

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday

April



	<p>9:30 AM FITNESS CLASS (AR) 1</p> <p>10:00 AM BLOOD PRESSURE CHECKS (AR)</p> <p>11:00 AM STL LIBRARY (AR)</p> <p>2:00 PM CANDY BINGO (AR)</p> <p><u>APRIL FOOLS DAY!</u></p>	<p>9:00 AM 2</p> <p>STRETCHING W/ MUSIC (AR)</p> <p>1:00 PM</p> <p>SHOPPING TRIPS</p> <p>7:00 PM</p> <p>BOWLING (AR)</p>	<p>9:30 AM 3</p> <p>FITNESS CLASS (AR)</p> <p>1:00 PM – 2:00 PM</p> <p>BIBLE STUDY (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>HAPPY HOUR W/ STERLING (DR)</p>	<p>9:00 AM 4</p> <p>CHAIR YOGA (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>BASEBALL THEMED BINGO (AR)</p> <p>CARDS HOME OPENER!</p>	<p>9:30 AM 5</p> <p>FITNESS CLASS (AR)</p> <p>2:00 PM</p> <p>ICE CREAM SOCIAL (DR)</p> <p>7:00 PM BOWLING (AR)</p> <p><u>NATIONAL CARAMEL DAY!</u></p>	<p>6</p> 
<p>7</p> <p><u>NATIONAL BEER DAY!</u></p>	<p>9:30 AM 8</p> <p>FITNESS CLASS (AR)</p> <p>10:00 AM BLOOD PRESSURE CHECKS (AR)</p> <p>1:45 PM</p> <p>SOLAR ECLIPSE VIEWING (COURTYARD OUTSIDE AR)</p>	<p>9:00 AM 9</p> <p>STRETCHING W/ MUSIC (AR)</p> <p>9:00 AM SHOPPING TRIPS</p> <p>1:00 PM OUTING TO SAVERS THRIFT STORE</p> <p>7:00 PM BOWLING (AR)</p>	<p>9:30 AM 10</p> <p>FITNESS CLASS (AR)</p> <p>1:00 PM – 2:00 PM</p> <p>BIBLE STUDY (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>HAPPY HOUR W/ BRYAN (DR)</p>	<p>9:00 AM 11</p> <p>CHAIR YOGA (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>MONEY BINGO (AR)</p> <p><u>NATIONAL PET DAY!</u></p>	<p>9:30 AM 12</p> <p>FITNESS CLASS (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>MONEY BINGO (AR)</p> <p>7:00 PM BOWLING (AR)</p>	<p>13</p> <p>2:00 PM</p> <p>CATHOLIC MASS (AR)</p> <p><u>NATIONAL SCRABBLE DAY!</u></p>
<p>14</p> <p>9:00 AM</p> <p>NON – DENOMINATIONAL CHURCH SERVICES (AR)</p>	<p>9:30 AM FITNESS CLASS (AR) 15</p> <p>10:00 AM BLOOD PRESSURE CHECKS (AR)</p> <p>11:00 AM STL LIBRARY (AR)</p> <p>2:00 PM CANDY BINGO (AR)</p> <p><u>NATIONAL LAUNDRY DAY!</u></p>	<p>9:00 AM STRETCHING (AR) 16</p> <p>9:00 AM SHOPPING TRIPS</p> <p>9:30 AM CROWN VISION (L)</p> <p>2:00 PM PLANTING SMALL FLOWERS (AR) OR (DR)</p> <p>YOU MUST SIGN UP</p> <p>7:00 PM BOWLING (AR)</p>	<p>17</p> <p>9:30 AM</p> <p>FITNESS CLASS (AR)</p> <p>1:00 PM – 2:00 PM</p> <p>BIBLE STUDY (AR)</p>	<p>9:00 AM 18</p> <p>CHAIR YOGA (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>CANDY BINGO (AR)</p> <p><u>NATIONAL ANIMAL CRACKERS DAY!</u></p>	<p>9:30 AM 19</p> <p>FITNESS CLASS (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>HAPPY HOUR W/ KEN (DR)</p> <p>7:00 PM BOWLING (AR)</p> <p><u>NATIONAL AMMARETTO DAY!</u></p>	<p>20</p> <p>2:00 PM</p> <p>CATHOLIC MASS (AR)</p>
<p>9:00 AM 21</p> <p>NON – DENOMINATIONAL CHURCH SERVICES (AR)</p> <p>2:00 PM</p> <p>MOVIE (AR)</p> <p>TO BE DETERMINED</p>	<p>9:30 AM 22</p> <p>FITNESS CLASS (AR)</p> <p>10:00 AM BLOOD PRESSURE CHECKS (AR)</p> <p><u>EARTH DAY!</u></p>	<p>9:00 AM STRETCHING W/ MUSIC (AR) 23</p> <p>9:00 AM SHOPPING TRIPS</p> <p>1:00 PM OUTING TO FRESH THYME STORE</p> <p>2:00 PM – 3:00 PM MONEY BINGO (DR)</p> <p>7:00 PM BOWLING (AR)</p>	<p>9:30 AM FITNESS CLASS (AR) 24</p> <p>1:00 PM – 2:00 PM BIBLE STUDY (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>HAPPY HOUR W/ ROB (DR)</p> <p>12:00 PM BIRTHDAY LUNCH (DR)</p>	<p>9:00 AM 25</p> <p>CHAIR YOGA (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>INTERNATIONAL FOOD CLUB</p> <p>YOU MUST SIGN UP FOR THIS</p>	<p>9:30 AM 26</p> <p>FITNESS CLASS (AR)</p> <p>2:00 PM – 3:00 PM</p> <p>MONEY BINGO (DR)</p> <p>7:00 PM BOWLING (AR)</p> <p><u>NATIONAL PRETZEL DAY!</u></p>	<p>2:00 PM 27</p> <p>CATHOLIC MASS (AR)</p> <p>6:30 PM</p> <p>MOVIE (AR)</p> <p>TO BE DETERMINED</p>
<p>28</p> <p>9:00 AM</p> <p>NON – DENOMINATIONAL CHURCH SERVICES (AR)</p> <p><u>NATIONAL BLUEBERRY PIE DAY!</u></p>	<p>9:30 AM 29</p> <p>FITNESS CLASS (AR)</p> <p>10:00 AM BLOOD PRESSURE CHECKS (AR)</p> <p>11:00 AM STL LIBRARY (AR)</p> <p>2:00 PM MYSTERY BINGO (DR)</p>	<p>9:00 AM STRETCHING W/ MUSIC (AR) 30</p> <p>9:00 AM SHOPPING TRIPS</p> <p>2:00 PM HOMEMADE BIRD FEEDERS CRAFT (AR)</p> <p>YOU MUST SIGN UP</p> <p>7:00 PM BOWLING (AR)</p>		<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Please check your newsletter and additional flyers for updates regarding the kitchen process with Activities. 😊</p> </div>		

Key: **Outing** **Special Meal** **Activity** **Happy Hour** **National Day/ Holiday** Location: (L) Library, (AR) Activities Room, (HR) Hearth Room, (DR) Dining Room