

Positively Bethesda

2022 Report to the Community



BETHESDA

Table of Contents

- 3 Message from the CEO
- 4 Establishing a Culture of "WOW!"
- 6 Career Pathways at Bethesda
- 9 Bethesda Financials
- 10 Bethesda News
- 12 Awards & Accolades
- 14 BHG Foundation News
- 16 "Faces" of Bethesda
- 22 Honor Roll of Donors
- 25 Bethesda Leadership
- 26 Life at Bethesda



(top) There is a lot of talent in this photo! It features the entire cast who sang, danced and entertained as part of the 2022 Bethesda Orchard Follies! To watch the performance, go to the Bethesda YouTube channel.



(center) Activity Directors **Adrienne Loyd** (Village North Retirement Community, second from right) and **Jocelynn Lewis** (Christian Extended Care & Rehabilitation, far right) combined efforts to coordinate a substantial number of school supplies for Parker Elementary School for the 2022-23 school year.

(bottom) **Sergeant Kevin Bentley** and **Detective Erica Anderson** (far right) of the St. Louis Metropolitan Police Department pose with a sampling of the 150 gifts collected by the Bethesda Corporate Team for underprivileged children. Bethesda's representatives include (l-r) **Michelle Glass**, **Kathy Joslin** and **Penny Northern-Phanse** (seated).



Welcome to the 2022 Report to the Community.

The theme of this year's Report to the Community is **Positively Bethesda**. I particularly like the use of the word “positively” because, depending on the context, it has two distinct meanings—both of which I believe are appropriate and accurate depictions of Bethesda as we embark on our 134th year of serving the St. Louis senior population and their families.

First, the very essence of **Positively Bethesda** exudes optimism. We have every reason to be optimistic and grateful for the resilience of this organization. Our team has been able to withstand tremendous challenges since our beginnings in 1889 and, more recently, those delivered by the pandemic. Yet today, each day is met with enthusiasm for assisting our residents as they pursue their interests and lead vibrant lives.

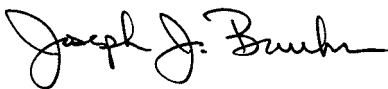
For example, I hope you enjoy meeting Leona Harris, our “cover girl,” whose profile can be found on page 16. She has lived at Bethesda Gardens for nearly 20 years, and has turned her baking hobby into the quintessential definition of hospitality for the other residents and their guests. Recently, her holiday cookie production topped 1,100! Read on to learn her secret.

Second, the use of the word “positively” conveys conviction. As in “Absolutely, *Positively* Bethesda.” We are steadfast in our resolve to provide care that protects the dignity and well-being of our residents. That starts with our team of caregivers.

As you will read in the report, Bethesda has created many programs to invest in our talented employees, including providing an “education ladder” to professional success, developing solutions for work flexibility, and cultivating new opportunities for nurses from across the globe. We are committed to helping dedicated individuals build rewarding healthcare careers, which in turn provide high-quality experiences for our residents.

Your loyalty and generosity make our optimism and conviction possible. The committed support from donors like you to the Bethesda Health Group Foundation provides valuable enhancements each year. This report shares a few examples of how your exceptional financial support allows us to make life more meaningful, memorable and dignified for those in our communities.

Thank you for your continued support, and enjoy the report!



Joseph J. Brinker
President & CEO



Joe Brinker (left) celebrates with **Teresa Buehler** and **Tom Collins**, the 2022 Norwood Award honorees. Read more about Teresa and Tom on page 14.

Establishing a Culture of “WOW!”

Bethesda Redefining Excellent Customer Service

At Bethesda, we continually strive to improve the quality of life for those we serve, but we realize there is always room for improvement. By implementing a program called “WOW! Customer Service,” we are furthering this commitment by inspiring team members to provide experiences that leave people feeling great.

Fred Falker, “WOW! Customer Service” consultant and Bethesda Board Member, introduced the program. Fred has spent much of

his career in the customer service space and has helped dozens of organizations pursue the “WOW” level.

“When it comes down to it, delivering amazing care to everyone is crucial because everyone deserves it,” says Fred.

Fred introduced the program through a “train the trainer” model, in which team members were provided with the knowledge and confidence to put the program into action and train their peers.

“I think this program has been so well received because it has support from every level of our organization,” says **Michelle Glass**, Senior Vice President of Senior Living and In-Home Services. “We’re also very committed to celebrating team member wins, which I think makes them know that we are paying attention and we care about them.”

The program has also helped Bethesda retain team members, which is of utmost importance in this challenging labor market.

“Our team members are working very challenging jobs, and sometimes they might feel like they don’t matter,” says Michelle. “Going through this training shows them that what they do is important, and they matter tremendously to our organization. In turn, it improves the quality of our residents’ lives.”

Bethesda Meadow is one of the Bethesda communities that has successfully implemented “WOW! Customer Service.” Since the program’s introduction, Bethesda Meadow hosts monthly trainings for new employees and staff members who need a refresher course. These trainings have resulted in noticeable improvements in the culture of the community.

“The key to our success has been consistency in trainings and accountability, meaning people who are not exhibiting ‘WOW! Customer Service’ are required to retake the training course, or potentially even be dismissed from their role,” says **Wade Hachman**, Administrator at Bethesda Meadow, who facilitates the program with **Jo Ann Skelton**, Administrative Secretary. “We’ve set a standard for every single person on our team because our residents, and our employees, deserve the absolute best.”

“Our team members are working very challenging jobs, and sometimes they might feel like they don’t matter. Going through this training shows them that what they do is important, and they matter tremendously to our organization. In turn, it improves the quality of our residents’ lives.”

—
Michelle Glass,
Senior Vice President of Senior
Living and In-Home Services

“It’s hard to surrender full trust of your parent, but knowing there’s someone in my Mom’s corner who has her best interests at heart lets me sleep easy at night.”

—
Becky Wright,
Daughter of Bethesda Meadow
resident Donna Day

Donna Day, a Bethesda Meadow resident, and her daughter, **Becky Wright**, are among the many who have experienced “WOW! Customer Service” firsthand.

“I’m very impressed with what I have seen in this area over the last few months, and **Neka Leggs**, one of the CNAs, quickly became one of my Mom’s favorite people,” Becky says. “She has taken the time to truly get to know my Mom. They sing together, and Neka spoils her with treats.”

Becky credits the attention to detail and level of attentiveness from Neka and the rest of the Bethesda Meadow staff for the exceptional care her mother has received. She says they are quick to notice when something isn’t quite right with Donna and can take swift action to get her the care she needs.

“It’s hard to surrender full trust of your parent, but knowing there’s someone in my Mom’s corner who has her best interests at heart lets me sleep easy at night,” says Becky.

Becky is also thankful for the companionship Neka has with her mother.



“Neka has been my friend for a long time,” says Donna. “Everyone here is kind, but there’s something special about Neka. She always goes above and beyond for me, and she feels like home.”

For Neka, outstanding customer service is just part of her job. Knowing she’s making a difference in someone’s life is an incredible feeling—it’s what makes her excited to go to work.

“It’s so easy for me to provide ‘WOW! Customer Service’ because of the family environment at Bethesda Meadow,” says Neka. “I’m not originally from St. Louis, and most of my family is elsewhere. However, I feel like I have grandparents to love and care for here, which is a great feeling.”

Donna Day (left) and her daughter, **Becky Wright** (center) sit fireside with **Neka Leggs, CNA**, one of Donna’s favorite caregivers at Bethesda Meadow.

Sadly, Donna passed away in January of 2023.

Carving out Career Pathways at Bethesda

Bethesda's commitment to mentoring and developing staff aligns with our belief that our team members are our greatest assets. Four of Bethesda's "shining stars" share how the organization's support is helping them achieve their career goals.

Emina Bursac

Emina Bursac is living the American dream, and she attributes much of her success to the support she has received from Bethesda. Emina and her family immigrated to the U.S. from Bosnia. She knows both the value and rewards of hard work and determination.

Emina was first introduced to Bethesda when she took classes at Bethesda Dilworth to be a Certified Nurse Assistant (CNA) and then a Certified Medication Technician (CMT). She worked weekends at Bethesda Southgate after becoming a Licensed Practical Nurse (LPN) while going to school during the

week to become a Registered Nurse (RN). Emina was supported in this endeavor by Bethesda's tuition reimbursement program and her fellow team members, who made sure she could accommodate her class schedule.

"I occasionally had to perform my clinicals on Saturdays, and it meant so much that my colleagues at Southgate supported me," says Emina. "Becoming an RN would have been very difficult without Bethesda and the whole Southgate team."

In May of 2022, Emina earned her Bachelor of Science in Nursing from Central Methodist University. Today she is a Corporate Compliance Nurse for Bethesda and is working toward becoming certified in healthcare compliance.

Jerry Ahillen

Bethesda Barclay House General Manager **Jerry Ahillen** knows the importance of having a plan. When Jerry moved back to his native St. Louis from Florida in 2016, he accepted a job as a driver at Bethesda Barclay House to get his foot in the door. His sights were set on being General Manager of one of the retirement communities, and he made that known. Once his work ethic and professionalism caught the attention of **Michelle Glass**, Senior



Emina Bursac (2nd from right) discusses a case with Corporate Compliance team members (l-r) **Dawn Poppe**, **Kevin Curry** and **Erin Conner**.



Jerry Ahillen, General Manager at Bethesda Barclay House, enjoys a cup of coffee in his office during a rare quiet moment.

Vice President of Senior Living and In-Home Services, that day came a lot sooner than anyone might have predicted.

In less than a year, Jerry was the business office lead at Bethesda Dilworth, a position that helped prepare him to become Admissions Counselor at Barnes-Jewish Extended Care (BJEC) and then Sales Counselor at Bethesda Barclay House. It was there that he was promoted to General Manager in December 2021.

“I owe so much of my career trajectory to Bethesda’s culture of cultivating talent and making pathways for team members who want to advance within the organization,” says Jerry. “Everyone at Bethesda cares for our residents like they are family. That same commitment to excellence extends from upper management to staff, offering the resources and encouragement team members need to flourish.”

Jill Immethun, Bethesda’s Wound Ostomy Care Coordinator, travels to residents’ rooms to treat their wounds.

Jill Immethun

Jill Immethun, Bethesda’s Wound Ostomy Care Coordinator, is a trailblazer. Having started as a CNA in 2002, Jill worked her way up the nursing ranks. In 2021, she earned her certification in wound ostomy and continence through Emory University’s online program. Her studies led her to identify a need for Bethesda to have a wound care nurse, so she wrote a proposal and presented it to corporate leadership,

and they agreed. In her newly created role, she oversees care for all patient wounds.

In August of 2022, Jill began the Master of Science in Nursing program at Maryville University, and is again benefiting from Bethesda’s tuition reimbursement program. Upon graduation, she will specialize in adult gerontology primary care.

“I am forever grateful to Bethesda for providing the opportunity for me to grow in my career,” Jill says. She credits offerings like Bethesda’s Career Ladder apprenticeship program for giving senior staff members an avenue to help junior staff advance in their careers, bringing the cycle of mentorship full circle.

continued on page 8





Felinna Love (middle) chats with residents **Doris Rice** (left) and **Sylvia Swaysland** in the Village North Retirement Community living room.

Felinna Love

Soon after starting her career at Bethesda as an Administrative Assistant in the Corporate office, **Felinna Love's** father unexpectedly passed away. She became the guardian of her sister, who was just 15 at the time—a big responsibility for a 28-year-old. Recently divorced, Felinna remembers feeling extremely alone and overwhelmed. That's when Bethesda's Human Resources Department made her aware of their Employee Assistance Program, which includes grief counseling, a benefit Felinna says proved invaluable.

"I can't even begin to measure the amount of support I got from people I had just met," she says. "The empathy, the connection...it was something I will always remember with a profound sense of gratitude."

In time, Felinna was able to honor a promise she had made to her father by earning a business degree from Lindenwood University, graduating in December of 2018. She credits Bethesda's tuition reimbursement program as well as the Mary June King Scholarship, which assists with things like books and laptops. While in school, Felinna became

a Sales Counselor for Village North Retirement Community. She was subsequently promoted to Assistant General Manager and, in 2020, to General Manager.

Felinna points to the way Bethesda supports its employees as something not to take for granted. "A lot of places don't have the type of resources we enjoy here, and that is probably a big reason why Bethesda attracts so many amazing staff members," she says. "The commitment we all have to our residents extends to each other. It's really special."

"A lot of places don't have the type of resources we enjoy here, and that is probably a big reason why Bethesda attracts so many amazing staff members. The commitment we all have to our residents extends to each other. It's really special."

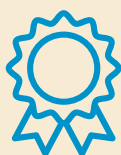
Felinna Love,
General Manager, Village North Retirement Community

By the Numbers: Career Ladder Program



182

Total CNA and CMT class participants since program began in 2019



88

Bethesda employees have more than 20 years of service



100%

Certified Nurse Assistant class participants who took and passed the CNA exam in 2022

55

Participants completed the CNA and CMT classes in 2022



84

Age of Bethesda's oldest employee

Bethesda Financials

Year ending June 30, 2022

Bethesda Health Group, Inc. and Subsidiaries Combined Statement of Operations

Revenues

Net service revenue	\$ 83,055,089
Other operating revenue and gains	8,715,585
Contributions	715,153
Non-operating investment gains	3,175,622
Total revenues	<u>\$ 95,661,449</u>

Expenses

Direct professional care	\$ 41,132,556
Dietary service	9,719,862
General resident & campus services	12,386,735
Administrative services	20,520,011
Employee health & welfare	1,721,634
Depreciation	7,757,803
Interest	4,512,856
Provision for bad debts	445,287
Total expenses	<u>\$ 98,196,744</u>
Net income	<u>\$ (2,535,295)</u>

Bethesda Health Group, Inc. and Subsidiaries Combined Balance Sheet

Assets

Current assets	
Cash and cash equivalents	\$ 2,123,979
Assets limited as to use	14,447,578
Resident accounts receivable	2,978,819
Management fee receivable	2,351,866
Other current assets	1,776,560
Total current assets	<u>\$ 23,678,802</u>
Assets limited as to use, net of amount required to meet current obligations	\$ 61,574,902
Property, plant & equipment, net	\$ 101,157,245
Beneficial interest in trusts	\$ 1,550,014
Beneficial interest in affiliate	7,082,828
Other assets	551,492
Total other assets	<u>\$ 9,184,334</u>
Total assets	<u>\$ 195,595,283</u>

Liabilities And Net Assets

Current liabilities	
Current maturities of long-term debt	\$ 2,980,000
Line of credit	2,000,000
Accounts payable	3,081,435
Accrued expenses	7,719,880
Other current liabilities	2,021,184
Total current liabilities	<u>\$ 17,802,499</u>
Long-term debt, less current maturities	\$ 94,978,427
Life residents' fees	51,245,393
Other liabilities	4,333,329
Total other long-term liabilities	<u>\$ 150,557,149</u>
Total liabilities	<u>\$ 168,359,648</u>
Net assets	<u>27,235,635</u>
Total liabilities and net assets	<u>\$ 195,595,283</u>



The Memorial Care Center team poses outside the community's updated sign.

Bethesda Expands in 2022

Bethesda added two new communities to the organization in 2022—one further expands the relationship with BJC HealthCare and one furthers Bethesda's presence in an area we know quite well.

In April, **Memorial Care Center** (MCC) became the fifth BJC-owned community to be managed by Bethesda. MCC is located on the campus of BJC's Memorial Hospital in Belleville, Ill., and provides post-hospitalization rehabilitation and therapy to patients needing additional care before returning home.

In November, Bethesda purchased **Pacific Place**, a boutique retirement community comprised of 32



(L-R) Bethesda executives **Michelle Glass**, Senior Vice President, Senior Living and In-Home Services, and **Roger Byrne**, Executive VP and CFO, speak with residents at Pacific Place about the transition to Bethesda ownership.

apartments and two cottages in the heart of the Old Orchard section of Webster Groves. Pacific Place becomes the organization's second retirement community in Webster, as it is located mere blocks from Bethesda Orchard.

"We continually strive to identify opportunities that will allow us to provide exceptional senior living and quality care and services to an expanding number of St. Louis-area seniors," says **Joe Brinker**, President & CEO. "We are confident that the expansion of our BJC relationship, along with the purchase of a community with the reputation of Pacific Place, will let us do just that."

Jackie Yoon to Become Board Chair in 2023



Bethesda is pleased to announce that **Jackie Yoon**, former President, St. Louis Market, Bank of America, has been elected as Chair of the Bethesda Board of Directors in 2023.

Jackie will be replacing **Kevin Klingler**, who served as Board Chair in 2021 and 2022. She has served as Vice Chair and Treasurer during her tenure on the Bethesda Board.

"Jackie's unique combination of financial acumen, strategic leadership and empathy for seniors makes her an excellent fit to serve as Bethesda's Board Chair," says **Joe Brinker**, President & CEO.

Telemedicine Arrives at Bethesda

Bethesda skilled nursing and rehab patients and staff can now virtually interact with medical professionals at night and on the weekend, thanks to a collaborative initiative with BJC HealthCare and Sound Physicians.

Through an app on an iPad, nurses and physicians can review a patient's chart together and even have a dialogue with the patient to address and triage any issues. The physicians have access to the patient's electronic medical record and any emergency room records. A virtual stethoscope is even available as part of the app.

"The key to this program is timely intervention for our patients and

provider relief for our staff," says **Kiel Peregrin**, Chief Operating Officer. "Our nurses can access the Sound Physicians team weeknights from 5 p.m. to 8 a.m. and 24 hours on weekends at practically a moment's notice."

"Our experience is that patients are reassured by the virtual presence of a physician skilled in nursing home care, who then seamlessly passes care to us in the morning," added **Dr. Charles Crecelius**, Medical Director of BJC Medical Group.

The initiative began at Christian Extended Care & Rehabilitation (CECR) in Florissant and Memorial Care Center in Belleville, with further expansion to other Bethesda skilled



CECR Director of Nursing **Constance Harris-Newson** positions the iPad so that rehab patient **Gwendolyn Stevenson** can see and speak with **Dr. Adnan Lakhani**.

nursing communities in the coming months. As of Dec. 31, 2022, the initiative has served more than 190 Bethesda patients.

Creative Recruitment Continues at Bethesda

In 2021, the stage was set, as the Bethesda Human Resources Department developed creative and innovative strategies for recruiting qualified applicants. They focused primarily on attracting those in the nursing field in order to fill open positions at Bethesda skilled nursing/rehab communities and community-based services.

Fast forward to 2022, and the implementation of those creative recruitment strategies is paying off.

For example, the international nursing market has been a great portal for quality nurses who would like the opportunity to practice in the United States. In 2022, Bethesda hired more than 20 nurses, many of whom are working at Bethesda communities, including natives of Brazil, Nigeria and the Philippines.

"These nurses are doing a wonderful job," says **Eileen Caffey**, Director of Recruitment and Retention. "They exhibit a great deal of clinical knowledge and empathy for our residents. We hope to secure the talents of additional nurses as a result of this initiative in 2023."

A second successful strategy that Eileen said will continue is the Contingency Nurse Program. In this program, which is designed to fill gaps in scheduling staff to work in Bethesda communities, the participants are not stationed at one facility but could be asked to work anywhere in the Bethesda system. Participants in the program are full-time Bethesda employees who enjoy a higher rate of pay and schedule flexibility, but they are not eligible for benefits.

"We specifically targeted Licensed Practical Nurses to begin the program

as a test, and we have been so pleased with the results that we expanded the program to include other nursing positions, such as Certified Nurse Assistants," says Eileen. "So far, we've hired about 40 nurses!"

(L-R) **Billy Perpetua** (Philippines), **Viviane Nascimento** (Brazil) and **Ina De Castro** (Philippines) are among the new registered nurses working at Bethesda. All three are working at Barnes-Jewish Extended Care.



Awards and Accolades

Congratulations to the following Bethesda team members, supporters, communities and services for the recognition received in 2022:



Kiel Peregrin, Chief Operating Officer, was among the chosen few named to the prestigious “40 Under 40” class of 2022. More than 300 nominations were submitted for consideration for this year’s class, coordinated as always by the *St. Louis Business Journal*.



Two Bethesda communities, **Bethesda Dilworth** and **Bethesda Meadow**, were named to *Newsweek*’s Best Nursing Homes 2022 list. This award recognizes communities according to key performance data, peer recommendations

and response to the COVID-19 pandemic. Only 450 communities throughout the nation were selected to the 2022 list—and both Bethesda communities were also named to *Newsweek*’s list for 2023.

Bethesda Southgate was one of only 13 skilled nursing/rehab communities across the nation, and the only one in the state of Missouri, to receive the 2022 Silver Level National Quality Award from the American Health Care Association (AHCA). The three-level program (Bronze, Silver, Gold) assesses long-term and post-acute care organizations’ capabilities against nationally recognized standards for excellence.



Lora Schmittling (right) and **Juanita Smith** of the Activities Department at **Memorial Care Center** were honored with a 2022 Governor’s Engaging Aging Award. The award is presented by the Illinois

Department on Aging to celebrate the community’s efforts to support residents’ spiritual well-being as part of a holistic approach to rehabilitation and recovery.



Bethesda Southgate team members (l-r) **Shaun Heidke**, **Nicole Carter** and **Amanda Fleming** were honored with “Employee of the Year” awards at the 2022 LeadingAge Missouri Annual Conference. Amanda won for Direct Care, Nicole for Administrative Support and Shaun for Environmental Services. LeadingAge is a national association of 6,000 not-for-profit organizations dedicated to expanding the world of possibilities for aging.



Five Bethesda communities were named to the *U.S. News & World Report* Best Nursing Homes list for rehab services for 2022-23: **Alton Memorial Rehabilitation & Therapy, Barnes-Jewish Extended Care, Bethesda Southgate, Christian Extended Care & Rehabilitation** and, for the 13th consecutive year, **Memorial Care Center**! **Bethesda Southgate** was also recognized for long-term care.



Natalynn Casey (left) and **Jen Schmittling**, two Licensed Practical Nurses at Alton Memorial Rehabilitation & Therapy, were among the St. Louis metro area nurses featured in a special section in the *St. Louis Post-Dispatch* titled “Nurses—the Heart of Health Care.” Featured nurses had to be nominated to be considered for inclusion.

Alton Memorial Rehabilitation & Therapy and **Christian Extended Care & Rehabilitation** were voted as “Best of the Best” in the Alton/Godfrey and North County communities, respectively, by the residents living in those communities. The team at CECR (top) was voted “Best in North County” in both the Skilled Nursing/Rehab and Nursing Home categories, and the AMRT team was voted as the “Best Skilled Nursing Facility”—for the fifth consecutive year!



Eight Bethesda communities and one community-based service were named to the list of Top Area Senior Living Facilities and Home Health Providers, as researched by DataJoe and published in *St. Louis Magazine*:

Barnes-Jewish Extended Care, Bethesda Gardens, Bethesda Hawthorne Place, Bethesda Meadow, Bethesda Orchard, Bethesda Southgate, Christian Extended Care & Rehabilitation, St. Andrews & Bethesda Home Health, and Village North Retirement Community.



Katrina McFarland, a Certified Medication Technician at Bethesda Dilworth (second from left), and **Micky Williamson**, a Senior Accountant (second from right), celebrated their selection as the recipients of the 2022 Mary June King Scholarship. The scholarships are designed to assist Bethesda employees in their pursuit of post-secondary education. Katrina and Micky are seen here with **Mary Brown** (far left), Ms. King’s daughter, and **Kathy Joslin**, Senior Vice President of HR and Marketing.



2022 Norwood Award Honorees

Bethesda honored two very deserving individuals—**Teresa Buehler** and **Tom Collins**—with the 2022 Norwood Award.

Tom, the retired President of Northern Trust, was highly involved in Bethesda's strategic planning during a pivotal time in the organization. He served as Board Treasurer from 2008–2010 and then as Board Chair in 2011 and 2012, at which time he helped transition the Bethesda presidency from **John Rowe** to **Joe Brinker**. Tom is now a member of the Advisory Board.

Teresa is a longtime volunteer for Bethesda Hospice Care, especially in the service of the “No One Dies Alone” program. As a “NODA” volunteer, Teresa sits vigil with Bethesda seniors who are within days of passing away, providing breaks for heavy-hearted family members or accompanying those who have no family to comfort them.

Congratulations, Tom and Teresa, on receiving the prestigious Norwood Award!



In recognition of the many energy-efficient initiatives put into practice at Bethesda in 2022, the organization earned “Champion Level” in the Green Business Challenge—for the 10th consecutive year!

As Bethesda continues to grow and evolve as it approaches its 135th anniversary in 2024, the Bethesda Health Group Foundation is continuing its unwavering commitment to always making a positive impact in the lives of our seniors.

Elizabeth Hayne Society



Members of the newly established **Elizabeth Hayne Society**, named after Bethesda's first president, are dedicated to providing all levels of exceptional care to seniors no matter their financial resources. Just like Mrs. Hayne, society members

are compassionate advocates for senior care and health, especially for those with limited funds or family support.

Members make annual gifts of \$1,000 or more, helping provide direct care to low-income Bethesda seniors requiring home health, at-home services, hospice care or financial aid to remain in their Bethesda home.

Membership includes benefits such as invitations to the annual luncheon, health screenings and educational events, a free flu shot and more. To join the Elizabeth Hayne Society and support Bethesda, go to BethesdaHealth.org and click on “Giving to Bethesda” or call 314-800-1916.



Scan the QR code with your smartphone to easily become a member of the Elizabeth Hayne Society.

Charitable Programs Make Profound Impact

The Bethesda Health Group Foundation raises vital funds to support our six charitable programs and provide services to Bethesda residents and patients who have outlived their ability to pay. We rely on the generosity of individuals, residents, corporations, private foundations and bequests to sustain our programs.

Bethesda's Charitable programs include:

- **Healthy at Home:** Provides financially struggling Bethesda seniors with nursing, therapy services and social work services to help them recover and remain happy, healthy and independent in their homes.
- **Hospice Care:** Focuses on comfort, pain management, hygiene and nutrition for Bethesda seniors, as well as bereavement support for family caregivers.
- **We Honor Veterans:** A nationally recognized hospice program initiated by the National Hospice and Palliative Care Association, in collaboration with the Department of Veterans Affairs, to honor and acknowledge all Veterans for their service. Bethesda Hospice Care is one of the few hospices in the state of Missouri that has achieved a We Honor Veterans Level 5 rating, the highest tier of the program.
- **Aging in Place:** Provides light housekeeping and personal hygiene services to Bethesda residents who have experienced a health setback and now need assistance in order to remain as independent as possible during rehabilitation or healing.
- **Career Ladder:** Provides certification classes to younger adults just starting their careers, those chronically unemployed and underemployed, and Bethesda employees



Bethesda Dilworth residents **Patricia Cammarata** and **Judith Burkart** water flowers in the new raised plant beds.



Bethesda Southgate resident **Virginia Billings** enjoys the new Whisper GLIDE swing with Activities Assistant **Debbie Larkin**.

looking to advance and develop their career path in senior services.

- **Humanitarian Care:** Provides financial assistance so qualified residents can remain in their independent senior living, assisted living or skilled nursing communities regardless of their financial resources.

Special Donations from the Women's Board

Thanks to the Bethesda Women's Board, the residents of Bethesda Dilworth and Bethesda Southgate have new ways to enjoy a little R&R outdoors. The board generously donated a WhisperGLIDE wheelchair-accessible swing to Bethesda Southgate and installed raised plant beds at Bethesda Dilworth.

The WhisperGLIDE swing is a welcome addition at Bethesda Southgate, allowing wheelchair users and non-wheelchair users opportunities to take part in the therapeutic nature of swinging together.

At Bethesda Dilworth, the donated plant beds are being used to grow herbs and vegetables for the kitchen. The residents enjoy watering, weeding and simply looking at the plants. "For those who have gardened in the past, the plant beds give them a sense of purpose and continuity," says **Carrie Vahldieck**, Administrator at Bethesda Dilworth. "The plants will brighten the residents' days for years to come!"

The teams at Bethesda Southgate and Bethesda Dilworth extend their sincerest thanks to the Women's Board for these donations.

Leona Harris

If cookies and pies are the keys to the heart, then 97-year-old **Leona Harris** has captured the heart of each and every Bethesda Gardens resident and employee.

Walk past Leona's apartment on any given day, and you may be overcome with the sweet smells of freshly baked chocolate chip cookies or snickerdoodles. You'll often find her inside her kitchen, among her collection of cookbooks and more than 200 salt and pepper shaker sets, perfecting her recipes for everything from mini pineapple upside-down cakes and zucchini bread to apple pie.

For Leona, baking is both a hobby and a passion, and it has always been a part of her life.

"I come from a big family," she explains. "We always had parties, and I always brought the dessert."

When Leona moved to Bethesda Gardens 19 years ago (she is currently the retirement community's longest-tenured resident), it didn't take long before she was baking up a storm. She supplies treats for bake sales and get-togethers, pies for staff birthdays, and holiday cookies for her neighbors—all of her neighbors!

In fact, during the 2022 holiday season, Leona baked more than 1,100 cookies in her kitchen. She's learned to practice restraint in not devouring her hard work. "I always have to taste one cookie!" she explains.

In addition to baking, Leona also likes games—she plays bingo, dominoes, pinochle and bowling. A former regular bowler, she now participates in and keeps score for Bethesda Gardens' weekly Wii bowling league, where, of course, she brings treats for her fellow players to enjoy after a game or two.

When asked about the secret ingredient to her success, Leona doesn't hesitate.

"I use *a lot* of butter!"



Steve Vendt

Steve Vendt and his wife, Beverly, are big fans of the great outdoors. They've hiked and camped in all 50 states...in some cases, multiple times.

"We just love being away from the city and getting into nature," Steve says. "You never know what you'll see. Our favorite place is wherever our trailer takes us!"

For their next adventure, the couple had planned a two-month-long trip to hike and camp across the Midwest and northwestern U.S. But Steve discovered that he needed a total hip replacement in early 2022.

"I told my surgeons that I had this trip coming up and no matter what, I was going to hike it," Steve explains. "They told me it was absolutely doable, as long as I was determined and consistent with my rehabilitation."

After his surgery on February 9, 2022, Steve settled into a short-term rehab stay at Bethesda Dilworth following some shining recommendations from the team at SSM Health St. Mary's Hospital.

"I loved being at Bethesda Dilworth because the therapists were exceptionally kind and helpful," he says. "They pushed me and gave me a lot of practical tips that I am still using today."

Once Steve's stint at Bethesda Dilworth was complete, he returned home and utilized St. Andrews & Bethesda Home Health. For the next month, therapists came to his home twice a week to continue his rehabilitation and help him prepare for the big hike.

"At my final appointment, my occupational therapist excitedly told me we had reached all my goals," he says. "I told her I just had one left to achieve—I had to be able to climb to my bunk inside our trailer."

Steve was on a mission. With his therapist close by, he walked outside to where his trailer was parked and went inside. Then, for the first time in months, he climbed up into his bed.

"I'm so grateful to the team at Bethesda Dilworth and those in Home Health for helping me achieve this dream of mine," Steve says. "Because of them, I was able to go on an incredible trip with my wife and our friends. We saw beautiful views and made a lot of great memories together."



"I loved being at Bethesda Dilworth because the therapists were exceptionally kind and helpful. They pushed me and gave me a lot of practical tips that I am still using today."

—
Steve Vendt

Judy & Jo

Judy Portnoy and **Jo Durham** have always considered themselves to be “green thumbs.” When they met at Bethesda Barclay House a few years ago, the women became fast friends, bonding over their love of gardening and the joys of being outside. So, it’s no surprise that by working together, they transformed the Barclay House courtyard from an uninspiring space into a warm and welcoming gathering place.

“I have an aesthetic eye and I love seeing pretty things,” says Jo. “When I got here, I saw there was an awning over the courtyard. I thought that would serve as a nice sitting area, so I started moving furniture and created a sitting space. Then, Judy brought in a banana tree, and we started bringing in pots to plant other things. And the rest is history!”

After securing permission from General Manager **Jerry Ahillen** and the Bethesda Barclay House team, Jo and Judy began working on the “new and improved” Barclay House courtyard. Now, visit on a warm summer day and you’re greeted by a multitude of colors and fresh smells. Begonias, petunias, purple sage and geraniums decorate the perimeter, complementing the sparkling blue water in the swimming pool. In a corner, herbs such as mint, basil, rosemary and oregano sprout.

“We’ve created a space that is enjoyed by everyone here—whether they look at it from their apartment window, or they sit outside to eat lunch or dinner,” says Jo.

“It works so well because it all flows and it is usable,” adds Judy.



“We’ve created a space that is enjoyed by everyone here – whether they look at it from their apartment window, or they sit outside to eat lunch or dinner.”

—
Jo Durham,
Bethesda Barclay House Resident

This backyard oasis has certainly made an impact on Jo and Judy’s fellow residents. Some visit frequently to cut fresh herbs to include in homemade basil jelly and pesto. **Kate Worland** and other Barclay House friends have also pitched in to help keep the courtyard looking beautiful.

“It’s a win-win for everybody,” says Judy.

The ladies have a vision for what else they’d like to see in the courtyard one day—maybe making it an environment to attract hummingbirds or installing lattice for plants to grow vertically. Whatever the plan, they know how this new space makes people feel.

“I am thrilled to be able to add something here,” says Judy. “It is such a good feeling to know that we are creating something for everyone to love.”

Erv Wilson

Ervin “Erv” Wilson never predicted his time in the Army would be spent playing baseball. Lots and lots of baseball.

Erv was drafted by the United States Army in 1958 while working as an auditor for the Department of Defense.

“I deployed to Frankfurt, Germany, for a two-year term,” says Erv. “After a year, they found out I played baseball when I was younger and asked me to join the Babenhausen Rammers, a team that traveled to Army bases to play and entertain the troops.”

Although he grew up playing baseball, he hadn’t formally played since high school.

“I was a little hesitant to agree since it had been so long since I played,” he says. “I quickly realized the skills I had developed were still there—they just needed to be used again.”

Erv was one of 12 members of the Rammers, who traveled and played at other Army bases across Germany and in Paris. Erv played third base, and was considered to be one of the best in the league at his position. After more than a few infield hits and stolen bases, Erv was asked to run track for the Army. He agreed and performed quite admirably in the sprints.

No matter where they played, the Rammers attracted crowds—sometimes up to 500 people. They mostly played in front of military members and their families.

“My teammates became my family—we had so much fun together,” he says. “My fondest memories of my time in the Army are being part of the Rammers and getting to travel to some incredible places.”

Although Erv never played or coached baseball after his time in the Army was finished, he’s been an avid New York Yankees fan, having spent a lot of time in the Big Apple after he got married in 1960.

“Growing up, I just really loved playing sports,” says Erv, recalling his experiences while sitting in his apartment at Village North Retirement Community in Florissant, where he now lives. “I was so thankful to have earned a scholarship to the University of Illinois for basketball, but I never thought I would be lucky enough to continue playing a sport of any kind once my school days were over.”



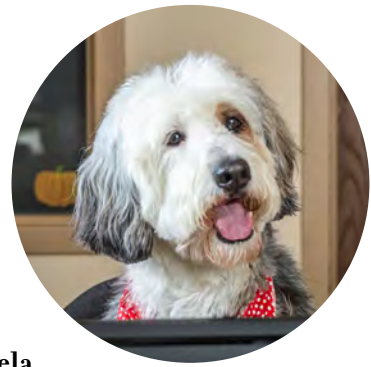
Rylee Glass

It's always a brighter day for residents, staff and visitors when **Rylee Glass**, Bethesda's Chief Snuggle Officer, comes to visit.

A two-year-old, 65-pound Bernedoodle (mix of Bernese Mountain Dog and poodle) whose owner is **Michelle Glass**, Bethesda's Senior Vice President of Senior Living and In-Home Services, Rylee has become a regular at most Bethesda communities. She is especially loved at Bethesda Terrace, where Michelle's niece **Casey Gerhard** serves as Office Coordinator and watches over Rylee.

"Everyone loves Rylee," Bethesda Terrace resident **Lotus Bacher** says. "You can see and feel a difference here from the joy she brings us. It's a very special thing."

With her colorful scarves and a dozen tricks up her paw, Rylee is not short on entertainment for residents. On a typical day, you can find her standing on her hind legs to greet everyone at the front desk—including the delivery man—and dancing with her "Aunt" Casey at happy hour.



"It's like she's part human," Bethesda Terrace resident **Gisela**

Harr says of Rylee's extraordinary intelligence. "She knows my footsteps and will come to me because she knows I always have treats."

As an official American Kennel Club "Canine Good Citizen" with a good temperament and sociable personality, Rylee was carefully chosen and trained by Michelle to bring comfort and joy to the residents of Bethesda—and it's her favorite thing to do.

"Her whole body wiggles with excitement," Michelle says. "She always prefers coming to work with us over doggie day camp at Kennelwood on Mason Lane or staying home by herself."

Vice President and Senior General Manager **Andrea Tripp** believes having Rylee to hug and love on provides an extra source of physical touch that many of the Bethesda Terrace residents need. The pure excitement Rylee elicits is the most significant impact she's seen on the culture of her community. She says both residents and staff are always asking for a "Rylee Day."

"Rylee is the perfect medicine," Bethesda Terrace resident **Bob Ackermann** says. "She brings comfort and a little bit of home back to us."

"Everyone loves Rylee. You can see and feel a difference here from the joy she brings us. It's a very special thing."

—
Lotus Bacher,
Bethesda Terrace resident



“With the help of his Hoyer Lift, it was wonderful seeing him get out of bed. I know he felt like he was living his life again, and I felt like I had my companion back.”

—
Marilyn Hensler



Marilyn & Ron Hensler

Marilyn and Ron Hensler's love story began in New England. Ron, a St. Charles, Missouri, native, was in the Air Force. While he was stationed in northern Maine, he met Marilyn.

“I went to a party and he was there,” says Marilyn. “He was cute. I was on a date with someone else!”

Later, her neighbors officially introduced them. It was love at first sight. They married within six months, when Marilyn was 17 years old.

The couple eventually moved to St. Louis, where they raised two daughters. Ron worked as a carpenter for McDonnell Douglas (later Boeing) and loved hunting, fishing, bowling, renovating his home, and spending his time with his wife, daughters, sons-in-law and grandchildren.

In 2013, Ron suffered a fall, which began a series of health problems over the years, including numerous strokes, pneumonia, a broken hip, an above-the-knee amputation and, eventually, dementia. After a few bad experiences at local skilled nursing communities and rehab centers, Marilyn vowed to keep Ron at home and take care of him herself. She quickly realized she needed help, however, and that's when Lead Physical Therapist **Neil Patel**, Nurse **Denise Kirsch**, and Physical Therapy Assistant **Dan Maul** of St. Andrews & Bethesda Home Health stepped in.

“I cannot say enough good things about St. Andrews and Bethesda Home Health, and specifically, Neil, Denise and Dan,” says Marilyn. “Those three and Bethesda were the best things that happened to Ron and me.”

For a while, Ron did not want to get out of bed. That changed around Christmas of 2020, when the Home Health team brought in a Hoyer Lift, which is designed to transfer patients from place to place, such as from their beds to chairs.

For the first time in a long time, Ron could enjoy all the comforts of home. He spent a lot of time in his favorite room—the den, or what Marilyn affectionately calls “Ron’s Room,” where his hunting collection is on full display. He ate his meals at the kitchen table, and celebrated birthdays with his family on the back porch he had built himself.

“With the help of his Hoyer Lift, it was wonderful seeing him get out of bed,” says Marilyn. “I know he felt like he was living his life again, and I felt like I had my companion back.”

Ron passed away in August of 2022 at the age of 74. Marilyn is extremely grateful for the support of the team from St. Andrews & Bethesda Home Health for taking such loving care of Ron during very trying years and through the pandemic.

“There is just something different about them,” she says. “They treated him so kindly—always asking how they could help me and what we needed. I tell everyone to go to Bethesda. You won’t find a better place for care.”

The 1889 Club

Bethesda was established in 1889 and has been fortunate to receive generous support from faithful donors, year after year, to sustain our mission of caring for seniors.

The 1889 Club recognizes those who contribute annually to provide exceptional care to seniors and ensure that all

residents, no matter their ability to pay, will always have a home at Bethesda.

Members of the 1889 Club make at least one gift each fiscal year (July 1 – June 30) and are recognized in this annual report with their years of giving behind their names. The 1889 Club represents giving since 2002.

Life Legacy (Planned Gifts)

John P. Baird Estate
Mary Bard Trust
Tom W. Bennett Irrevocable Trust
Marge Bieser*
Alyce Blome*
Daniel and Blanche Bordley Fund
for Bethesda of the St. Louis
Community Foundation
Antoinette C. Breihan
Hermine J. Brooks
Revocable Trust
Leo R. Buder Foundation Trust
Susan Rassieur Buder
Memorial Trust
Margaret L. Butler Trust
James Meade Chouteau
Irrevocable Trust
Barbara and George Clements
Mary Alice Collins Memorial
Fund of the St. Louis
Community Foundation

Winnie Cummins*
George B. D'Arcy Trust
Nick Dopuch*
Robert C. Drews*
Evelyn L. Eldridge Living Trust
Marie Falvey*
Joyce Fincher*
Mary Poore Fobes Trust
Harris J. Frank*
Edward C. Gentzler, III
William L. Gleiber
Margaret B. Grigg Foundation
Oscar Groebl
Dorothy M. Hanpeter*
Mary Jane Heitzmann*
Briggs A. Hoffmann
Peggy and Harold Jolley
Virginia and Russell* Jones
Sally S. Lilly
William C. Malcolm*
Mary E. J. Mermod Trust

Annelise Mertz*
Jean Mullgardt*
Jan* and Roger Nelson
Jean G. Newton*
John F. Norwood Trust
Joe Palecek Trust
Garie and Ken Perry
Viola J. Reynolds Trust
John W. Rowe♦
Frank A. and Alpha H. Ruf Fund
for Bethesda of the St. Louis
Community Foundation
Eleanor G. Ryan Estate
Albert L. Schweitzer, Jr.
Martha Sivier
Katherine Stauffer
Charitable Trust
Ann F. Sternberg
Alice Logan Temm Trust
Lois C. Tuttle*
Richard Weidert*
Ethel V. Wilder Trust

Lutheran Foundation of
St. Louis (2)
Sharon and Bill Marcrander
Marillac Mission Fund (4)
Midwest Elevator Company
Garie and Ken Perry (5)
A Storage Inn (2)
Mike Trau (11)
The John M. Wolff Foundation (6)

Founder Level (\$5,000-\$9,999)

Susan and Joe♦ Brinker (20)
Susan Rassieur Buder
Memorial Trust (12)
Michelle Glass (18)
Suzanne and Earle Harbison (12)
Judy and Phil♦ Hutchison (5)
Lucy and Kevin♦ Klingler (9)
Ginny and John♦ Rowe (20)
Jackie Yoon♦ (7)

Independence Level (\$2,500-\$4,999)

AON Risk Solutions Services
Bartels-Missey, Inc. (8)
Barbara and George
Clements (20)
CORE Properties
ECB Rx
Mary and Tom Harris (12)
Robyn Hearty
Ruth and Mel Kohl (18)
Peter Krombach (13)
MatrixCare
Harriet and Gary Mayes (12)
Lydia and Dale♦ Meier (13)
Ida and Fred Perabo (19)
Anita and Patrick♦ Rooney (2)
Sandberg, Phoenix, &
Von Gontard P.C.
Select Rehabilitation, Inc.

Pillar Level (\$10,000+)

Mary Bard Trust
Tom W. Bennett Irrevocable
Trust (14)
Daniel and Blanche Bordley Fund
for Bethesda of the St. Louis
Community Foundation (17)
Leo R. Buder Foundation Trust (15)
Charless Foundation, a
component fund of the St. Louis
Community Foundation (3)
Bernal T. Chomeau Private
Foundation, Douglas B.
Chomeau, Stuart and Susan
Chomeau, Kathy Andrews (5)
East Missouri Foundation (2)
Mary Poore Fobes Trust (15)
Margaret B. Grigg Foundation (14)
Juanita Hinshaw (14)



Bethesda Dilworth resident **Doris Danna** was honored by the Landmarks Association of St. Louis in October when she received the H. Meade Summer Jr. Award. Doris, who worked as an architect for more than 50 years, was the first woman to be elected President of the St. Louis chapter of the American Institute of Architects and the first woman to receive its Gold Honor Award. Congratulations, Doris!

Katherine Stauffer Charitable Trust (8)
 Karen and William Stebelski Thompson Coburn LLP (3)
 Sharon and David Westerholm

Empowerment Level (\$1,000-\$2,499)

Jerry Ahillen (4)
 Sarah and Jerry Arnold (16)
 Marie and Doug Bartels (13)
 Liz and Bruce Beeler (17)
 Bieg Plumbing Company
 Candice and Shawn Brown (13)
 Charlotte Busch (13)
 Pat Bush (2)
 Laura and Roger Byrne (9)
 Eileen Caffey (4)
 Clinical Solutions
 Mary Alice Collins Memorial Fund of the St. Louis Community Foundation (13)
 Marybel Cova (2)
 Joan and David Culver (17)
 Jean and Kevin Curry (18)
 Robyn Duffey-Rogers and Mark Rogers (4)
 Enterprise Holdings Foundation
 Evans & Dixon LLC
 David Fleisher (18)
 Susan Higgins (3)
 Imperial Dade
 Patricia Kapsar (14)
 The Kaufman Fund
 Michele Kimball (6)
 Marcia Lange (8)
 Tamara Lee
 Henry Leeds
 Jane Mahan (9)
 Todd Meury (7)
 Missouri Terrazzo Company (2)
 Susan♦ and Michael Moore (7)
 Penny Northern-Phanse and Krishna Phanse (7)
 OnShift
 Kiel Peregrin (6)
 Jennifer and Chris Popp (8)
 Cathleen and Mark♦ Reifsteck (7)
 Viola J. Reynolds Trust (13)
 Linda and Todd Sanders
 Sue and Mike Scherrer (7)
 Emily and John Schmedtje
 Mary and James Sertl (14)
 Tech Electronics
 Andrea Tripp (13)
 Carrie Vahldieck (2)
 George and Jeff Waldman (16)

Opportunity Level (\$500-\$999)

Allied Benefit Systems
 Sara Arn (5)
 Janine and Chris Benjamin (12)
 Employee Community Fund of Boeing
 Roberta and Robert Boley (2)
 Nicole Bovee (5)
 Mary and Jim Canova (5)
 Lea Ann Coates (8)
 Jennifer and Tom Collins, Collins Family Fund of the St. Louis Community Foundation (18)
 Coltrane Systems
 Craig Consulting (4)
 Custom Type, Inc.
 Paula Czarnecki-Keeven (10)
 Elite Medical Staffing
 Ellen and Jim♦ Esther (4)
 Margaret Ganyard (6)
 Tammy Gleiforst (4)
 Evan and Avi Goldfarb (2)
 Alicia and Leopoldo Gonzalez (4)
 Angelina Harris (5)
 Angie Heumann (6)
 Joyce and Ronald Hoffman
 Robyn Hoffmann
 Charmaine Hurford
 Christy James (4)
 Marta and Richard Jauer
 Maud Jeanty (13)
 Kathy and Doug Joslin (14)
 Patty and Mike♦ Keller (7)
 Marcella Kuhn (9)
 Sally Lilly (16)
 Susan and Don Logie (11)
 Katherine Lupo (10)
 Ann McCandless (3)
 Kathryn and Eldon McKie
 Connie McManus (4)
 Stephany and George Mendelsohn (6)
 Mary E. J. Mermod Trust (15)
 Lisa Meyer (11)
 Brian Morey (2)
 Dessa and Gary Morrow
 Richard C. Mueller, Jr.* (2)
 Jill and Larry Nolan (2)
 Julie and Al Poelker (14)
 Walter Potthast (5)
 Carol and Robert Pugh
 Ruth and William Rauch
 Mary J. Re (7)
 Matthew Scheer (5)
 Amy Sherrer (8)
 Teresa Steimel
 Janet and Werner Stichling (2)
 Marilyn Stribling and Stan Geiger (8)



Ursula Gerlach, a resident living at Assisted Living at Charless Village (back left), enjoys the 2022 Oktoberfest celebration at Bethesda Southgate with her friends, including Bethesda Terrace resident **Arlou Christ** (front left).

Michael Tooley (2)
 Colleen♦ and Dave Wasinger (4)
 Carrie Wetzel (3)
 Ruthann and Dennis Wolz (18)
 Julia and Thomas Wood (7)
 Debbie and Steve Woodard (4)
 Gloria and Joe Wotka (9)

Dignity Level (\$250-\$499)

Jessica Bathon (13)
 Janie Bradford (13)
 Jean and Gary Brinker (3)
 Sharon and Ronald Burkhardt (6)
 Anne and Bill Carleton (4)
 Dana Cole (10)
 Chris and Tom Crouch (15)
 Josephine and Ned Durham (2)
 Susan Fagan (4)
 Donna Ferguson (4)
 Barbara and John Finch (6)
 Jacqueline Frerichs* (2)
 Dorothy Gannon (13)
 Shirley Graham (2)
 Paul Griffin
 Nannelle Griffith (7)
 Mary Ann and Jim Groetsch (8)
 Edward Hanlon (6)
 Anna and Thomas Hicks
 Angela and Philip Huddleston (16)
 Marilee Hurley
 Mary Kirschman (5)
 Babs Kolkmeier (19)
 Hazel Kraft (6)
 Vickie Lorenzen (14)
 Claire Luna
 Gretchen Martinson (2)
 Margaret McKinney (2)

Michael McMiller
 Martha Monaghan (5)
 Cora Mullins (2)
 Julie Okenfuss
 Rosemary Oliver (2)
 Judith Portnoy (4)
 John Puterbaugh
 Juliette Reed (2)
 Lisa Simpson (2)
 Jacqueline Sita (7)
 Martha Sivier (4)
 Solutions Advisors Group
 Steven Sumner
 Carol Szweda
 Judy and Jim Thielker (2)
 Joan Tiemann (4)
 Joyce and Richard Ulrich (12)
 Sue Voorhees (10)
 Sarita and Michael Weldon (13)
 Micky Williamson (2)

Ability Level (\$100-\$249)

Goran Abutovic (12)
 Stephanie and Richard Ackerman
 Kathleen and Larry Albright
 Todd Althiser (2)
 Carleen and Billie Anderson (2)
 Anonymous (3)
 JoAnn Arnold (13)
 Lu Arnold (5)
 Nikki Aubuchon (4)
 Christine and Bob Barrett (5)
 Judith Becker (10)
 Carol and Wayne Black (11)
 The Blackburn Giving Fund (2)
 Patricia Boyster
 Terry and Bill Brown (2)

Jack Casey (3)
 Sandra Caulfield
 Vicki Chism (6)
 Gwendolyn Clancy (4)
 Ann and Norm Cleeland (7)
 Peggy Cline (9)
 Cheryl Cole (2)
 Dawn Daniel
 Berneice and Robert Donnelly
 Trina and Scott Douglas (2)
 James Duda (2)
 Becky and Robert Eggman (5)
 Marlena Ell (5)
 Jeannette Estopare (13)
 Donna Ferguson (4)
 Philip Fleet (3)
 Marsha Fuchs (3)
 Rosemary Gabriel (8)
 Vickie Gantz
 Danielle Gary (2)
 Lori Gillam (2)
 George Glass
 William Gleiber (6)
 Audrey* and Ronald Glossop (2)
 Renate and Peter Goetz (7)
 Cheri, Mae, and Greer Gowen
 Albert Graves
 Peggy Greene (4)
 Dorothy Hassler
 Ann Hawken
 Jennifer Heins
 Mary and Mark Helbig
 Helen Herndon
 Marty Holland (13)
 Sue Hooker
 Angela and James Horton
 Marinko Karan (5)
 Jacque and Gary Kempf
 Ruth Killen
 Claire and Marty Kiser
 Pam Klipsch (4)
 Patricia and Matthew
 Krautmann (6)
 Julius Krisanic (3)
 Clifford Kurrus (2)
 Elaine Lashley
 Linda Little (3)
 Betty Long (5)
 Laurie Lott
 Doris and Max Loudenslager
 Felinna Love (6)
 Ray Marklin (4)
 Catherine Martini and
 Leo Emmett



The Women's Board was excited to finally join together again after a brief hiatus due to the Covid-19 pandemic.

Standing (l-r): **Susan Fagan, Mary Kirschman, Carol Szweda, Roberta Boley, Judith Portnoy, Angie Heumann, Sally Lilly, Jane Mahan, Maud Jeanty, Linda Sanders, Pat Kapsar, Sharon Burkhardt, Michelle Glass, Mary Sertl, Sharon Poe, Lisa Meyer, Gloria Wotka, Candice Brown, Rosemary Oliver, Anita Rooney, Jennifer Popp, Susan Brinker, Kathy Joslin**

Sitting (l-r): **Margaret Ganyard, Chris Crouch, Shirley Graham, Josephine Durham, Gretchen Martinson, Angelina Harris**

Sheila McDonald
 Michael McMahon
 Barbara Melton (2)
 Chere Merkel (6)
 Janyne Mondina (4)
 Kristen and James Moynihan
 Roger Nelson (9)
 Amy and James Newhard (9)
 Mary and Neal Nielsen (8)
 Walter Noll
 Sandy and Don Oliver
 Nancy Patterson
 Jeanette Pettaway (2)
 Paula and Bob Pritts
 Jeri Pruitt
 Alex Reynolds (4)
 Alphonso Richardson (2)
 Susan Roesch
 Barbara Romine (5)
 Pauline Roth
 Kathleen and Jim Sanders (7)
 Gerald Sauer (6)
 Steven Scheer (10)
 Eddie Seawood (2)
 Lisa Sertl
 Barbara and Paul Shaver (7)
 Cheryl Shaw (2)

Margaret Sheridan (5)
 Charles Siebert, Sr. (2)
 Susan Sippel (2)
 Brian Smith (2)
 Frederick Stamp
 Anna Storz
 Henrietta Taylor
 John Tomich (4)
 Barbara Tonkyn (4)
 Carolan Van Heest (3)
 Martha and Tim Vosse
 Richard Wagner (4)
 Ethel Watson (4)
 Faith Williams (6)
 Wilson Learning Corporation
 Thomas Winkle (2)
 Shirley Witcher (3)
 Kate and Julien Worland (2)
 Lisa Zoia and Eugene Johnson (6)
 Loretta and Frederic Zuccherro (2)

In-kind Donors

Alarm Center USA, Inc.
 Sure Lock and Key
 The Art of Entertaining
 Karen Bacon
 Balkan Treat Box

Best Western Kirkwood Inn
 Burger King
 Costco Wholesale
 Crusoe's South
 CVS Pharmacy
 Defiance Ridge Vineyards
 Endangered Wolf Center
 Firehouse Subs
 Grafica Fine Art & Custom
 Framing
 Healthcare Complete
 KIND Soap Company
 Lee's Famous Recipe Chicken
 Sally Lilly
 Massage Envy Spa, Oakville
 Massage Luxe, Rock Hill
 Nothing Bundt Cakes
 Olympia Gymnastics, Ellisville
 River City Casino & Hotel
 John W. Rowe♦
 RYZE Adventure Park
 SumnerOne
 Upper Limits Rock Climbing Gym
 World Martial Arts Academy
 YMCA, Kirkwood

*Deceased ♦Board Member

We gratefully acknowledge our donors and Community Partners for their support and generosity. We have made every effort to accurately recognize our donors; if any errors have occurred, please accept our sincere apology.

Board of Directors



Front row (l-r): **Joseph J. Brinker**, President & CEO; **Jackie Yoon**, Vice Chair; **Kevin J. Klingler**, Chair; **Philip A. Hutchison**, Secretary

Back row (l-r): **Colleen M. Wasinger**, **James H. Esther, M.D.**, **Patrick J. Rooney**, **Frederick G. Falker**, **J. Dale Meier**, **J. Mike Keller**

(Not pictured: **Susan G. Moore**, **Mark W. Reifsteck**, **John W. Rowe**, Treasurer)

Leadership Team



Front row (l-r): **Katherine E. Joslin**, Senior Vice President, Human Resources & Marketing; **Joseph J. Brinker**, President & Chief Executive Officer; **Roger T. Byrne**, Executive Vice President & Chief Financial Officer; **Kiel S. Peregrin**, Chief Operating Officer

Back row (l-r): **Jeffrey R. Waldman**, Corporate Vice President and Director of Marketing; **Jennifer Popp**, Vice President and Administrator; **Linda L. Sanders**, Corporate Vice President & Director of Development; **Michelle M. Glass**, Senior Vice President, Senior Living and In-Home Services; **Kevin L. Curry**, Vice President & Corporate Compliance Officer

(Not pictured: **Candice E. Brown**, Vice President and Administrator; **Andrea L. Tripp**, Vice President and Senior General Manager)

Advisory Board



Front row (l-r): **George Clements**, **Jackie Shillington**, **Jim Sertl, M.D.**, **Juanita Hinshaw**

Back row (l-r): **Joe Brinker**, President & CEO; **Gary Mayes**, **Pat Kapsar**, **Dave Fleisher**, **Al Poelker**, **Sally Lilly**, **Fred Perabo**

(Not pictured: **Bob Barrett**, **Ken Bass**, **Nick Clifford**, **Tom Collins**, **Dave Culver**, **Curt Engler**, **Franc Flotron**, **Earle Harbison**, **Peter Krombach**, **Steve Woodard**)

Life at Bethesda

Our communities have been busy having so much fun! See updates firsthand by scanning the QR code with your smartphone to find direct links to each of our communities' Facebook pages.



1 Barnes-Jewish Extended Care residents engage in a fun yet competitive balloon volleyball match!

2 **Kesha Douglas**, a Wellness Partner with Bethesda Senior Support Solutions (right), reviews the medication planner

with Bethesda Barclay House resident **Bess Gardner**. Bess is one of nearly 350 Bethesda residents who received in-home assistance from the Senior Support Solutions and Care Management team members in 2022.

3 The following Bethesda residents were among those honored at the 2022 Vietnam War Veterans Breakfast: sitting (l-r) **Bob Morris, Ron Jones, Bob Kraus;** standing (l-r) **Rick Turner, Albert Cawns, Charles Perkins, Roy Pennington**

4 Members of the Bethesda Hawthorne Place team braved the chilly weather to celebrate the community's 5th anniversary in January. In its five years of existence, rarely has the community had more than three or four of its 58 apartments unoccupied.



5 Leadership from Bethesda and Alton Memorial Hospital watch as **Susan McClenahan**, Administrator of Alton Memorial Rehabilitation & Therapy, cuts the ribbon at the community's September 22 celebration.

6 **Marilyn Nennert** and **Lovette Brown** figured out a very creative way to "keep cool" during the Bethesda Gardens' Garden Luau!

7 Sitting (l-r) **Tom Sepe**, **Bob Hotze**, **Al Kertz**, **Tony Favazza**; standing (l-r) **Vi Hotze**, **John Dames**, **Molly Kertz**, all of whom are residents at The Oaks at Bethesda, are just a

few of the more than 100 Veterans and spouses who were honored at pinning ceremonies held throughout the organization on Veterans Day in 2022.

8 The residents at Bethesda Terrace are always ready to lend a helping hand—here (l-r) **Rosalie Bogucki**, **Evelyn Kleebe**, **Dorothy Boenker** and **Jeanette Knittel**

teach St. Louis County Prosecuting Attorney **Wesley Bell** how to play Rummikub!

9 **Jessie O'Bryant** celebrates her 108th (yes, 108th!) birthday with some of her best friends—the team at Christian Extended Care & Rehabilitation.

Bethesda Independent Living Communities

**Bethesda
Barclay House**
230 S. Brentwood Blvd.
Clayton, MO 63105
(314) 725-1000

Bethesda Gardens
420 S. Kirkwood Rd.
Kirkwood, MO 63122
(314) 965-8100

Bethesda Orchard
21 N. Old Orchard Ave.
Webster Groves, MO 63119
(314) 963-2100

Bethesda Terrace
2535 Oakmont Terrace Dr.
Oakville, MO 63129
(314) 846-6400

The Oaks at Bethesda
Big Bend & Berry Roads
Oakland, MO 63122
(314) 686-4250

Pacific Place
45 South Old Orchard
Webster Groves, MO 63119
(314) 961-3041

**Village North
Retirement Community**
11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010

Bethesda Skilled Nursing Communities with Rehabilitation and Respiratory Therapy

* Memory Support
▲ Rehab & Therapy Centers

Bethesda Dilworth*▲
9645 Big Bend Blvd.
Oakland, MO 63122
(314) 968-5460

Bethesda Meadow*▲
322 Old State Rd.
Ellisville, MO 63021
(636) 227-3431

Bethesda Southgate*▲
5943 Telegraph Rd.
Oakville, MO 63129
(314) 846-2000

**Alton Memorial
Rehabilitation &
Therapy▲**
1251 College Ave.
Alton, IL 62002
(618) 463-7330

**Christian Extended
Care & Rehabilitation▲**
11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010

**Barnes-Jewish
Extended Care▲**
401 Corporate Park Dr.
Clayton, MO 63105
(314) 725-7447

**Memorial Care
Center▲**
4315 Memorial Dr.
Belleville, IL 62226
(618) 619-5010

Bethesda Home and Community Based Services

Bethesda Hospice Care
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 446-0623

**Bethesda Senior
Support Solutions**
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 963-2200

**St. Andrews &
Bethesda Home Health**
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 963-2200

**Bethesda Care
Management**
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 800-1911

**Meals on Wheels
Bethesda Dilworth**
(314) 968-5460,
ext. 5410

Bethesda Assisted Living Communities

*Memory Support

**Bethesda
Hawthorne Place***
1111 Berry Rd.
Oakland, MO 63122
(314) 853-2551

Charles Village
5943 Telegraph Rd.
St. Louis, MO 63129
(314) 606-9891