


# January 2025

## Memory Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Happy New Years!</b> 1 10:30am Noodle ball bash- AL2  <small>New Year's Day</small>	9am Daily Chronicles 2 10:00 Mass- chapel 1:30pm Current events & coffee 2:30 Exercise with Kevin AL2	9am Daily Chronicles 3 10am Manicures and music 1:45pm Virtual Travel-Germany 3:15pm Prayer and Praise-chapel	Classic movies on channel 44 4
Check out the rainbow-colored independent activity cart in the activity room for word puzzles, coloring supplies, reading materials, etc. 5	9am Daily Chronicles 6 10am Prince of Peace Lutheran Service-chapel 1:30pm Pet visit from Carlo the chihuahua 2:30pm Exercise with Todd- AL2	9am Daily Chronicles 7 9:15am-9:45am STL Library bookmobile- lobby 10am Canaan Baptist Service -chapel 1:30pm-3:30pm Taking down all Christmas trees and decor :)	9am Daily Chronicles 8 10am Happy Hour with Live music by Anita Rosamond-memory dining room  2pm "Return of the King: The Rise and Fall of Elvis Presley" documentary and popcorn	9am Daily Chronicles 9 10:00 Mass- chapel 10:45am Cornhole 1:30pm Current events & coffee 2:30 Exercise with Kevin AL2	9am Daily Chronicles 10 10am Rosary with Mary-AL2  2pm Painting with a Twist!	Classic movies on channel 44 11
Check out the rainbow-colored independent activity cart in the activity room for word puzzles, coloring supplies, reading materials, etc. 12	9am Daily Chronicles 13 10am BINGO- AL2 1:45pm Jumbo beer pong ball toss game  2:30pm Exercise with Todd AL2	9am Daily Chronicles 14 10am Worship with Rich and Marijke- chapel  11am music and movement with Amy 2pm Bead Bash jewelry making	9am Daily Chronicles 15 9:30 Rosary on TV  10:15am BINGO 2pm Bible Trivia	9am Daily Chronicles 16 10am Mass- chapel 10:45am Noodleball 1:30pm Lea Ann's book club- AL2 2:30 Exercise with Kevin AL2	9am Daily Chronicles 17 10am Manicures and Music  2pm Happy Hour with Live music by Tom Winter Violinist-AL1	Classic movies on channel 44 18
Check out the rainbow-colored independent activity cart in the activity room for word puzzles, coloring supplies, reading materials, etc. 19  <small>Activity Professionals Week</small>	9am Daily Chronicles 20 10am "Doves of Peace" paper folding craft- AL2  1:45pm MLK Table Talk discussion  2:30 Exercise with Todd- AL2  <small>Martin Luther King Jr. Day</small>	9am Daily Chronicles 21 9:15am-9:45am STL Library bookmobile- lobby 10am Worship with Rich and Marijke- chapel  11am Music and movement with Amy 2pm Winter Artwork	9am Daily Chronicles 22 9:30 Rosary on TV 10:15am BINGO  2pm Happy Hour- Jeff Leftons football themed comedy show! Wear your favorite football team shirts!	9am Daily Chronicles 23 10am Mass- chapel 10:45am Cornhole 1:30pm Current Events and coffee 2:30 Exercise with Kevin AL2	9am Daily Chronicles 24 10am Manicures and music  2pm Afternoon cookies, cocoa, and classic crooners love songs	Classic movies on channel 44 25
Check out the rainbow-colored independent activity cart in the activity room for word puzzles, coloring supplies, reading materials, etc. 26  <small>Australia Day (Observed)</small>	9am Daily Chronicles 27 10am Heart window clings craft 1:45pm Short story book club 2:30 Exercise with Todd- AL2 3:30pm National chocolate cake day -AL2	9am Daily Chronicles 28 10am Worship with Rich and Marijke- chapel  11am Music and movement with Amy 2pm Bingo & Booze	9am Daily Chronicles 29 9:30am Rosary on TV 10:15am Bible study  2pm Chinese New Year Snake watercolor painting  <small>Chinese New Year (Year of the Snake)</small>	9am Daily Chronicles 30 10am Mass- chapel 10:45am Noodle Ball 1:30pm Current Events & coffee  2:30pm Exercise with Kevin -AL2	9am Daily Chronicles 31 10am Manicures and music  2pm Happy Hour-Gateway Harmonica Club performs- AL1	

Bethesda Hawthorne Place 1111 South Berry Rd. St. Louis MO 63122.

All activities are subject to change



# January 2025

## Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy New Year! 1 10:30am Noodle Ball Bash- up  New Year's Day	8:30am Daily Chronicles 2 10am Mass- chapel 1:30pm Manicures and music- up 2:30pm Exercise with Kevin- up	8:30am Daily Chronicles 3 10am Quarter Bingo- up 2pm JEOPARDY- up 3:15pm Prayer and Praise in the chapel	1:30pm Movie with Joe- down 4
1pm Rummikub- down 5	8:30am Daily Chronicles 6 10am Prince of Peace Lutheran service- chapel 1:30pm BINGO- up 2:30pm Exercise with Todd- up	8:30am Daily Chronicles 7 9:15-9:45am STL Library Bookmobile- lobby 10am Canaan Baptist church service- chapel 1:30pm Wii Bowling- up 2:30pm Taking down Christmas trees and decor	8:30am Daily Chronicles 8 10am Morning Music & mimosas: Live music by Anita Rosamond- memory 2pm Movie and popcorn "The Rise and Fall of The King, Elvis Presley"- down	8:30am Daily Chronicles 9 10am Mass- chapel 10:45am Cornhole 1:30pm Taking down the Christmas trees and decor- down 2:30pm Exercise with Kevin- up	8:30am Daily Chronicles 10 10am Rosary with Mary followed by cookies and coffee- up 1:45pm Poker- up	1:30pm Movie with Joe- down 11
1pm Rummikub- down 12	8:30am Daily Chronicles 13 10am Bingo- up 1:30pm Manicures and music- up 2:30pm Exercise with Todd- up	8:30am Daily Chronicles 14 10am Worship with Rich & Marijke- chapel 1:30pm Wii Bowling- up 2:30pm Painting- up	8:30am Daily Chronicles 15 9am Rummikub- down 10:30am Bible study- up 2pm Bible Trivia- memory	8:30am Daily Chronicles 16 10am Mass- chapel 1:30pm Lea Ann's Book Club- up 2:30pm Exercise with Kevin- up	8:30am Daily Chronicles 17 10am Quarter Bingo- up 2pm Happy Hour with Live music performance by Tom Winter (violin)- down National Hot Buttered Rum Day	1:30pm Movie with Joe- down 18
1pm Rummikub- down 19  Activity Professionals Week	8:30am Daily Chronicles 20 10am BINGO- up 1:30pm "Doves of Peace" paper craft- up 2:30pm Exercise with Todd- up Martin Luther King Jr. Day	8:30am Daily Chronicles 21 9:15-9:45am STL Library Bookmobile- lobby 10am Worship with Rich & Marijke- chapel 1:30pm Wii Bowling- up 2:30pm Valentine's Day coloring pages- up	8:30am Daily Chronicles 22 9am Rummikub- down 2pm Jeff Leftons FOOTBALL THEMED COMEDY SHOW! - memory	8:30am Daily Chronicles 23 10am Mass- chapel 1:30pm Artwork with Amy- up 2:30pm Exercise with Kevin- up	8:30am Daily Chronicles 24 9am Coffee and current events- up 10am Quarter Bingo- up 1:45pm POKER- up	1:30pm Movie with Joe- down 25
1pm Rummikub- down 26  Australia Day (Observed)	8:30am Daily Chronicles 27 10am BINGO 1:30pm Manicures & music- up 2:30pm Exercise with Todd- up	8:30am Daily Chronicles 28 10am Worship with Rich & Marijke- chapel 1:30pm Wii Bowling- up 2:30pm Chinese New Year Snake watercolor painting- up	8:30am Daily Chronicles 29 9am Rummikub- down 10:30am Bible Study- up 2pm Chinese New Year Snake watercolor painting- up  Chinese New Year (Year of the Snake)	8:30am Daily Chronicles 30 10am Mass- chapel 1:30pm Men's Group- up 2:30pm Exercise with Kevin- up	8:30am Daily Chronicles 31 10am Quarter Bingo- up 2pm Happy Hour: Gateway Harmonica performs live- down National Hot Chocolate Day	