

# December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 St. Mary's 10:00 Independent TV 6:30 Adult Coloring <b>1</b>	8:30 House Calls/Bible Study 2:00 Popcorn and Music <b>2</b>	8:30 House Calls 10:00 How Many Words - WW 2:00 Bingo - EW <b>3</b>	8:30 House Calls 10:00 Bible Study - EW 2:00 National Cookie Day - WW <b>4</b>	8:30 House Calls 10:00 Betty the Beautician 2:00 Bingo - EW <b>5</b>	8:30 House Calls 10:00 Balloon Noodleball - WW 2:00 Baseball Game - EW <b>6</b>	10:00 Independent TV 2:00 Activity Packet <b>7</b>
9:30 St. Mary's 10:00 Heartland Baptist Church 10:00 Independent TV 6:30 Adult Coloring <b>8</b>	8:30 House Calls/Bible Study 10:00 Pastry Snack 2:00 Movie & Popcorn <b>9</b>	8:30 House Calls 10:00 Holiday Bean Bags - WW 2:00 Bingo - EW <b>10</b>	8:30 House Calls 10:00 Holiday Sing-a-long - WW 2:00 Crafts – Making Ornaments - WW <b>11</b>	8:30 House Calls 10:00 UNO - WW 2:00 Crafts – Gnome Christmas Ornaments - EW <b>12</b>	8:30 House Calls 10:00 Christmas Who Am I? - WW 2:00 Crafts – Holiday Painting - EW <b>13</b>	10:00 Independent TV 2:00 Activity Packet <b>14</b>
9:30 St. Mary's 10:00 Independent TV 6:30 Adult Coloring <b>15</b>	8:30 House Calls/Bible Study 2:00 Movie & Popcorn 6:30 Christmas Lights Outing <b>16</b>	8:30 House Calls 10:00 Bingo - EW 2:00 The Nit Pickers - EW <b>17</b>	8:30 House Calls 10:00 Egg Nog Social 2:00 Monthly Birthday Party 6:30 Christmas Lights Outing <b>18</b>	8:30 House Calls 10:00 Betty the Beautician 2:00 Resident & Food Councils - EW 3:00 Bingo Ugly Sweater Contest <b>19</b>	8:30 House Calls 10:00 Christmas Song Bingo - WW 2:00 Christmas Cookie Decorating - EW 6:30 Christmas Lights Outing - OT <b>20</b>	10:00 Independent TV 2:00 Activity Packet <b>21</b>
9:30 St. Mary's 10:00 Independent TV 6:30 Adult Coloring <b>22</b>	8:30 House Calls/Bible Study 10:00 Holiday Music & Snack 2:00 Resident Christmas Party <b>23</b>	8:30 House Calls 10:00 Hot Potato - WW 2:00 Bingo - EW <b>24</b>	Christmas Hanukkah Christmas Activity Packet <b>25</b>	8:30 House Calls 10:00 Bingo - EW 2:00 Elle Dralle - EW <b>26</b>	8:30 House Calls 10:00 Morning Stretch - WW 2:00 Cookie Club - WW <b>27</b>	10:00 Independent TV 2:00 Activity Packet <b>28</b>
9:30 St. Mary's 10:00 Independent TV 6:30 Adult Coloring <b>29</b>	8:30 House Calls/Bible Study 10:00 Balloon Noodleball - WW 2:00 Penny Pitch - EW <b>30</b>	New Year's Eve New Years Activity Packet 6:30 New Years Eve Bingo <b>31</b>				

## ALTON MEMORIAL REHABILITATION & THERAPY

\*Activities & times are subject to change to better accommodate the changing needs of our residents.

EW – East Wing    WW – West Wing    OT – Out trip