

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# April 2024



	1 2:30 Documentary – LR 7:00 Movie – LR 7:15 Wii Bowling	2 11:00 Ted Talk Tuesdays A Virtual Experience – LR 1:00 Bill on Piano – LR 2:30 Jeopardy with Ciara – 4MPR	3 3:15 Bible Study with Reverend Harry – 4MPR 7:00 Bible Study – 4MPR 7:00 Rosary – Chapel	4 9:00 Shopping 2:00 Wii Bowling – 3FC 1:30 Marybel on Piano – LR 1:30 Wine Hour – LR 2:30 Cardinals Watch Party – LR 3:15 Game Begins vs. The Miami Marlins	5 1:30 – 2:30 DJ Q with Lemonade – LR 3:00 Word Games with Garie – 4MPR 7:00 Card Games –LR 7:00 Bridge Game – 4MPR	6 1:30 Wii Bowling – 3FC 7:00 BGRC Movie – 3FC
7 10:30 Catholic Communion – 3FC 2:00 Game Day – 4MPR 7:00 BGRC Movie – LR	8 1:00 Bill on Piano – LR 1:30 Solar Eclipse Watch Party – LR & Outside 2:00 Peak Eclipse Viewing – Outside (Eye Protection Required) 2:30 Documentary – LR 7:00 Movie – LR 7:15 Wii Bowling	9 11:00 Ted Talk Tuesdays A Virtual Experience – LR 2:00 Steve to Entertain – DR 2:00 UHC Visits with Adrian – DR 7:00 Money Bingo – 4MPR	10 2:00 Birthday Happy Hour with “Ken Roberts” - DR 3:15 Bible Study with Reverend Harry – 4MPR 7:00 Bible Study – 4MPR 7:00 Rosary – Chapel	11 9:00 Shopping 12:30 Outing to the Butterfly House (Sign up in Sign up Book) 2:00 Wii Bowling – 3FC 2:00 Marybel on Piano – LR 2:00 Wine Hour – LR 3:00 Book Club – 4 MPR	12 1:30 – 2:30 DJ Q with Lemonade – LR 3:00 Book Club – 4 MPR 7:00 Card Games –LR 7:00 Bridge Game – 4MPR	13 1:30 Wii Bowling – 3FC 7:00 BGRC Movie – 3FC
14 10:30 Catholic Communion – 3FC 2:00 “99” Cards – 2 <sup>nd</sup> Floor Card Room	15 1:00 4 <sup>th</sup> Floor Survey Party with Ice Cream Social – 4MPR 2:00 3 <sup>rd</sup> Floor Survey Party with Ice Cream Social – 4MPR 2:30 Documentary – LR 7:00 Movie – LR 7:15 Wii Bowling	16 11:00 Ted Talk Tuesdays A Virtual Experience – LR 1:00 Bill on Piano – LR 2:00 2nd Floor Survey Party with Ice Cream Social – 4MPR 2:30 Bingo with Adrian – LR 3:00 1 <sup>st</sup> Floor Survey Party with Ice Cream Social – 4MPR	17 2:30 The Opera Theater Presents “The Barber of Seville” Presentation - LR 3:15 Bible Study with Reverend Harry – 4MPR 7:00 Bible Study – 4MPR 7:00 Rosary – Chapel	18 9:00 Shopping 2:00 Wii Bowling – 3FC 2:00 Marybel on Piano – LR 2:00 Wine Hour – LR	19 9:30 Outing to the Art Museum - Lobby “Matisse and the Sea” Exhibit (Sign up in Sign up Book) 1:00 DJ Q with Lemonade – LR 2:30 Rob Callmeyer to Entertain - DR 7:00 Card Games –LR 7:00 Bridge Game – 4MPR	20 1:30 Wii Bowling – 3FC 3:30 Lutheran Communion - Chapel 7:00 BGRC Movie – 3FC
21 10:30 Catholic Communion – 3FC 2:00 Game Day – 4MPR 7:00 BGRC Movie – LR	22 2:30 Earth Day Room with a Bloom – 4MPR (please sign up in the sign up book – 15 spots available) <b>NO DOCUMENTARY TODAY</b> 7:00 Movie – LR 7:15 Wii Bowling	23 11:00 Ted Talk Tuesdays A Virtual Experience – LR 1:00 Bill on Piano – LR 2:00 Arbor Day Presentation with Ciara – 4MPR 3:00 Men’s Club – 4MPR 7:00 Money Bingo – 4MPR	24 2:00 Phyllis M. to Perform - LR 3:15 Bible Study with Reverend Harry – 4MPR 7:00 Bible Study – 4MPR 7:00 Rosary – Chapel	25 9:00 Shopping 2:00 Wii Bowling – 3FC 2:00 Steve to Entertain - DR 2:00 Wine Hour – LR 6:30 SLU Piano Ensemble to Entertain - LR	26 1:30 – 2:30 DJ Q with Lemonade – LR 2:30 The Boyd Duo to Entertain - DR 7:00 Card Games –LR 7:00 Bridge Game – 4MPR	27 1:30 Wii Bowling – 3FC 7:00 BGRC Movie – 3FC
28 10:30 Catholic Communion – 3FC 2:00 “99” Cards – 2 <sup>nd</sup> Floor Card Room	29 2:30 Documentary – LR 7:00 Movie Night Hosted by UHC with Concessions – LR 7:15 Wii Bowling	30 11:00 Ted Talk Tuesdays A Virtual Experience – LR 1:00 Bill on Piano – LR 2:30 Armchair Travels – The Scottish Highlands – 4MPR	 <p style="text-align: center;"><b>Exercise Schedule</b></p> <p><i>Mondays – Gym Guyz</i> 1 PM – Strength &amp; Balance 1:35 PM – Core</p> <p><i>Tuesdays &amp; Thursdays</i> 9:30 AM - Home Health Exercise</p> <p><i>Wednesdays – Vitality in Motion</i> 1:30 PM – Dancercise (Cardio)</p> <p><i>Fridays – Vitality in Motion</i> 1:30 PM – Balance &amp; Stretch</p>			<p style="text-align: right;"><b>Ciara’s E-Mail:</b> <a href="mailto:capetri@bethesdahealth.org">capetri@bethesdahealth.org</a></p>

Key: **Outing** **Special Meal** **Resident Lead Activity** **Exercise** **Special Activity** **Church Services** **BGRC Events**

Location: (3FC) Fitness Center, (CH) Chapel, (4MPR) 4<sup>th</sup> Floor Multi-Purpose Room, (LR) Living Room, (DR) Dining Room