

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January

				1	2	3	4
				<p><i>Happy New Year</i></p>	<p>HasFit YouTube Fitness Class 10am (MPR)</p>	<p>Fitness Fundamentals 9:30am (MPR)</p>	<p>Movie Night! "The Ghost Army" Popcorn and Lemonade or BYOB 7pm (LR)</p>
5	6	7	8	9	10	11	
	<p>Schnucks 11am Resident Meeting 2pm (LR)</p>	<p>Chair Yoga 10am (MPR)</p>	<p>"Ghost Army" Exhibit at Soldiers Memorial and Lunch Outing. 10am departure.  Game Night 7pm (Room 100)</p>	<p>HasFit YouTube Fitness Class 10am (MPR)  Law Enforcement Appreciation Day! Donated Sandwiches Delivered to Webster Groves PD, 12pm.</p>	<p>Fitness Fundamentals 9:30am (MPR)  Coffee Concert at The Touhill 9am departure.</p>	<p>Wine and Cheese! 4pm Living Room</p>	
12	13	14	15	16	17	18	
<p>Happy Birthday, Ann Rich!</p>	<p>Schnucks 11am Resident Meeting 2pm (LR)</p>	<p>Chair Yoga 10am (MPR)  Soup Sampler Potluck! 12:30pm (MPR)</p>	<p>Walgreens, Dollar Store, Bank Shuttle 12-2pm  Bingo 7pm (MPR)</p>	<p>HasFit YouTube Fitness Class 10am (MPR)</p>	<p>Fitness Fundamentals 9:30am (MPR)  Trader Joes 11am</p>		
19	20	21	22	23	24	25	
<p>National Popcorn Day! Movie and Sampling of Popcorn! 2pm (LR)</p>	<p>Martin Luther King Day  Schnucks 11am Resident Meeting 2pm (LR)</p>	<p>Chair Yoga 10am (MPR)  Fortels Pizza Night 4:30pm (MPR) <u>(must RSVP and pay by 1/20)</u></p>	<p>Tour Cathedral Basilica &amp; Lunch. 10am departure.  Game Night 7pm (Room 100)</p>	<p>HasFit YouTube Fitness Class 10am (MPR)  Birthday Happy Hour! 3pm (MPR)</p>	<p>Fitness Fundamentals 9:30am (MPR)</p>	<p>Donuts in Living Room 10am</p>	
26	27	28	29	30	31		
	<p>Schnucks 11am Tech Help 10am-12:30pm By appt.  Book Club 1pm Resident Meeting 2:30pm (LR)</p>	<p>Happy Birthday, Mary Kay Boyle!  Chair Yoga 10am (MPR)</p>	<p>Chinese New Year! Lunch at WanFu. Departure TBD.  Bingo 7pm (MPR)</p>	<p>HasFit YouTube Fitness Class 10am (MPR)  Watercolor Class 2pm (MPR)</p>	<p>Fitness Fundamentals 9:30am (MPR)  National Hot Chocolate Day! Come enjoy Hot Cocoa Bar! 2pm (MPR)</p>		