

# Happenings

July 2021

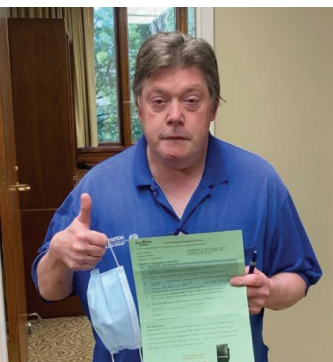


## Having a Big Heart for Hearts for Our Homes

More than 500 donors supported Bethesda's recent Hearts for Our Homes fundraising campaign, with gifts exceeding \$100,000.

Funds raised through the campaign are used to help keep Bethesda's seniors living in a Bethesda community, even when they have depleted their resources. Donors who contributed \$50 or more received a leatherette notebook, and employees who donated at least 1% of their pay received a free vacation day.

"The real winners are our seniors, who we ensure continue to have a home with Bethesda," says **Patrick Bush** (pictured here holding his pledge form), who has worked in the housekeeping department at Bethesda Meadow for more than 20 years. Pat donated 4% of his salary to Hearts for Our Homes.



## Gifts of Life Insurance

It is common for people to have more than one life insurance policy. Some policies are purchased to provide financial security for members of their families, and others are used pay for estate taxes and other expenses associated with the settlement of an estate or as a savings plan.

But not only does life insurance serve a versatile financial planning tool, it can also be a convenient way to give to your favorite charity.

### Benefits of Gifting Life Insurance to Charity

A gift of life insurance is economical and tax deductible in most cases, and it is usually an easy donation to make.

### Gifts of Existing Life Insurance Policies

Perhaps you want to gift your existing life insurance policy to a charity. If you have excess life insurance, you may consider including it in your charitable giving plans.

Life insurance may be extremely versatile in helping you meet your charitable giving intentions. If you have questions about making a gift of life insurance, please do not hesitate to contact the BHG Foundation, 314-800-1981.



## Good People Doing Good Things — Joann Steinbrueck

Not even COVID-19 restrictions could keep **Joann Steinbrueck** from addressing her desire to improve the environment, as the beautification of our world has been a passion of hers for many years.

Joann, who lives with her husband as residents of Village North Retirement Community, continues to volunteer by picking up trash throughout the Village North campus despite the pandemic. "While each of us must take responsibility by not littering and keeping our environment clean, this doesn't always happen. Joann truly enjoys knowing that she

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## Celebrating “100 Plus” Years

Some will say that there is a secret to a long life—others will tell you that that secret is having good genetics.

Meet **Gladys Gruenberg** (left, age 101) and **Muriel Hartz** (right, age 105), who coincidentally have a lot of things in common. Both of these women are residents of Bethesda Barclay House, both celebrate June birthdays, both previously lived in Milwaukee, Wisconsin, and both subscribe to simple philosophies on aging gracefully.

Muriel’s school of thought is quite simple. “Don’t mess with stress! I don’t get uptight over the little things in life.” Similarly, Gladys states, “Take each day one at a time.” Not pictured are **Mary Ann Lennie** (age 105) and **Toni Breihan** (soon to be 101), also Bethesda Barclay House residents who are members of the “Over 100 Club,” along with many other seniors who live in Bethesda communities.

## Good People Doing Good Things

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positively contributes to keeping our community clean,” says **Felinna Love**, General Manager

## August Special Election

On Tuesday, Aug. 3, St. Louis County voters will decide if they want to increase the operating tax levy of the St. Louis Community College District by 8-cents per \$100 of assessed valuation. Unlike last year, claiming to be at-risk for COVID-19 will not automatically grant you an absentee or mail-in ballot. If you are interested in voting absentee; the first step in the process is to complete an absentee ballot application.

Absentee ballots applications must be mailed by Wednesday, July 21, or you may drop them off in person at the St. Louis County



Board of Elections office, which is located at 725 Northwest Plaza Drive, St. Ann, MO. Once the St. Louis County Board of Elections receives your absentee application, you will be mailed a ballot.

## People on the Permanently Disabled list should have already received their purple ballot application in the mail.

For more information regarding the upcoming election, contact 314-615-1800.



## Hospice Walk Renamed for Bethesda Employee

The 9th Annual Hospice 5K/1K Memorial Walk will have additional meaning this year after being re-named for one of Bethesda’s very own Hospice Care employees, **Brian Kayman**, who sadly died earlier this year from COVID-19.

Brian worked for Bethesda Hospice Care for more than 18 years.

The walk is now named **The Kayman 5K—Bethesda Hospice Care’s Annual Memorial Walk**.

“By renaming this annual memorial event in Brian’s honor, we are not only remembering him for all the dedication and hard work he provided to our organization, but also highlighting why hospice care is important, and educating on what the hospice philosophy truly means,” says **Leslie Schaeffer**, MSW, LCSW, Support Services Manager and Bereavement & Veterans Coordinator at Bethesda Hospice Care.

at Village North. Joann also donates and plants annual flowers for the landscaped beds at Village North.

Thank you, Joann, for helping beautify Village North and the surrounding community.

If you know someone who has done good things for Bethesda or our communities, please share with the Foundation Office, 314-800-1981, or [pedempski@bethesdahealth.org](mailto:pedempski@bethesdahealth.org).