

Happy Resident Month!

Ciara has put together special European themed events for you to enjoy!

Friday, October 11th

10 AM Departure Time

Outing to Chaumette Winery and Fort de Chartres

Wednesday, October 16th

6:00 PM

Italian themed food and open bar

Friday, October 18th

3:00 PM

Parisian Flower Arranging with Ciara

Thursday, October 24th

3:00 PM

Pretzel Making with beer



EVENTS

October 2nd

**Happy Hour with
The Gateway Harmonica Club**

6:00 PM—7:30 PM— Enjoy a fun evening with **The Gateway Harmonica Club!** This performing band usually consists of ten to fifteen players, performing on a variety of harmonicas. Open bar with warm food to be served.

October 11th

**Outing to
Prairie du Rocher**

10:00 Departure Time from the **Old Clubhouse**. This outing will take you on a scenic drive down route 3 to Prairie du Rocher. We will stop at the Historic Fort de Chartres before crossing the Modoc River Ferry into Ste. Genevieve! Once in Ste. Gen, we will stop at the Chaumette Winery for lunch! Please sign up for this trip at the **Old Clubhouse!**

October 16th

**Italian Themed
Happy Hour**

6:00—Happy Hour is a lovely time to come enjoy time with friends! This will be a special happy hour with an Italian Flair to spice up your taste buds!

October 18th

Parisian Flower Arranging

3:00—What better way to feel like you are in Paris, other than with flower arranging! Ciara will be hosting a Parisian Floral Arranging event where you can come and make your own arrangement to take home! **Please sign up for this event at the Old Clubhouse!**

October 24th

**Pretzel Making
with Beer**

3:00—Learn the art of Pretzel Making with Ciara! **Please sign up at the Old Clubhouse for this event.** Fall beer will be provided.

October 30th

**Halloween Happy
Hour with Deb Sharn**

6-7:30 PM—Come enjoy the SPOOKY festivities while enjoying cocktails and music by "Deb Sharn". Remember to wear your costume!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October

Oaks

2024



		1 NO OFFICE HOURS TODAY 2:00-2:45 Strength & Stretch with GymGuyz (OC)	2 2:00 Yoga/Stretch Class (OC) 6:00 Social Hour 6:30 Happy Hour with "The Gateway Harmonica Club" (OC)	3 9:15 Shopping (Please call Gardens to Sign Up) Pickup at the OC 2:00-2:45 Strength & Stretch with GymGuyz (OC)	4 Old Clubhouse Reserved 11 AM New Clubhouse Reserved 11 AM	5
6	7 	8 NO OFFICE HOURS TODAY 2:00-2:45 Strength & Stretch with GymGuyz (OC)	9 2:00 Yoga/Stretch Class (OC) 6:30 Night at the Movies (OC)	10 2:00-2:45 Strength & Stretch with GymGuyz (OC)	11 10:00 Scenic Drive to Prairie du Rocher with stop at the Historic Fort de Chartres 12:30 Lunch at "Chaumette Winery Bar & Grille" (Sign Up at the Old Clubhouse) New Clubhouse Reserved 11 AM	12
13	14 5:15 Book Club (OC)	15 Angela Office Hours 9:30 – 11 AM 2:00-2:45 Strength & Stretch with GymGuyz (OC)	16 2:00 Yoga/Stretch Class (OC) 6:00 Italian Themed Happy Hour (OC)	17 9:15 Shopping (Please call Gardens to Sign Up) Pickup at the OC 2:00-2:45 Strength & Stretch with GymGuyz (OC)	18 3:00 Parisian Flower Arranging with Ciara (OC) (Please Sign Up at Old Clubhouse) New Clubhouse Reserved 11 AM	19
20	21	22 Angela Office Hours 12:30 – 2 PM 2:00-2:45 Strength & Stretch with GymGuyz (OC)	23 2:00 Yoga/Stretch Class (OC)	24 2:00-2:45 Strength & Stretch with GymGuyz (OC) 3:00 Pretzel Making with Beer (OC) (Please sign up at the Old Clubhouse) 5:30 Resident Happy Hour (OC)	25  New Clubhouse Reserved 11 AM	26
27 	28	29 Angela Office Hours 9:30 – 11 AM 2:00-2:45 Strength & Stretch with GymGuyz (OC) 5:15 Men's Club (OC) Old Clubhouse Reserved 11 AM	30 2:00 Yoga/Stretch Class (OC) 6:00 Social Hour 6:30 PM Halloween Happy Hour with "Deb Sharn" Wear your costume!	31 2:00-2:45 Strength & Stretch with GymGuyz (OC)	<p>Ciara's E-Mail: capetri@bethesdahealth.org</p> 	