

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April



	<p>1</p> <p>Coffee Meeting 10AM (MPR)</p> <p>Schnucks 11AM</p>	<p>2</p> <p>Chair Yoga 10AM (MPR)</p>	<p>3</p> <p>Elements: 3rd Degree Art Factory 10AM departure</p> <p>Tai Chi 3:30PM (MPR)</p> <p>Bingo 7PM</p> <p>\$22 due for Riverboat Cruise!</p>	<p>4</p> <p>Fitness Fundamentals 10AM (MPR)</p> <p>Cardinals Home Opener! Hotdogs and Popcorn in LR at 3pm! </p>	<p>5</p> <p>Fitness Class 10AM (MPR)</p> <p>Trader Joes 11AM</p>	<p>6</p> <p>STL Cards vs Miami 1:15PM</p>	
<p>7</p> <p>National Coffee Cake Day! Coffee Cake in Rm 100 at 10AM</p> <p>STL Cards vs Miami 1:15PM</p>	<p>8</p> <p>Coffee Meeting 10AM (MPR)</p> <p>Schnucks 11AM</p> <p>Weather Permitting: Webster Walking Group 2PM</p>	<p>9</p> <p>Happy Birthday, Gloria Hoch!</p> <p>Chair Yoga 10AM (MPR)</p>	<p>10</p> <p>Riverboat Cruise Departure at 11:15AM \$22 cash and MUST RSVP by 4/3!</p> <p>Game Night 7PM (Room 100)</p>	<p>11</p> <p>Fitness Fundamentals 10AM (MPR)</p>	<p>12</p> <p>Fitness Class 10AM (MPR)</p> <p>Pacific Place Trivia (BYOB) 3PM (MPR)</p>	<p>13</p> <p>National Peach Cobbler Day! Enjoy at 2PM in Rm 100.</p> <p>STL Cards vs Arizona 7:10PM</p>	
<p>14</p> <p>STL Cards vs Arizona 3:10PM</p>	<p>15</p> <p>Coffee Meeting 10AM (MPR)</p> <p>Schnucks 11AM</p>	<p>16</p> <p>Chair Yoga 10AM (MPR)</p>	<p>17</p> <p>Leonardo DaVinci Presentation with Phil Beckley 1PM</p> <p>Tai Chi 3:30PM (MPR)</p> <p>Bingo 7PM</p>	<p>18</p> <p>Fitness Fundamentals 10AM (MPR)</p>	<p>19</p> <p>Fitness Class 10AM (MPR)</p> <p>Dierbergs 11AM</p>	<p>20</p> <p>STL Cards vs Milwaukee 1:15PM</p>	
<p>21</p> <p>STL Cards vs Milwaukee 1:15PM</p>	<p>22</p> <p>Coffee Meeting 10AM (MPR)</p> <p>Schnucks 11AM</p> <p>Weather Permitting: Webster Walking Group 2PM</p>	<p>23</p> <p>Chair Yoga 10AM (MPR)</p> <p>Painting Class – Rocks for our Garden with Diane Grooms 2PM (MPR)</p>	<p>24</p> <p>St. Louis Watercolor Society Exhibition – STL Public Library 9AM departure</p> <p>Game Night 7PM (Room 100)</p>	<p>25</p> <p>Fitness Fundamentals 10AM (MPR)</p> <p>Happy Birthday Happy Hour! 3:30PM (MPR)</p>	<p>26</p> <p>Fitness Class 10AM (MPR)</p> <p>Fish Fry Lunch 12PM (MPR)</p>	<p>27</p> <p>STL Cards vs NY Mets 3:05PM</p>	
<p>28</p> <p>STL Cards vs NY Mets 12:40PM</p>	<p>29</p> <p>Coffee Meeting 10AM (MPR)</p> <p>Schnucks 11AM</p>	<p>30</p> <p>Chair Yoga 10AM (MPR)</p> <p>Hearts for Our Homes Kickoff Happy Hour! 3:30PM (MPR)</p>	<p> Year after year, Bethesda provides millions of dollars in assistance to residents who've outlived their financial resources—lifting the worry of having to leave their home with Bethesda. One of the most important sources of funds for that effort is the “Hearts for Our Homes” campaign. By contributing to this annual campaign, you're showing your compassion for residents whose need is great and whose gratitude is even greater.</p> <p>There are few gifts you can give—here or anywhere—that will bring more joy or relief. You're literally helping people stay in the home that provides them with everything they need to live their best, most meaningful and active lives.</p>				