Sunday	Monday	Tuesday	Wednesday	Thursday	
	BUL		· · ·		
	· ·	". V	11:00 AM – 1:00 PM <b>1</b>	9:15 AM 2	
	*		NEW YEARS DAY BRUNCH	CHAIR YOGA (AR)	DANCI
			1:00 PM – 5:00 PM ACTIVITY ROOM RESERVED <u>NEW YEARS DAY!</u>	2:00 PM – 3:00 PM MONEY BINGO (DR)	BC
5	9:30 AM FITNESS CLASS (AR)	9:00 AM SHOPPING TRIPS 7	9:30 AM 8	9:15 AM 9	0
	11:00 AM – 11:45 AM STL LIBRARY (AR)	9:15 AM CHAIR YOGA (AR)	FITNESS CLASS (AR)	CHAIR YOGA (AR)	DANCI
	1:00 PM – 4:00 PM ACTIVITY ROOM RESERVED 2:00 PM – 3:00 PM	1:00 PM OUTING TO SAVERS THRIFT STORE	1:00 PM – 2:00 PM BIBLE STUDY (AR) 2:00 PM – 2:30 PM	2:00 PM – 3:00 PM CANDY BINGO (DR)	2:00 HAPPY
	CANDY BINGO (DR)	7:00 PM BOWLING (AR)	ROOTBEER FLOAT SOCIAL (DR)		7:00 P
12	9:30 AM 13 FITNESS CLASS (AR)	9:00 AM SHOPPING TRIPS 14 9:15 AM CHAIR YOGA (AR)	9:30 AM 15 FITNESS CLASS (AR)	9:15 AM 16 CHAIR YOGA (AR)	5 9:30 THOUG
9:00 AM NON – DENOMINATIONAL CHURCH SERVICES (AR)	2:00 PM – 3:00 PM MONEY BINGO (DR)	12:00 PM VETERANS LUNCHEON (DR)	1:00 PM - 2:00 PM	2:00 PM – 3:00 PM	2:00 HAPPY
	NATIONAL RUBBER DUCKY DAY!	1:00 PM OUTING TO RIVER CITY CASINO	BIBLE STUDY (AR) NATIONAL HAT DAY!	MONEY BINGO (DR)	
		7:00 PM BOWLING (AR)	A MATIONAL HAT DATE		7:00 P
9:00 AM	20	9:00 AM SHOPPING TRIPS 21 9:15 AM CHAIR YOGA (AR) 11:00 AM – 11:45 AM	9:30 AM 22 FITNESS CLASS (AR) 12:00 PM BIRTHDAY LUNCH	9:15 AM 23 CHAIR YOGA (AR)	B DANCI DE
NON – DENOMINATIONAL CHURCH SERVICES (AR)		STL LIBRARY (AR)	(DR)	2:00 PM – 3:00 PM	2:00
	MARTIN LUTHER KING JR. DAY	2:00 PM INTERNATIONAL FOOD CLUB (DR)	1:00 PM – 2:00 PM BIBLE STUDY (AR)	CANDY BINGO (DR)	HAPPY SI
	MATE AND AT	7:00 PM BOWLING (AR)	9:30 AM 29		7:00 P
26	9:30 AM 27 FITNESS CLASS (AR)	9:00 AM SHOPPING TRIPS 28 9:15 AM	9:30 AM 29 FITNESS CLASS (AR) 1:00 PM - 2:00 PM	9:15 AM 30 CHAIR YOGA (AR)	9:30 AM THE 2:00
9:00 AM NON – DENOMINATIONAL CHURCH SERVICES (AR)	2:00 PM – 3:00 PM MONEY BINGO (DR) <u>NATIONAL CHOCOLATE</u> <u>CAKE DAY!</u>	CHAIR YOGA (AR) 11:00 AM OUTING TO RICH AND CHARLIES FOR LUNCH 7:00 PM BOWLING (AR)	BIBLE STUDY (AR) 2:00 PM – 3:00 PM TRIVIA W/ NIKKI (DR) <u>NATIONAL PUZZLE DAY!</u>	2:00 PM – 3:00 PM MONEY BINGO (DR)	MUSIC AN 7:00 P

Location: (L) Library, (AR) Activities Room, (HR) Hearth Room, (DR) Dining Room Key: Outing Special Meal Activity Happy Hour National Day/Holiday

Friday

Saturday

