

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

February 2024

Bethesda Southgate LTC

<p>10:45 Mass on TV in LTC Dining Room</p> <p>Afternoon Independent activities</p>	<p>4 10:30 Exercise 11:00 Rosary 2:30 Bingo 7pm Flower Tic Tac Toe</p>	<p>5 10am Nail Painting (100 & 400 halls) 2:30 Heart Window Clings 7pm Valentine Roll Game</p>	<p>6 10:00 Lucky Six 2:30 Exercise 7pm Bingo</p>	<p>7 10am Black History Month Trivia and "Who am I" game 2:30 Painting to music 7pm Cards & Movie</p>	<p>8 10am Book Bingo 2:30 Dance Along with Videos <small>Groundhog Day</small></p>	<p>9 10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent activities</p>
<p>10:45 Mass on TV in LTC Dining Room</p> <p>Afternoon Independent activities</p>	<p>11 10:30 Exercise 11:00 Rosary 2:30 Bingo 7pm Soda Pop Drop Game</p>	<p>12 10am Nail Painting (200 & 300 halls) 2:30 Mardi Gras Floats 7pm Tag A Heart Game <small>Mardi Gras</small></p>	<p>13 10:00 Poker 2:30 Love is in the Air Happy Hour 7pm Bingo <small>Valentine's Day</small></p>	<p>14 10am Ken Roberts entertains 2:30 Superbowl prediction game 7pm Cards & TV Shows</p>	<p>15 10am Bingo 2:30 China's Secret Lands—Yunnan—Land of Colorful Clouds (YouTube Documentary) Room to Room activity "Make an origami bird"</p>	<p>16 10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent activities <small>Chinese New Year (Year of the Dragon)</small></p>
<p>10:45 Mass on TV in LTC Dining Room</p> <p>Afternoon Independent activities</p>	<p>18  7:00 Ice Cream Social <small>Presidents' Day</small></p>	<p>19 10am Nail Painting (100 & 400 halls) 2:30 Dance Along with Videos 7pm Balloon Volleyball</p>	<p>20 10:00 Devotions 2:30 Exercise 3:00 Community Council Meeting 7pm Bingo</p>	<p>21 10am Pinecone Bird Feeders 2:30 Exercise 3:00 Dining Circle 2:30 Mandala Watercolors 7pm Cards & Movie</p>	<p>22 10am Bingo Afternoon Room to Room Chip 'n Dip Cart</p>	<p>23 10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent activities</p>
<p>10:45 Mass on TV in LTC Dining Room</p> <p>Afternoon Independent activities</p>	<p>25 10:30 Exercise 11:00 Rosary 2:30 Bingo 7pm Ring A Teddy Bear Game</p>	<p>26 10am Nail Painting (200 & 300 halls) 2:30 Resident Volunteer Group makes birthday Cards for March 7pm Smiley Toss</p>	<p>27 10:00 Poker 2:30 No-Bake Cherry Cheesecake food demo 7pm Bingo</p>	<p>28 10am Guess the Letter Game 2:30 Birthday Party 7pm Cards & TV Shows</p>	<p>29 10am Exercise and Meditation 2:30 Birthday Party</p>	<p>30 10:45am Peace Lutheran video service in LTC Dining Room Afternoon Independent activities</p>