

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December



1	2 Schnucks 11am Resident Meeting 2pm (MPR)	3 Chair Yoga 10am (MPR) Stocking Stuffers for Home Sweet Home 2pm (MPR)	4 Game Night 7pm (LR)	5 HasFit Fitness Class 10am (MPR) Painting Class with Diane! 2pm (MPR)	6 Fitness Fundamentals 9:30am (MPR) Dierbergs 11am	7 Tree Trimming with Eggnog 2pm (LR)
8 National Brownie Day! Join us for Brownies in Room 100 at 2pm!	9 Resident Meeting 10am (MPR) Schnucks 11am	10 Chair Yoga 10am (MPR) 	11 Walgreens, Bank, & Library Shuttle 12-2pm Bingo 7pm (MPR)	12 HasFit Fitness Class 10am (MPR) Ugly Sweater Birthday Happy Hour! 3pm (MPR)	13 Fitness Fundamentals 9:30am (MPR) Meet me in St. Louis Trivia and Happy Hour 4pm (MPR)	14 Cozy Christmas Tales with Ric Vice. Snacks and Hot Cocoa 6:30pm (LR)
15	16 Schnucks 11am Resident Meeting 2pm (MPR)	17 Chair Yoga 10am (MPR) Resident Holiday Luncheon at Big Sky 12:00pm (Must RSVP by 12/11)	18 Meditation Coloring 1pm (MPR) Holiday Light Outing! 5:30pm (Must RSVP by 12/13)	19 HasFit Fitness Class 10am (MPR) Staff Holiday Luncheon 12:30pm	20 Fitness Fundamentals 9:30am (MPR) Trader Joes 11am	21 Christmas Movie Night 7pm (LR)
22 	23 Resident Meeting 10am (MPR) Schnucks 11am Christmas Caroling 2pm (LR)	24 Chair Yoga 10am (MPR) <i>Christmas Eve – Limited Staff</i>	25  Bingo 7pm (MPR)	26 HasFit Fitness Class 10am (MPR)	27 Fitness Fundamentals 9:30am (MPR)	28 National Card Playing Day! Join us for card games in Room 100 at 2pm!
29	30 Schnucks 11am Book Club 1pm (Room 100) Resident Meeting 2pm (MPR)	31 Chair Yoga 10am (MPR) Happy New Year! Snacks at 7pm! (LR)				

Key: Outing Special Meal Activity Happy Hour