Oaks December₂₀₂₄ Ciara's E-Mail: capetri@bethesdahealth.org 1 2 4 5 6 7 Angela Office Hours 3 5:30 BGRC Event: 9:30 - 11 AM 2:00-2:45 2:00 Yoga/Stretch Class 2:00-2:45 Strength & Stretch with The Banjo Club to (OC) GymGuyz (OC) **Strength & Stretch** Entertain – 4th Floor Dining with GymGuyz (OC) **Room at Gardens** 6:00 Social Hour (OC) **Old Clubhouse Reserved** 11 AM 6:30 Happy Hour with **New Clubhouse Reserved** "Anita Rosamond" (OC) 11 AM 12 13 14 8 9 10 11 5:15 Book Club (OC) 6:00 BGRC Event: 2:00-2:45 **Angela Office Hours** 2:00 Yoga/Stretch Class 10:00 Coffee at the 10:45 AM Outing to Strength & Stretch with 12:30 - 2 PM **The Barbershop Quartet** (OC) Clubhouse (OC) Josephine's Tea Room in GymGuyz (OC) 4th Floor Dining Room at **Grafton (Pickup at OC)** 2:00-2:45 Gardens (Please sign up at the Old **Strength & Stretch** Clubhouse) with GymGuyz (OC) **New Clubhouse Reserved** 11 AM 15 16 17 18 2:00-2:45 20 19 21 Strength & Stretch with **Angela Office Hours** 2:00 Yoga/Stretch Class 5:00 Holiday Lights Outing GymGuyz (OC) 12:30 - 2 PM (OC) to Tilles Park (Pickup at OC) 5:30 Oaks Holiday Party (NC) 2:00-2:45 (Please sign up at the Old Strength & Stretch Please RSVP at the Old Clubhouse) Clubhouse with GymGuyz (OC) **New Clubhouse Reserved** 11 AM 22 23 24 25 26 27 28 2:00 Dance Center of 2:00-2:45 2:00-2:45 **Merry Christmas!** Kirkwood to Perform "The Strength & Stretch with Strength & Stretch Nutcracker" GymGuyz (OC) with GymGuyz (OC) 4th Floor Dining Room at No Yoga Today **Gardens** 5:30 Resident Happy **No Office Hours** Hour (OC) **New Clubhouse Reserved** 11 AM 2:00-2:45 29 30 31 **Strength & Stretch** 4:00 The Confluence with GymGuyz (OC) **Chamber Orchestra to** Perform No Men's Club this Month 4th Floor Dining Room at **No Office Hours Gardens Old Clubhouse Reserved** 11 AM

Wednesday

Thursday

Friday

Saturday

Tuesday

Sunday

Monday