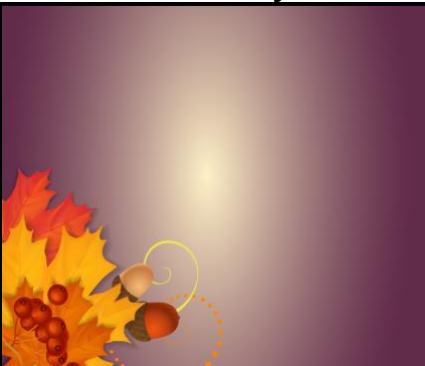




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9am-1 on 1s 1 10am November Gazette discussion 10:30 Exercise w/ Maura 11:00 Rosary 2:30 Bingo Evening Cookies & Chat	9am-1 on 1s 2 10am Nail Painting 2:30 Paper Airplane Contest Evening Playing Cards	9am-1 on 1s 3 10:00 Window Clings 10:30 Poker 2:30pm Exercise w/ Lori 3:00 Thanksgiving Scattergories Evening Bingo	9am-1 on 1s 4 10am-Bingo 2:30 Leaf Prints and Music Evening Music and Cards	9am-1 on 1s 5 10:00am Lifetime Learning "History of Native Americans" 10:30 Autumn Bead Necklaces 2:30pm Mini Donuts and Hollywood Trivia	11am Music Reminiscing 6 3:00pm Crazy 8's
11:00 Mass on TV in LTC Dining Room 7 3pm Exercise <small>Daylight Saving Time Ends</small>	9am-1 on 1s 8 10am "Milton Bradley Day" History of games discussion 10:30 Exercise 11:00 Rosary 2:30 Bingo Evening Snack Cart Time	9am-1 on 1s 9 10am Nail Painting 2:30 Peanut Butter Cookie Dough food demonstration Evening Playing Cards	9am-1 on 1s 10 10:00 Veterans Sign making 10:30 Poker 2:30pm Exercise 3:00 Dining Circle Evening Bingo	9am-1 on 1s 11 10am-Bingo 2:30 Veteran's Ceremony Evening Cards and Music 	9am-1 on 1s 12 10:30 Paint by Numbers 2:30pm State Game	11am Music Videos 13 3:00pm Word Games
11:00 Mass on TV in LTC Dining Room 14 3pm Exercise	9am-1 on 1s 15 10:30 Exercise 11:00 Rosary 2:30 Bingo Evening Cookies & Chat	9am-1 on 1s 16 10am Nail Painting 2:30 America Says Game (Holiday Edition) Evening Playing Cards	9am-1 on 1s 17 10:00 Name That Tune 10:30 Poker 2:30pm Exercise 3:00 Community Council Evening Bingo	9am-1 on 1s 18 10am-Bingo 2:30 Resident Volunteer Group Meets- "Reduce, Reuse, Recycle" activity Evening Music and Cards	9am-1 on 1s 19 10:00am Bunco 2:30pm Karaoke/Birthday Party	11am Music Reminiscing 20 3:00pm Crazy 8's
11:00 Mass on TV in LTC Dining Room 21 3pm Exercise	9am-1 on 1s 22 10am "Memorabilia Monday" Antique Roadshow video 10:30 Exercise 11:00 Rosary 2:30 Bingo Evening Snack Cart Time	9am-1 on 1s 23 10am Nail Painting 2:30 Corn Hole Tournament Evening Ice Cream Social	9am-1 on 1s 24 10:00 Making Ties 10:30 Exercise 2:30pm "Tie One On" Happy Hour Evening Bingo	10am Thankful Turkey Craft 25 2:30 Lucky 6 <small>Thanksgiving Day</small>	9am-1 on 1s 26 10:00am Step by Step Painting 2:30pm Autumn Harvest Punch and Holiday Scattergories	11am Music Videos 27 3:00pm Word Games
11:00 Mass on TV in LTC Dining Room 28 3pm Exercise <small>Hanukkah Begins</small>	9am-1 on 1s 29 10am Grand Ole Opry's Birthday - video 10:30 Exercise w/ Tara 11:00 Rosary 2:30 Bingo Evening Cookies & Chat	9am-1 on 1s 30 10am Nail Painting 2:30 Pumpkin Muffins Food Demonstration Evening Playing Cards	 <h1 style="text-align: center;">November 2021</h1> <h2 style="text-align: center;">Bethesda Southgate LTC</h2>			