) Pickup at the CH 2:00-2:45 Strength & Stretch with GymGuyz (CH) 11:00 Eagle Watching and Fast Eddies Trip *Sign Up at Clubhouse*	Clubhouse Reserved 11 AM Clubhouse Annex Reserved 11 AM	10:00 Coffee at the Clubhouse (OC)
Superbowl Sunday! 1:00 Superbowl Pregame Show 5:30 Superbowl Kickoff on Fox	5:15 Book Club (CH)	Angela Office Hours 12:30 - 2 PM 2:00-2:45 Strength & Stretch with GymGuyz (CH) 4:30 Dinner Outing to YaYa's *Sign Up at Clubhouse*	2:00 Yoga/Stretch Class (CH)	2:00-2:45 Strength & Stretch with GymGuyz (CH) 6:30 Night at the Movies (CH)	Clubhouse Annex Reserved	15
16	Happy President's Day! 17	18 Angela Office Hours	19 2:00 Yoga/Stretch Class	9:15 Shopping	21	22
		9:30 – 11 AM 2:00-2:45 Strength & Stretch with GymGuyz (CH)	(CH) 6:00 Happy Hour (CH)	(Please call Gardens to Sign Up) Pickup at the CH 2:00-2:45 Strength & Stretch with GymGuyz (CH)	Clubhouse Annex Reserved 11 AM	E MINE
23	24	Angela Office Hours 12:30 – 2 PM 2:00-2:45	26	27	28	
		Strength & Stretch with GymGuyz (CH)	2:00 Yoga/Stretch Class (CH)	2:00-2:45 Strength & Stretch with GymGuyz (CH)	2:30 Armchair Travels: Oxford, England	
		5:15 Men's Club (CH) Clubhouse Reserved 11 AM		5:30 Resident Happy Hour (OC)	Clubhouse Annex Reserved 11 AM	