

October 2024

Alton Memorial Rehabilitation & Therapy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		8:30 House calls 1 10:00 Let's Play Yahtzee - WW 2:00 Bingo - EW	8:30 House calls 2 10:00 Music We Remember - WW 2:00 Brain Games - EW	8:30 House calls 3 10:00 Betty the Beautician 2:00 Bingo - EW	8:30 House calls 4 10:00 Balloon Noodleball - WW 2:00 Left Center Right - EW	10:00 Independent TV 5 Weekend packets are available for Independent Activities
9:30 St. Mary's 6 2:00 Oktoberfest EW Patio	8:30 House calls 7 10:00 How Many Words? - WW 2:00 Movie & Popcorn - EW	8:30 House calls 8 10:00 Who Am I? - WW 2:00 Bingo - EW	8:30 House calls 9 10:00 Let's Get Physical - WW 2:00 Cookie Club - WW	8:30 House calls 10 10:00 Bingo - EW 2:30 Entertainment - EW	8:30 House calls 11 10:00 Let's Move! - WW 2:00 Singalong & Karaoke - EW It's My Party Day	10:00 Independent TV 12 Weekend packets are available for Independent Activities
9:30 St. Mary's 13 10:00 Heartland Baptist Church - EW Train Your Brain Day	8:30 House calls 14 10:00 Bean Bag Toss - WW 2:00 Fall Crafting - WW	8:30 House calls 15 I Love Lucy Day 10:00 An hour of Lucy! - EW 2:00 Bingo - EW	8:30 House calls 16 10:00 October Independent Activity Packet 2:00 Resident Birthday Party - EW	8:30 House calls 17 10:00 Betty the Beautician 1:30 Food & Resident Councils - EW 2:30 Bingo - EW Wear Something Gaudy Day	8:30 House calls 18 10:00 Lucky Dawg - WW 2:00 Dice 5000 - EW Chocolate Cupcake Day	10:00 Independent TV 19 Weekend packets are available for Independent Activities
9:30 St. Mary's 20	8:30 House calls 21 10:00 Manicures & Chit Chat - EW 2:00 Movie & Popcorn - EW	8:30 House calls 22 10:00 Pumpkin Decorating - WW 2:00 Bingo - EW	8:30 House calls 23 10:00 Chair Exercises - WW 2:00 Cookie Club - WW	8:30 House calls 24 10:00 Parachute Fun - WW Patio 2:00 Bingo - EW	8:30 House calls 25 Pablo Picasso's Birthday 🎨 10:00 UNO - WW 2:00 Halloween Crafts - EW	10:00 Independent TV 26 Weekend packets are available for Independent Activities
9:30 St. Mary's 27 Grandparents Day 🧓	8:30 House calls 28 10:00 Goblin Bean Bag - WW 2:00 Halloween Story Game - EW	8:30 House calls 29 10:00 Coffee & Conversation - WW 2:00 Bingo - EW	8:30 House calls 30 10:00 Halloween Ring Toss - WW 2:00 OddBalls - EW Candy Corn Day	8:30 House calls 31 10:00 Bingo - WW 🎃 2:00 Halloween Party w/The Nitpickers - EW Knock-Knock Jokes Day		

EW-East Wing
WW-West Wing

*Activities & times are subject to change to better accommodate the changing needs of our residents.