

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024



						1 Balance Barre 9:00 Book Club 10:30	2 Rummikub 2:00 Dinner 4:30 – 6:30
3 Sunday Brunch 11:00 – 1:30	4 “Cooking in the Great Depression” Presentation with the St. Louis Library 10:30 AM In the Multipurpose Room Exercise Class 9:00 AM Non-Denominational Bible Study 10:30-11:30 Art Class 1:30 David Larsen’s Art Show Opens Private Dining Room	5 Yoga Class 9:00 Bank 10:00	6 Exercise Class 9:00 AM Happy Hour 4:00	7 Yoga 9:00 Mass 11:30	8 Balance Barre 9:00 Book Mobile 9A-9:45A	9 Rummikub 2:00 Dinner 4:30 – 6:30	
10 Sunday Brunch 11:00 – 1:30	11 Exercise Class 9:00 AM Non-Denominational Bible Study 10:30-11:30 Veteran’s Day Luncheon for Veterans 12:30P RSVP Required Invitation to Follow Art Class 1:30 Ciara Office Hours: 8:30A – 2P	12 Yoga Class 9:00 Bank 10:00 Art and Nancy to Perform 6 PM In the Lobby Ciara Office Hours: 5P – 6:30P	13 Exercise Class 9:00 AM Happy Hour 4:00	14 Yoga 9:00 January Keefer to Present “The Ancient Art of Storytelling” In the Multipurpose Room 6:00 PM Ciara Office Hours: 8:30A – 5P	15 Balance Barre 9:00	16 Rummikub 2:00 Dinner 4:30 – 6:30	
17 Sunday Brunch 11:00 – 1:30	18 Exercise Class 9:00 AM Non-Denominational Bible Study 10:30-11:30 Art Class 1:30	19 Yoga Class 9:00 Bank 10:00 Barb Kay to Present “Henry VIII” 2:30 PM in the Multipurpose Room Ciara Office Hours: 1P – 5P	20 Exercise Class 9:00 AM Birthday Luncheon 12:30 PM Happy Hour 4:00	21 Yoga 9:00 Mass 11:30 The Missouri Botanical Gardens to Present: “Romance of Roses” 2:30P in the Multipurpose Room Ciara Office Hours: 1P – 5P	22 Balance Barre 9:00 Book Mobile 9A-9:45A Scenic Drive on the Great River Road to Pere Marquette 9:30A Departure Time from the Lobby Ciara Office Hours: 9:30A – 12P	23 Rummikub 2:00 Dinner 4:30 – 6:30	
24 Sunday Brunch 11:00 – 1:30	25 Exercise Class 9:00 AM Non-Denominational Bible Study 10:30-11:30 Art Class 1:30	26 Yoga Class 9:00 Bank 10:00	27 Exercise Class 9:00 AM RAB 3:00 Happy Hour 4:00 Ciara Office Hours: 1P – 5P	28 Happy Thanksgiving! No Continental Breakfast No Yoga Today No Mass Today Thanksgiving Buffet 11:00A – 1:30P	29 Balance Barre 9:00	30 Rummikub 2:00 Dinner 4:30 – 6:30	

Key: Outing Special Meal Activity Happy Hour Location: (FC) Fitness Center, (CH) Chapel, (AR) Activities Room, (HR) Hearth Room, (DR) Dining Room