

Advocates *for Senior Living*



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Kiel Peregrin, Corporate Vice President of Long-Term Care, entices Anastasia Deacon, Revenue Cycle Coordinator, to participate in the annual "Hearts for Our Homes" fundraising campaign with some chocolate.



Not even snowstorms can keep our residents down! Here, Bethesda Gardens resident Barbara Gould takes advantage of the surprise November snow to literally "make" a new friend.



Resident Claudine Chunn gets a big smooch from Eri the dog as she admires her Hope Dove at her home at Barnes-Jewish Extended Care. Many residents and families participate in the Foundation holiday fundraiser.



Celebrating the 10th anniversary of St. Andrews & Bethesda Home Health! Sitting (left to right): Joe Brinker and Mary Alice Ryan, President & CEO, St. Andrew's Resources for Seniors. Standing: Deni O'Malley, Director, St. Andrews & Bethesda Home Health; Roger Byrne, Bethesda Executive Vice President and CFO; Michelle Glass, Bethesda Corporate Vice President, Senior Living and In-Home Services; and Tyler Troutman, Chief Operating Officer, St. Andrew's Resources for Seniors.

Welcome *to the 2018 Report to the Community*

The pages that follow document another successful year of service to the St. Louis community and highlight some of the residents, volunteers and employees that make our communities and community based services ideal places to live and receive care.

For nearly 13 decades, Bethesda has fostered successful aging through compassion and innovation. While our Vision has remained steadfast through the years, the path to achievement has required our team to adapt, find and adopt new solutions, and overcome challenges presented by an ever-changing health care landscape.

For example, ever-tightening state budgets threaten the ability of senior care organizations to provide care for the growing senior population. Many seniors cannot bear the cost of long-term care for a lengthy period, leaving them vulnerable to a lack of services. Advocacy has become increasingly important for fair funding of long-term care.

In Spring of 2018, Bethesda embraced an advocacy opportunity, as a group of dedicated residents and staff traveled to Jefferson City to lobby Missouri legislators, providing first-hand accounts about the impact of underfunding senior care.

Adopting the latest clinical advancements is another form of advocacy, as Bethesda works to implement new best-practice methods and expand access to medical care by bringing many essential services on-site, making it easier for seniors to stay well and enjoy a high quality of life.

As always, we recognize the commitment of staff, donors and volunteers who are passionate about making a difference in the lives of our residents and their families. Our organization would not be the same without your loyalty, whether it comes in the form of financial support or gifts of time and talent. The entire Bethesda team thanks you immensely.

Sincerely,

Joseph J. Brinker
President & CEO

Bethesda's Future Advocacy

Bethesda Health Group believes that in order to fulfill its mission to treat all with dignity and respect, it has a responsibility to advocate for seniors.

Advocacy takes many forms, including calling for more balanced funding for Medicaid or raising public awareness of issues related to long-term care and aging. Bethesda works diligently to ensure issues facing seniors are being properly addressed by our elected officials.

In April, a group of nearly 40 Bethesda seniors and staff traveled via bus to Jefferson City with the hopes of "Making a Difference" for seniors in Missouri. Wearing bright orange t-shirts, they spent the afternoon walking the halls of the State Capitol. Their mission: to talk to legislators about the impact of chronic Medicaid underfunding in Missouri and the importance

of bridging the average \$25 gap between what Medicaid funds for senior care and the actual cost to cover seniors' daily needs.

For Bethesda, which provides the same high level of care to residents regardless if they are private-pay or on Medicaid, the gap is larger than the \$25 average. "At Bethesda, everyone is treated with the same level of dignity. That's the Bethesda way, and that's not going to change," says Roger Byrne, Executive Vice President and Chief Financial Officer.

"Missouri is already one of the lowest funded states for Medicaid reimbursement, so when more cuts were proposed, we knew we had to do something," says



Bethesda Orchard residents Joan Whitford, Jodie Johnson and Bill Joern voting in the 2018 primary elections.

Chris Crouch, Vice President and Senior Administrator at Bethesda Southgate/Charless Village, who was among the Bethesda team members who organized the Jefferson City trip.

The group met with nearly a dozen legislators or members of their staffs. Though many factors influence legislators' decisions, the seniors are confident that their efforts indeed made a difference. Ultimately, the



Missouri Legislature voted to restore the Medicaid cuts and provide a nominal increase, which combined increased the daily rate by \$8.30.

“When people who are directly affected tell their story to our lawmakers, it helps legislators better understand what is happening,” says Michelle Glass, Corporate Vice President, Senior Living and In-Home Services and another of the trip organizers. “I believe our advocacy work had a positive effect on our legislators.”

The Jefferson City trip had the full support of LeadingAge Missouri, the Missouri independent affiliate of LeadingAge, a national nonprofit organization dedicated to education, advocacy and research in the field of aging services. Bethesda has a long relationship with both, and typically has one or two representatives on the LeadingAge Missouri board.

Bill Bates, LeadingAge Missouri CEO, said the support of Bethesda has been invaluable. “Bethesda is so mission-driven and committed to seniors that it’s natural for them to do what is right for seniors,” he says. “The grassroots support they provide is invaluable in the context of public policy.”

Pictured, left: Bethesda residents in Jefferson City raising awareness of Medicaid underfunding.



Dorothy Erickson

The Faces of Advocacy

Individuals within Bethesda’s communities are involved in advocacy work of their own, too.

Bethesda Orchard resident Joan Whitford is a member of the League of Women Voters and actively works alongside Bethesda staff to help register residents to vote and encourage them to make it to the polls. She participated in the trip to Jefferson City and encouraged others to follow up with letters to legislators. “We seniors have wisdom and experience, and it’s important that we contribute to the process,” Joan says.

Dorothy Erickson, a resident of The Oaks at Bethesda, made an entire career out of advocacy work. She was Executive Director and Founder of the Long-Term Care Ombudsman Program (now known as VOYCE), which was founded in 1979 under the Older Americans Act of 1978, created by Congress in an effort to prevent abuse and neglect in long-term care communities. The ombudsman program provided education on regulations and resident rights to long-term care staff, and served as a mediator between communities and families when problems occurred. “Before this, there were no residents’ rights, and there was a need for residents to have a voice. This program helped give them that voice,” Dorothy says.

Although Dorothy retired years ago, she has continued to help seniors in her role as a volunteer Medicare counselor. Once a week, she meets with Missouri seniors and helps them navigate the complex system. “People turn 65 and are not at all prepared for going on Medicare—they assume it’s a walk in the park,” she says. “They are totally overwhelmed with the choices they have and the penalties for not doing the right thing at the right time.”

More and Better

Improving Access to Higher Quality Care

St. Louis area seniors have greater access to Bethesda's long-term care communities than ever before, thanks to new agreements with several insurance carriers and expanded partnerships with several St. Louis hospital systems.

Partnerships Improve Access

Insurance companies, also known as managed care providers, play a potentially pivotal role in determining where their members receive care by recommending them to providers with established positive care outcomes. So too do hospitals as they discharge their patients from the acute care setting. Whether after surgery, a stroke or a fall, hospitals require a high level of trust in the skilled nursing communities to which they refer their patients.

For one of Bethesda's communities or services to be considered as a care option for seniors and their families, earning the endorsement of both insurance carriers and referring area hospitals is essential.

The effort is being made, and it is working.

"In just two years, we've grown from accepting only Medicare and Medicaid and a few insurances, to now serving as an approved provider for more than 90 percent of St. Louis' insured seniors and every acute

care hospital in the region," says Nathan Darling, Corporate Vice President, Strategy and Business Development.

Earning that status is no small achievement. According to Nathan, each carrier and hospital has its own standards for credentialing and business processes; it is a shared interest and commitment to quality care that proves most valuable across the board.

"We have collected quality data for years, so it was relatively easy to prove that our care teams are up to almost any challenge," Nathan says. "As people are discharged from the hospital earlier and more fragile than they used to be, it's amazing what our nursing staff can care for now."

Care Teams at the Forefront

Skilled nursing communities have evolved to meet the challenges of the modern health care system. The communities serve as "post-acute" care centers, acknowledging the increased level of medical care required

as patients work their way from hospital to home, or to the most suitable long-term arrangement for their needs.

Bethesda's post-acute care begins while patients are still in the hospital. "We are working as a complete team, starting with the care they receive at the hospital, and then when they discharge to us, and then ultimately back to the patient's primary care provider when they return home," says Lynn Licklider, Corporate Director of Clinical Services. Bethesda care teams undergo thorough training when they are first hired and throughout their careers, with continuing education and specific medical training workshops hosted on an ongoing basis.

The commitment to quality outcomes continues after

Lisa Stolzer, R.N., Staff Development Coordinator (left), instructs nurses during a skills day, which are held regularly at skilled nursing communities throughout the organization.



“We are motivated to help the individual heal and stay well. We help make certain they have appointments already set and the medications they need.”

Lynn Licklider, Corporate Director
of Clinical Services

discharge. “We are motivated to help the individual heal and stay well. We help make certain they have appointments already set and the medications they need,” Lynn says. “We will even help schedule transportation to ensure patients stay on their path to recovery after they leave a Bethesda community.”

Kiel Peregrin, Corporate Vice President of Long-Term Care, details another recent change designed to improve the resident experience within Bethesda’s skilled nursing communities. Each community has had a medical director responsible for setting policies and leading quality improvement initiatives, as compared to independent doctors who visit their patients on their own schedules.

Bethesda has asked some of these physicians to accept additional residents as their patients, helping to establish more consistency in care and more of the physicians’ time in the communities.

“This is a true win-win for everyone—the residents and nursing team have more access to a physician to answer questions, update care plans and address urgent needs than ever before,” Kiel said.

Many residents also require ongoing non-urgent care, such as hearing and dental services.

Bethesda has long provided residents with transportation to community providers, based on the resident’s choice of provider. However, some residents are not able to be transported by car or do not have an existing dentist or audiologist, so Bethesda has created a new way for them to obtain these important services and maintain their good health and quality of life.

In partnership with a third-party medical company called 360Care, Bethesda residents now have access to podiatry, dental, vision and hearing care at the community in which they live. “The convenience for residents to ensure they receive services, regardless of the weather or if they are ‘up’ to a trip that day, is invaluable,” says Kiel.

Advances in Memory Care

Helping seniors manage the challenges of dementia requires ongoing commitment to best practices and to making the residents’ days productive and anxiety free.

“Dementia involves a variety of challenging behaviors,” says Chris Crouch, R.N., Vice President and Senior Administrator at Bethesda Southgate/Charless Village. “As the brain chemistry is altered, so are the moods and actions of the individual.” An important trend in memory



Piotr Kulikowski, M.D. (left), and Maria Winsor, AGNP-C (right), treat a Bethesda Rehab & Therapy Center patient. Dr. Kulikowski and his team of nurse practitioners regularly visit residents at Bethesda Dilworth.

support is to reduce the use of medications, especially psychotropic drugs, which can unnecessarily sedate a resident when care team intervention and other solutions might work.

According to Chris, the Bethesda team works with each resident’s physician to understand medication needs and plan proactive steps to engage residents struggling with mental decline. “We document whether a resident is sleeping well and how long they sleep,” she says. “We look for ways to distract them from anxiety and encourage them to do as many activities of daily living as they can. Even if it takes additional time for them to complete the task—for example, washing their face—we need to let them do that. If they can work on the computer or listen to music, they find comfort and have a better quality of life.”

As senior care continues to evolve, Bethesda is committed to evolving along with it, providing new ways for seniors to access the services they need to live vibrant, healthy lives.

Faces of Bethesda



Juanita Hinshaw

Juanita Hinshaw is prolific both in her professional accomplishments and in her service to community nonprofits.

Originally from North Carolina, Juanita moved to St. Louis to accept a job at Monsanto, where she eventually rose to the ranks of

Treasurer and Vice President. She also worked at Graybar Electric, where she served as Senior Vice President and CFO.

Juanita brought her business acumen and passion for community service to Bethesda in 1987. She served as Treasurer and Vice Chair before becoming Board Chair in 1994 through 1996. She remained involved with the Board until 2002, which is when she transitioned to a position on the Bethesda Advisory Board, on which she remains today. She is also a current member of the Bethesda Women's Board.

Although Juanita has difficulty keeping track of all of the charitable organizations in which she has been involved, she is quick to point out that Bethesda was the first nonprofit board she joined in St. Louis. "I am blessed to have been given so much, so I've always felt obligated to give back," she says. "I admire Bethesda's mission, and I knew I could provide something of value."

Juanita credits her motivation for community involvement to her strong relationship with her beloved grandmother. "She was one of the most important people in my life," Juanita says. "I say she died of heartbreak—this was before cataract surgery was available, and her cataracts prevented her from doing the things she loved, like reading and sewing."

During her tenure as Board Chair, Bethesda acquired Bethesda Barclay House. Juanita was also the Board Chair during current President & CEO Joe Brinker's early days with Bethesda, and he considers her one of his mentors. She believes under Joe's direction, Bethesda will continue to experience growth. "The current landscape in senior care is tough, but Bethesda has always hired good people, and Joe is the right CEO to handle it," Juanita says.

"I am blessed to have been given so much, so I've always felt obligated to give back. I admire Bethesda's mission, and I knew I could provide something of value."

Juanita Hinshaw



Reginald Finney

Being active is part of Reginald Finney's nature. The Havana, Cuba, native moved to St. Louis when he was three and grew up excelling at sports, eventually playing both baseball and football at Washington University.

Reginald served in the Vietnam War as a ground radio repairperson at Scott Air Force Base, and returned to college after he completed his service to finish his degree in mathematics. A long-time Richmond Heights resident, he became increasingly involved in the community. While on the Richmond

Heights Recreational Advisory Board, Reginald helped formulate the plans that laid the groundwork for the building of the community center in Richmond Heights. Reginald found he had such a knack for advocacy that he decided to run for City Council in 2014, and won. He is currently in his second term on the Council, and also serves as the Deputy Mayor of Richmond Heights.

Unfortunately, Reginald's busy schedule was sidetracked in April 2018, when he underwent spinal fusion surgery. It was important to him to recover quickly so that he could return to exercising and fulfilling his City Council duties. Thanks to the rehabilitation care he received at Barnes-Jewish Extended Care in Clayton, he was not laid up for long.

"The entire team from Barnes-Jewish Extended Care, from the nurses to the housekeeping staff, did everything to keep me comfortable and provide me with the support I needed to recover," Reginald says. "My highest praise goes to the therapists. They recognized that I had the ability to push myself more than expected, and allowed me to do so while keeping me safe."

Del Dace

Del Dace has dedicated his life to art, and at age 83, the passion still burns bright for the Village North Retirement Community resident. Born in St. Louis, Del is best known locally for the four decades he spent designing and painting sets for the St. Louis Municipal Opera Theater, also known as The Muny.

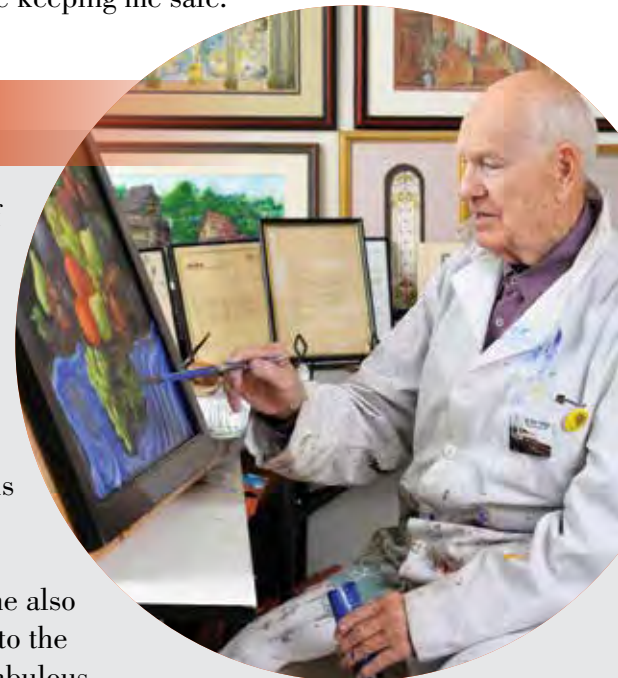
Del discovered his calling early, hired as The Muny's first paint boy in 1949 when he was 13. He washed brushes and helped out on the sets, and it was enough of a glimpse at the behind-the-scenes magic to make Del a lifelong lover of the arts.

He eventually worked his way up to lead The Muny's art department. "We used to produce 10 shows each season—rehearsals were on Sunday, and we only had a week to work on each set," Del says.

Although Del's talents have taken him around the world, St. Louis is his home, and the city is more beautiful for it. His works have included the iconic History of Aviation mural that used to be in the

main terminal of the airport, as well as large paintings for the Saint Louis Zoo. One of his paintings is part of the Saint Louis Art Museum's permanent collection, and he also has contributed to the beauty of The Fabulous Fox Theatre.

Del says he will never retire. He often can be seen wearing his painter's smock around Village North, spending hours at the studio he has set up inside his apartment, working on paintings that will beautify the walls of the retirement community, so his fellow residents can enjoy his talents as well.



“Music is mentally stimulating and can connect people to their childhood. When I play to Alzheimer’s patients, who often have trouble communicating, they are able to sing every word of those songs they grew up with.”

Judy Lindquist



Judy Lindquist

Every Thursday, beautiful music floats down the halls of Bethesda Meadow. The sounds come from the violin and piano of Judy Lindquist, who has been dedicating her time and talents to entertaining Bethesda Meadow residents for more than a dozen years.

Judy first learned to play violin as a fourth grader in Lexington, Missouri, in the early 1960s. She taught violin in high school, majored in music in college, and then taught music in Rockwood School District. Along the way, she learned how to play the cello and taught herself how to play piano.

Judy first learned of Bethesda through her church bulletin, which had an ad for “Singing Them Home,” a group of volunteers from Bethesda Hospice Care that sings to hospice patients at Bethesda Dilworth. Judy was interested, but she inquired about volunteer opportunities at a Bethesda community closer to her

home in west St. Louis County. She became a hospice volunteer, and for the next 12 years, she visited with hospice patients at Bethesda Meadow, talking with them, reading to them and playing music for them. “If you are willing to devote the time and the patience to listen, these residents have wonderful stories to tell,” Judy says.

She recalls one hospice patient, Marjorie, who was unresponsive and silent. When Judy finished playing her violin and was packing it up, Marjorie said “thank you very much.” It was the first time that Marjorie had spoken in months.

Although she has taken a break from her hospice volunteer work, Judy still visits Bethesda Meadow every week to play songs for the residents. “Music is mentally stimulating and can connect people to their childhood,” Judy says. “When I play to Alzheimer’s patients, who often have trouble communicating, they are able to sing every word of those songs they grew up with.” For that reason, she chooses songs designed to appeal to that period, mostly tunes from the 30s, 40s and 50s. “Certain songs touch everyone,” she says. “I consider it my job to find those songs and play them.”



Ted Savage

Former major league outfielder Ted Savage played from 1962 to 1971 for eight different teams, including his beloved St. Louis Cardinals. Ted clearly loves everything about baseball, and his decades-long love affair with the game is apparent the minute you step into his residence at The Oaks at Bethesda, where he proudly displays a lifetime's worth of memorabilia.

He says some of his proudest moments are getting to play against and alongside black superstars like Willie Mays and Lou Brock. "Every team had only one or two black ballplayers, and I got a chance to

play with or against most of them," Ted says. "We were segregated off the field, and therefore the black players became like family."

When his career on the diamond ended, Ted earned a Ph.D in urban studies from Saint Louis University and spent a decade as Athletic Director at Harris-Stowe State University. In 1987, he became Assistant Director of Community Relations and a minor-league instructor for the Cardinals, a position he held until he retired in 2012. The following year, the Cardinals Care annual golf tournament was renamed the Ted Savage RBI Golf Classic to raise funds for the Reviving Baseball in Inner Cities program.

In 2017, Ted moved into one of the villa homes at The Oaks at Bethesda with his wife, Phyllis. "It was time to downsize," Phyllis says, noting that she appreciates the available housekeeping and maintenance services offered by The Oaks, as well as not having to deal with all the other "hassles" that accompany home ownership. "It's a good place to be," Ted says.

Mary Wolf

Bethesda Southgate resident Mary Wolf is proud to say that she is 103 years old, and credits her longevity to her active lifestyle and diet rich in fresh vegetables. "I always ate my oatmeal!" Mary says.

It was always important to Mary to be active, and she was particularly enamored with biking and gymnastics. That all seemed to end when a terrible car accident shattered her hip, and doctors predicted she would never walk again. Mary proved those doctors wrong, using her accident as an opportunity to turn her rehabilitative exercises into new hobbies: water aerobics and swimming.

Years later, Mary developed cellulitis in her legs, which caused her to suffer some falls. To recover, she participated in the rehabilitation program at Bethesda Southgate, and in 2018 moved into Bethesda Southgate for long-term care. It was an easy decision for her and her family—based on Mary's experience, they knew that she would be well taken care of. In addition, Bethesda Southgate's proximity to family members meant that Mary would be able to continue

their weekly tradition of eating dinner at one of Mary's favorite restaurants.

Mary particularly enjoys the company of Bethesda Southgate's friendly staff and loves the food.

"They really think about your health when cooking," she says.

"It's not just delicious, it's healthy, too." She also loves participating in the community's bus trips and playing bingo. A bingo champ, Mary proudly displays prizes on her window sill. "Everyone takes really good care of me here, and I like being close to my family so they can always come visit," Mary says.



“The people here are wonderful. I connected with Residency Counselor Lea Ann Coates over the Stones, and we can talk about music for hours.”

Stephen Kouzomis



Stephen Kouzomis

Stephen Kouzomis, a resident of Bethesda Hawthorne Place, knows what it is like to literally experience a brush with fame.

An avid fan of the Rolling Stones for five decades, Stephen traveled to

Cleveland for a concert, and ended up staying in the same hotel as the band. “We came down the elevator into the lobby, and suddenly I was within a few feet of Mick Jagger and (drummer) Charlie Watts,” he recalls. “I brushed up against Mick’s shoulder and he smiled.”

Stephen’s love affair with the “bad boys” of classic rock started when he was in college in the mid-60s. “A good friend brought their first album to me and told me I had to listen,” he recalls. “We played their

music all afternoon, and I was hooked. We ended up going to a couple of concerts together.”

Today, Stephen owns practically every album and has attended numerous live concerts. His first was in Chicago, his hometown, and he says his favorite was in Alpine Valley, Wisconsin, in 1989. “You could tell the whole band was really into the music,” he says. Stephen also traveled to Europe in the early 70s, and caught a concert in London. In one three-month period, he attended six shows—which is impressive, considering the travel schedule of a band like the Stones.

Stephen also bonded with his son over the Stones. The two would go to concerts together and argue about which songs were best. “He didn’t think much of the Stones until he went to concerts with me out West,” Stephen says.

In 2017, when Stephen came to the Bethesda Hawthorne Place Assisted Living community, his Rolling Stones fervor proved fertile ground for making new connections, particularly with Residency Counselor Lea Ann Coates. “We really connected over the Stones, and can talk about music for hours,” he says.



Richard Henmi

The Renaissance St. Louis Airport Hotel. The “flying saucer”-shaped building on South Grand Boulevard near the Saint Louis University campus. The Mansion House Apartments downtown. Each of these iconic St. Louis structures is unique, yet have one commonality: Bethesda Orchard resident Richard Henmi.

A renowned architect, Richard’s achievements reflect an extremely successful career, but his early life was fraught with hardship. Born in California in 1924, Richard was 17 when he was sent to a Japanese internment center at the start of World War II. Richard was allowed to leave the center after three months to attend Washington University, but the war

continued to affect his life. In 1943, he was drafted into the U.S. Army but was placed in the reserves because he was Japanese; ultimately, he was allowed to serve overseas.

After the war ended, he returned to St. Louis and completed his degree in architecture. The present-day Hilton at the Ballpark, Grand Towers at Saint Louis University and many more recognizable structures all exist thanks to Richard’s work with Mauran, Russell & Crowell, which he renamed Henmi and Associates after becoming sole partner. When designing the Mansion House, located just west of the Gateway Arch National Park, Richard and his team met with Arch architect Eero Saarinen to discuss the design. Saarinen had a vision of a continuous, mid-rise building, but Richard fought for multiple spaced-out high-rises. Today, Richard’s open design allows for unobstructed views of the tallest man-made monument in America.

Asked if he has a favorite design, Richard admits that he is very proud of the Renaissance Airport Hotel. “The building recognizes its location at the end of the runway,” he explains. “We wanted to be able to see the planes take off and land, and we had to do some maneuvering to keep it from being too noisy. That was tricky, but it worked out well.”

“After I had surgery four years ago, I needed more assistance in my daily life. My kids helped me choose Bethesda Orchard, and it’s been a wonderful place to call home.”

Richard Henmi

Awards & Accolades

1 Al Poelker and Charlene and Bob Zinkl, pictured with President & CEO Joe Brinker, were selected by Bethesda as the 2018 Norwood Award recipients honoring their outstanding service to St. Louis seniors.

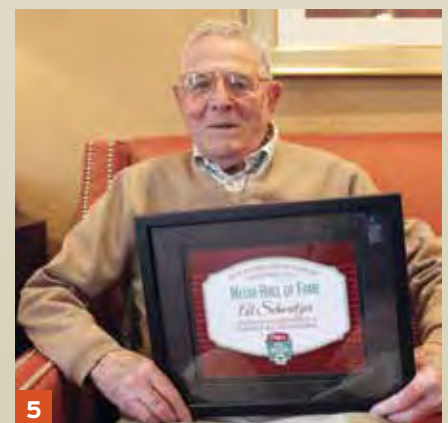
2 Mary June King Scholarship winners Miranda Tankersley-Norman and Jenny Conkright celebrate their award with Kathy Joslin, Senior Vice President of Human Resources (left), and Mary Brown, who established the award in her mother's memory to assist Bethesda employees in their pursuit of a post-secondary education.

3 LeadingAge Missouri honored Bethesda Health Group President & CEO Joe Brinker with the E. Willis Piehl Award of Honor. The organization's highest award, the Piehl Award is presented to an employee of a LeadingAge Missouri member who has made an outstanding contribution to the field of senior services in Missouri. Joe is the third Bethesda executive to receive the award, along with John Rowe and Pat Kapsar.

4 Lea Ann Coates, Residency Coordinator at Bethesda Hawthorne Place, was named

"Health Services Sales Counselor of the Year" by Greystone, a senior living consulting group that works with clients throughout the United States.

5 Bethesda Barclay House resident Al Schweitzer was inducted into St. Louis Media History Foundation's Media Hall of Fame. His selection recognized his 36-year career in the art department at the *St. Louis Post-Dispatch*, which included five years of drawing the iconic "Weatherbird."





6 Bethesda employees Ruthann Wolz, Robert Harris and Leslie Schaeffer (pictured with Joe Brinker, right) were added to the prestigious President's Roundtable, a group comprised of select employees nominated by their co-workers for exemplifying excellence and commitment to Bethesda residents, fellow employees and the organization as a whole.

7 For the second consecutive year, Eunice Smith Home was named Best of the Best of Skilled Nursing Facilities in the River Bend Region by the readers of the *Alton Telegraph*.

8 For the sixth consecutive year, Bethesda was recognized at the 2018 St. Louis Green Business Challenge Awards for its commitment to incorporating practices that reduce environmental impact. Bethesda was one of only 26 companies, organizations or municipalities recognized at the Champion level. Jessie Bathon, Staff Assistant with Facility Management, and Mike Scherrer, Director of Administrative Services, represented Bethesda at the award ceremony.

9 The School at Work program allows Bethesda staff to pursue career-advancing education during normal working hours. Charlotte Busch, School at Work facilitator and Senior Human Resources Manager at Bethesda Meadow (second from left), poses with 2018 program graduates Karen Stevens, Jasson Tucker, Patricia Rogers and Gerry Harris.

Bethesda Health Group Foundation Supporters Embrace Many Ways to Give

No matter how you choose to support the Bethesda Health Group Foundation, you touch the life of a senior.

Bethesda has a long history of delivering quality care and services to seniors, even when they can no longer pay and need charitable assistance. Here's how a few donors have chosen to support Bethesda's mission and make a difference by giving where seniors call home.



^ **Judy and Phil Hutchison** give regularly each year to Bethesda. To recognize their generosity, a plaque hangs at Bethesda Dilworth naming the main floor family room in their honor. "Judy and I feel honored to be able to give to Bethesda through our donor-advised fund," says Phil, who serves on the Bethesda Board of Directors. "It leaves us with a sense of pride to see so many Bethesda residents and families enjoying the Hutchison Family Room. We could not think of a better place to support!"



^ Bethesda Barclay House resident **Bill Gleiber** gifted his entrance fee through the *Lasting Heritage* program, which provides a meaningful way to leave a legacy while helping future generations remain in their homes at Bethesda. A Bethesda resident for six years, Bill appreciates how easy it is to make a gift that has a significant impact on the lives of seniors.



^ **Kathryn and Eldon McKie** supported the *Lasting Impressions* program to enhance the space of Bethesda Gardens, the retirement community where they live. Their names are on a plaque next to “Night Stop on the Mississippi,” a painting by British maritime artist John Stobart. The McKies designated their contribution for charitable assistance. As Eldon explains, “A sense of security is as important as daily meals and a full spectrum of care and activities.”

▼ Grants are a critical source of support for Bethesda’s mission. East Missouri Foundation awarded Bethesda \$30,000 to support efforts to reduce hospital readmissions among seniors, while additional support in 2018 included Enterprise Holdings Foundation; the Margaret B. Grigg Foundation; the Sam and Justina Halley Charitable Foundation; and the John M. Wolff Foundation. Pictured below, **Richard and Patricia Joslin** received an Alzheimer’s Foundation of America respite care scholarship. Patricia was a rehab patient at Bethesda Meadow, while Richard was in respite care before transitioning home with Home Health and Senior Support Solutions.



Honor Roll of Donors

Year ending June 30, 2018

We gratefully acknowledge our donors and Community Partners for their support and generosity. We have made every effort to accurately recognize our donors; if any errors have occurred, please accept our sincere apology.

Life Legacy (planned gifts)

John P. Baird Trust
Tom W. Bennett Irrevocable Trust
Marge Bieser
Alyce Blome*
Daniel and Blanche Bordley Fund for Bethesda; A Fund of the St. Louis Community Foundation
Antoinette C. Breihan
Hermine J. Brooks Revocable Trust
Leo R. Buder Foundation Trust
Susan Rassieur Buder Memorial Trust
Margaret L. Butler Trust
James Meade Chouteau Irrevocable Trust
Mary Alice Collins Memorial Fund; A Fund of the St. Louis Community Foundation
Winnie Cummins
George B. D'Arcy Trust
Nick Dopuch*
Robert C. Drews*
Evelyn L. Eldridge Living Trust
Marie Falvey*
Joyce A. Fincher
Mary Poore Fobes Trust
Harris J. Frank
Edward C. Gentzler, III
William L. Gleiber
Margaret B. Grigg Foundation
Dorothy M. Hanpeter
Mary Jane Heitzmann*
Briggs A. Hoffmann
Russell* and Virginia Jones
Sally S. Lilly
William C. Malcolm*
Mary E. J. Mermod Trust
Annelise Mertz*
Jean Mullgardt*

Roger and Jan Nelson
Jean G. Newton*
John F. Norwood Trust
Joseph M. Palecek Trust
Viola J. Reynolds Trust
John W. Rowe♦
Frank A. and Alpha H. Ruf Fund for Bethesda of The St. Louis Community Foundation
Eleanor G. Ryan Estate
Albert L. Schweitzer, Jr.
Katherine Stauffer Charitable Trust
Ann F. Sternberg
Alice Logan Temm Trust
Lois C. Tuttle*
Richard Weidert*
Ethel V. Wilder Trust

Pillar Level (\$10,000+)

Anonymous
Bethesda Women's Board
Douglas B. Chomeau
Stuart and Susan Chomeau
East Missouri Foundation
Bruce Fegley and Katharina Ladders Fegley
Harris J. Frank

Samuel and Justina Halley Charitable Foundation, Amen, Gantner & Capriano, Trustee
Juanita Hinshaw
Paric Corporation
Gregory and Susan Poole
Mike Trau

Founder Level (\$5,000-\$9,999)

Alzheimer's Foundation of America
Anonymous
Joe♦ and Susan Brinker
Cordell Planning Partners
Phil♦ and Judy Hutchison
Jim and Mary Sertl
The John M. Wolff Foundation

Independence Level (\$2,500-\$4,999)

Anonymous
Bartels-Missey, Inc.
Michelle Glass
Earle and Suzanne Harbison
Tom♦ and Mary Harris
Mel and Ruth Kohl
Peter and Susan Krombach
Gary♦ and Harriet Mayes
John♦ and Ginny Rowe
Spellman Brady & Company
Pat Stirlen

Empowerment Level (\$1,000-\$2,499)

Anonymous
Jerry and Sarah Arnold
Doug and Marie Bartels

Bethesda Meadow Auxiliary
Joseph E. Birk, Jr.
Bopp Chapel, Richard C. Mueller♦
Dwight and Jean Bouchard
Shawn and Candice Brown
Charlotte Busch
Roger and Laura Byrne
Michael Callicott
George♦ and Barb Clements
Coldwell Banker Premier Group, Ann Pluemer
Common Ground Public Relations, Inc.
Darlene Cosby
Tom and Chris Crouch
John and Helen Csik
David and Joan Culver
Kevin and Jean Curry
Nathan and Christine Darling
Tom and Pam Dempski
Employees Community Fund of Boeing
Enterprise Holdings Foundation
Andrew and Jennifer Fish
David and Carol Fleisher
Franc Flotron and Anne Lewis
Evelyn B. Goldberg
Wade and Michele Hachman
Mark Jeffries
Doug and Kathy Joslin
Patricia P. Kapsar
Kindred Healthcare
Kevin♦ and Lucy Klingler
Ken♦ and Babs Kolkmeier
Hazel Kraft
Jim and Rosemary Kurt
Marcia Lange
Sally S. Lilly
Medline Industries



The team of 2018 "Hearts for Our Homes" Ambassadors play a very important role in securing a high level of participation from the Bethesda employees, residents and families.

*Deceased ♦Board Member

Dale and Lydia Meier
George and
Stephany Mendelsohn
Lois H. Middelkamp*
Tom and Sherry Miskle
Missouri Foundation
for Health
Justin Oakes
Fred♦ and Ida Perabo
Kiel and Amanda Peregrin
Mark♦ and Cathleen Reifsteck
Tom and Cathy Reiss
Mike and Sue Scherrer
Josh and Jessica Sharp
Amy A. Sherrer
Andrea Snyder
Jack R. Strosnider
Nathan and Kelly Torno
Jeff and Georgee Waldman
Jackie Yoon♦

Opportunity Level (\$500-\$999)

Anonymous
Sara Arn
Mark and Julie Atkins
Bruce and Sharon Bateman
Bruce and Liz Beeler
Christopher and
Janine Benjamin
Dorothy Boenker
Antoinette C. Breihan
Ron and Sharon Burkhardt
Jim and Mary Canova
Eloise B. Capelle
Tom and Jennifer Collins
Crestmark
Custom Type
Ruth L. Dozier
Dennis and Marina Eddlemon

Curt and Robyn Engler
Fred F. Faller
Dave and Jacque Faught
Ken and Patricia Freeman
Gianino Group
Avi and Evan Goldfarb
Spencer and Barbara Gould
Dorothy M. Hanpeter
Paul F. Hanpeter
Rich and Sandy Hughes
Robert E. Hynes
Maud Jeanty
Michael Jersa
Mike and Patty Keller
Michelle Kimball
Marcella A. Kuhn
Clifford Kurrus
Melissa D. Kurrus
Bill and Lynn Licklider
Katherine Lupo
Jane Mahan
Grace A. McDonald
Connie McManus
Todd C. Meury
Terry and Lisa Meyer
Austin and
Barbara Montgomery
Michael and Susan♦ Moore
Deni O'Malley
Piper Jaffray & Co.
Al and Julie Poelker
The Rexford Group
Lisa Reynolds
Kelley Schafer
Simmons Employee
Foundation
Lila G. Simpson
Scheryl Spangler
Michael Tooley
Janet Turley

Zena Utrecht
Dennis and Ruthann Wolz
Steve and Debbie Woodard
James W. Zant
Nick and Sarah Zimmerman
Marie A. Zucchero
Karen Y. Zurick

Dignity Level (\$250-\$499)

Anonymous
Family of Geraldine Ayers
Carol Babka
Cathy L. Barton
Janie Bradford
Helen Brown
Joann Brown
Nancy Brown
The Family of Virginia Brown
Becky Bruckert
Lisa M. Calliott and
Scott Lynam
Tiffany Clancy
Wray* and Doris Darr
Toni C. Emery
John and Barbara Finch
Marsha Fuchs
Edward C. Gentzler, III
Richard and Jan Glass
Jennifer Glenn
Chad Godier
George and Margaret Goode
Debbie Gould
Charles and Nannelle Griffith
Ken and Ruth Hagemann
Diane Harness
Angelina Harris
Joan M. Howarth
Philip and Angela Huddleston
Christy F. James
Richard and Marta Jauer
Dick and Mary Kirschman
Danielle Kozemczak
Matthew and
Patricia Krautmann
Don and Susan Logie
Chandelle Martel
Mary Lou Martin
Ann C. McCandless
Eldon and Kathryn McKie
Peggy Mehan
Cindy Millikan
Kristen J. Molskness
Nikki Morrell
Gary and Dessa Morrow
Ruth Nickel
Nancy S. O'Brien
Walter Potthast

Eleanor R. Sachs
Leslie Schaeffer
Steve Scheer
Stephen W. Scheff
Lisa Sertl
Harold and Fran Stuhl
The Family of Edwin Swallow
TVI, Inc.
Richard and Joyce Ulrich
Sue I. Voorhees
Susan E. Webster
Michael and Sarita Weldon
Joan S. Whitford
Carol N. Williams
Joe and Gloria Wotka

Ability Level (\$100-\$249)

Goran Abutovic
Larry and Kathleen Albright
James Andris and
Stephen Nichols
Archway Window Cleaning
JoAnn Arnold
Nancy Bischan
Ken and Mary Bower DAF
at the Youthbridge
Community Foundation
Linda Broch
Mason Brown
Marlene Cady
Patricia Clay
Clayton Medical Center,
Piotr Kulikowski, M.D.
Norm and Ann Cleeland
Lea Ann Coates
Christie Cowan*
Lynne Crank
Ruth Ann Cranston
Mary G. Crusius
Dale Sign Service, Inc.
Anastasia Deacon
Karen S. Deak
Angela Denicola
Family of Delores Dotson
Fred J. Dulle, Jr.
Becky L. Eaton
Konnie Egertson
Robert and Becky Eggmann
Mike and Sherry Ehrler
Enterprise Fleet Management
Mark and Terry Etling
Alice M. Fields
Rosemary Gabriel
Dorothy Gannon
Casey Gerhard
Jerome L. Gidlow
Latisha Gill
Terry Gilmore
George E. Glass
William L. Gleiber



Barb Clements, Joyce Ulrich and Julie Poelker, members of the Bethesda Women's Board Executive Team, welcome guest speaker Toni Kutchen, Ph.D. (third from left), from the Donald Danforth Plant Science Center.

*Deceased ♦Board Member

Holly Greminger
 Jim and Mary Ann Groetsch
 Mary L. Groff*
 Michael and Stephanie
 Gummersheimer
 Karen Hanske
 Amy E. Harness
 Marilyn L. Harrington
 Dorothy Hassler
 Henschel Sales
 Denise K. Herrington
 Betty Hertlein
 Alison Higley
 Briggs A. Hoffmann
 Marty Holland
 Carrie Hopler
 Steven Hubbard
 Barbara L. Jackson
 Miriam Jenkins
 Amanda Joggerst
 Eugene Johnson and
 Lisa Zoia
 Martha E. Johnston
 Harold and Peggy Jolley
 William Keevan and
 Paula Czarnecki Keevan
 Henry Kipp
 Cherie Kleinbeck
 John and Patricia Klopfer
 Marilyn Knoepfel
 Peter Krone and Mary Krone
 Kathy LaChance
 Gary Landwehr
 LC Restaurant, LLC
 Barbara P. Lehman
 David and Alison Levine
 Vickie Lorenzen
 Barbara Lytle
 Janet Mayfield
 Nancy McKee
 Linda McNair
 Michael and Donna Melroy
 Lori Milburn
 Joey Miller
 Martha Monaghan
 Hazel Morgan
 Lenna Morgan
 Suzanne Moylan
 Amy Newhard
 Neal and Mary Nielsen
 Jackie Oaks
 Jary O'Connell and
 Megan Persons
 John T. Ohlendorf
 Richard and Julie Okenfuss
 Ronald J. Okenfuss
 Donald and
 Marjorie Patterson
 Donna J. Perry
 Pfizer Foundation Matching
 Gifts Program

Krishna Phanse and Penny
 Northern-Phanse
 Chris and Jennifer Popp
 Mary Ann Popp
 Doug and Maryanne Potts
 Brian M. Pratt
 Bob and Paula Pritts
 Alice Provaznik*
 Jeff and Angela Pryibil
 Jan Randazzo
 Carol Raplee
 Ann Reed
 Dorothy Rinne
 Qiana Robinson
 William L. Rogers*
 John and Mary Alice Ryan
 Dottie Schaefer
 Larry Schardan
 Gerry and Margaret Schoor
 Gregory P. Schweizer
 Leslie G. Simon
 Jacqueline Sita
 Sparta Country Club
 Ronald and Janet Stacy
 Ann F. Sternberg
 Ron and Norma Stillman
 Dave and Lisa Stolzer
 William Styles* and
 Lynne Crank
 Angie Sylvan
 Dona J. Tankersley
 Donna Wagner
 Laura K. Wagner
 Thomas Winkle
 Robert and Cindy Winters
 Barbara M. Wohltman
 Jeffrey and Karen Wright
 Yankee Candle
 Robert and Charlene Zinkl

Friends Level (\$1-\$99)

Nadica Abradovic
 Beth Adams
 Melissa Alexander
 Jan Allender
 Kathleen S. Allred
 Jim Altadonna
 Marca Andersen
 Adrien Anderson-Pullum
 Anonymous
 Lucretia Arnold
 Lynda A. Arnold
 Helen B. Artim
 Joan L. Asp
 Anita Austin
 Lois Bagwell
 Carol S. Baker
 Anastasie Balafas
 Marvin and Harriet Baldwin
 Arabesque Banks

Fred and Carole Baras
 Edna Barhom
 Gary and Lynn Barklage
 Jeff and Danielle Barnbart
 Barnes-Jewish Extended
 Care Employees
 Charmaine Barrale
 Bob and Christine Barrett
 Ken and Judy Bass
 Jessica L. Bathon
 June Baumgardner
 Lynn Beardslee
 Sara Beck
 Doris Becker
 Judith A. Becker
 Becky Benes
 Virginia Benson
 Robert Bentzing
 Alexis Berigan
 Bethesda Barclay
 House Employees
 Bethesda Corporate
 Office Employees
 Bethesda Dilworth Employees
 Bethesda Gardens Employees
 Bethesda Hawthorne
 Place Employees
 Bethesda Home & Community
 Based Services Employees
 Bethesda Meadow Employees
 Bethesda Orchard Employees
 Bethesda Orchard Residents
 Association
 Bethesda Southgate
 Employees
 Bethesda Terrace Employees
 Greg Birgle
 Wayne and Carol Black
 William Blade
 Gloria Blissett
 Latasha Blue
 Olga Bojko
 Calvin Boles
 Nichole Bovee
 Russell and Mary Bowen
 Mary Sue Bowles
 Jeff Bradshaw
 Michelle Brannon
 Joan Braun
 Brigitte Brawley
 Carolyn Brawley
 John R. Breihan
 Joe and Margaret Brenner
 Larissa Brewer
 Pamela M. Brice
 John A. Brinkmeyer
 Noemi T. Brion
 Sarah Bromschwigg
 Crystal Brown
 Scott and Diane Brown
 Michelle Brunaugh
 Jack R. Buchmiller
 Alvin and Judith Budrovich

Glenn and Carol Bujewski
 Martha Anne Bull
 Christy Bulliner
 Rosie Burr
 Mary M. Busby-Simpson
 Pat Bush
 Jodi Bushrow
 Brandy Butler
 Mike Cain
 John and Helen Cammarata
 Lou and Doris Cammarata
 Holland F. Chalfant
 Jasmine Chambers
 Bill Channels
 Joe and Anna Chapo
 Vicki Chism
 Hyunhee Cho
 Jim and Kathy Clark
 Shanique Clark
 Steven Clark
 Madison Clarke
 Carolyn Clear
 Peggy J. Cline
 Kay Clinton
 Mary Cody-Hill
 Teffeny Coe
 Cheryl Cole
 Dana A. Cole
 Sean and Jane Concagh
 Virginia Conley
 Mary Cook
 Mike and Kelly Coop
 Jaclynn N. Cooper
 Diana L. Copley
 Susan Cordray
 Faith Corethers
 Dolores J. Courtney
 Marjorie S. Courtney
 Marybell S. Cova
 Susan Cowser
 Barbara Crawford
 Genora Croffett
 Brandon and Katie Czarnecki
 Megan M. Dahl
 Bobbie Daubman
 Hollie Davenport
 Teresa Davidson
 Jessie Davies
 Latrina Davis
 Sharon Delaney
 Anita L. Depper
 Marian F. Desloge
 Joanne Diekroeger
 Paul and Joan Dietermann
 Cheryl S. Dietrich-Shaw
 Chris Dietz
 Fatima Dizdarevic
 Kionna Dodd
 Jean H. Donegan
 Malcolm Drummond
 Jean P. Dubail*
 Arlesa Dungy
 Brenda Durham

Marjorie Duvivier	Anntwanette Graves	Brenda Jackson	Jessica Liddell
Rick and Gale Echterhoff	Kim Gray	Jennifer Jackson	Daris Lindsey
Carol Eckenfels	Thomas and Sue Ann Greco	Kathy A. Jackson	Stephen and Traci Lipic
Jennifer Edelen	Peggy Greene	Rose Jacobs	Tiara Little
Alicia Edwards	Rhonda Griffin-Haire	Michael and Carla Jarvis	Nellie Loane
Arnold and Harriet Edwards	Karla D. Grimm	Maryann Jarzemkoski	Jean Lochirco
Dan, Karen and Sandy Eich	Judy Groff	Marsha Jefferson	Laurie G. Lott
Joyce M. Eiserle	Nancy C. Grush	Mary Jellinek	Felinna Love
The Ellard Family	Judy Gummersheimer	Gwendolyn Jenkins	Brandis Loving
Fran Emme	Christine M. Guyol	Portia Jennings	Meghan Lockett
Alberta L. Emmenegger	Doris M. Hagan	Shari Jennrich	Debi Lynch
Marialice Enghauser	Fred J. Hahn	Alexis Johnson	Casey N. Lynn
Marchelle Epperson	Tanja Halilbasic	Casey Johnson	Mary Macrander and
Rosemary A. Erman	Juanita Hall	Deborah Johnson	The Wachter Family
Emma Espinoza	Taneshiao Haltom	Deidre Johnson	Marilyn Madison
Jeannette L. Estopare	Christine Hanley	Jacquelyn Johnson	Elizabeth Mahan
Eunice Smith Home	Edward A. Hanlon	Jodie Johnson	Alex Mann
Employees	Evadeen Harder	Lindsay K. Johnson	Jeannette M. Marcus
Neal and Laverne Evans	Anita Hardin	Malinda Johnson	Jean K. Mard
Fenton Garden Club	Diana Hardin	Mercediz Johnson	Beverly Martin*
Patricia Ferguson	Tiffany Harmon	Alice Jones	Whitney Martinez
Edward and Cheryl Feutz	Becky Harms	Deborah Jones	Dorothy A. Marty
Bill Field	Keneicka Harrell	Lisa A. Jones	Emily Marxkors
Nicholas and Abigail Filippello	Geraldine Harris	Sharon Jordan	Jim and Terry Marxkors
John H. Fischer	Linda Harris	Gary and Kathy Juelich	Carielle Mason
Edna J. Fisher	Samantha Harris	Ralph and Nancy Kamp	Mary Mason
Rosalee R. Fleck	Janet Hartman	Marinko Karan	Jennifer Mayberry
Barbara Fletcher	Muriel Hartz	Shirley and Bob Karsznia	April McCullough
Patricia A. Flood	Rose Hasselbring	Lawrence and Jean Keller	Jasmine McElroy
Mary Jane Florence	Dan and Marina Hastey	Loretta L. Keller	Bridgett M. McElroy-Landon
Maureen Flynn	James and Judith Headley	Michael Keller	Marjorie McFarland
Martha Fortunato	Helen Hedderig	Grace E. Kenyon	Mary McInnis
Marlena Fountain	Mark and Cynthia Heffernan	Betty M. Keough	Sue McNealy
Steven D. Frager	Harold and	Steven and Theresa Keuss	Amber McQuay
Antonia Fraley	Sonia Helmpkampf	Resha Kholian	Nancy McReynolds
Cate Freeman	Josh Hendricks	Jim and Jeanette Kille	Mary Jo Melillo
Angela Fulcomer	Kara Henry	LaJuan Kingcade	Bob and Carole Melsheimer
Ronald Galvan	Jerry and Delwinda Herd	Ana Kitanovic	Chris and Danita Menhard
Angela Gambino	Teri Herrell	L. Edward Klein	Cheryl Merkel
Margaret Ganyard	Milton and Aldy* Herrick	Tiffany M. Knebel	Anthoinette Merrill
Bess Gardner	Janetta Hicks	Jeanette Knittel	Marilyn H. Merritt
Richard and	John E. Hines	Audrey Knobbe	LaVerne Meyer
Mary Lou Garmoe	Amanda L. Hoffmeister	Kristyn Koehler	Julie A. Miller
Danielle C. Gary	Nita Holt	Chris and Caroline Koetting	Tina Miller
Lori Gegg	Rosemary Holthaus	Theresa M. Koetting	Brittany Minnich
Melissa V. Geisler	Robin Hood	Harry Koettker	Nicholas A. Mirkay, Jr.
Marion Georgen	Devin Hopkins	Mary Konrad	Kristi Mobley
Chrystal Gibson	Julie Hoppe	David Kraft	Kimberly Monroe
Dorothy Gill	Karen Horn	Terry Kraus and Wendy Apgar	Tyrone Moody
Allison Gillum	James Horton	Hank Kumpf	Mary Moon
Marcy Gilpin	Genica Howard	Lori Kurtz	Steve and Pam Moore
Givable.org	Jessica R. Howard	Gary and Diane Lackey	Brian Morey
Marilyn Godar	Marcia L. Hrdlicka	John and Kiara Lackey	Rachel C. Morris
Frances L. Goebel	Angelique Hughes	Norman Lang	James and Kristen Moynihan
Jan Goeke	Sally M. Hughes	Rae Ann Langenfeld	Bob and Melissa Mueller
Suzanne F. Goette	Michelle A. Humphrey	David Larsen	Cynthia Mueller and
Elaine P. Golfin*	Diane Hunstein	Pat Leak*	Nancy Shrewsbury
Mary Goodwin	Jean V. Hunt	Susan LeBar	David J. Mueller
Janie M. Gould	Monica Hunt	Chandra Lee	John and Pam Mueller
Stephanie Graf	Sharon Hunter	Jessica Leuthauser	Judy Mueller
Susan B. Graham	Glenda Hutchinson	Gwenda Lewis	John Mullen
Jack and Patricia Grant	Karen Isaiah	Valery Lewis	Richard and Anne Muraski
			Jeremia Murphy

*Deceased ♦Board Member



Bill Rogers (left) and Ed Wheatley of the St. Louis Browns Historical Society visit with Bob Kruger, a Bethesda Orchard resident who served as a batboy for the Browns. Rogers and Wheatley, along with Bill Borst, wrote "The Saint Louis Browns: The Team That Baseball Forgot," and were the guest presenters at the 2018 Legacy Society Luncheon.

Tom Murphy
 Gwen Nash
 Dick and Virginia Navarro
 Darla F. Neely
 Rebecca Nelsen
 Roger and Jan Nelson
 Susan Niehaus
 Thomas Nolte
 Rosemary Noonan
 Margaret Nunez
 Betty O'Brien
 DeAnna Odle
 Charles and Sue Oertli
 Martha O'Grady
 Sharon O'Hare
 Dorothy M. Olfe
 Lisa Orange
 Opal Otis
 Shelly Ottwell
 Mauri L. Overath
 Edward Partee
 Christina Patterson
 Mary Ellen Patterson
 Julia Pendleton
 Jim Perabo
 Judith Perry
 Ken and Garie Perry
 Eva Pesek
 Kathy Pesnell
 Donald and Sandra Peterson
 Arlene Pickering
 Tiffany Polk
 Marion Posegate
 Jeffrey S. Potts
 Trudy A. Prewitt
 Mary Provaznik
 Maryann Rachas
 David and Linda Raish
 Susan C. Rakel
 Stacey Ramsey
 Anthony Ray, Sr.
 Mary J. Re
 Kathy Reagan
 Nelson and Juliette Reed
 Dorothy Reinecke
 Laurice L. Reinheimer
 Ann M. Reinhold
 Mr. and Mrs. Timothy
 C. Reinhold
 Melissa Renard
 Deborah Rhodes

Jaivin Rivers
 Jane Roach
 Christy J. Roberts
 Margie Robertson
 Denise Robinson
 Donna Robinson
 Karen Robinson
 Olivia Robinson
 Sheila Roby
 Gary and Jacquelyn Rocchio
 Carlita Roddy
 Mariah Rodriguez
 Nancy D. Roe
 James Roettgers
 Patricia Rogers
 Rich and Ruthine Rogers
 Barbara J. Romine
 Stan Rook
 Linda Rootz
 Shirley A. Ross
 Paul and Joyce Roth-Roffy
 Mike Sachs
 Mike Sander
 Jim and Kathleen Sanders
 Teresa M. Saputo
 Howard and Florence Savage
 Kirstin Schad
 Richard and
 Kathleen Schaefer
 Brenda S. Schaeg
 Laverne K. Schardan
 Larry Scheer
 Matthew Scheer
 Emil and Rosemary Schmidt
 Elizabeth Schmierbach
 Donald Schnellmann
 Martin O. Schnitker
 Doris H. Schoenbeck
 June Schreiner
 Robert and Susan Schroder
 Nancy Schulte
 Eddie Seawood
 LeAnn Seehausen
 Jean Seil and Susan Vaughn
 Thomas Sepe
 Mildred Sharp*
 Paul and Barbara Shaver
 Heather Shaver
 Tom and Debra Shelton
 Betty Shepherd
 Margaret Sheridan

Larry Shifrin
 Dennis Simons
 Anita S. Sita
 Joanna Skwiot
 Geraldine S. Smith
 John Smith
 Katie Smith
 LaCandish Smith
 LaToya Smith
 Susan K. Smith
 Tracy Smith
 Southview School PTO-
 Southview Sunshine Club
 Tiffany Spencer
 Carol E. Staeger
 Freddie and Denise Stalzer
 St. Andrews & Bethesda
 Home Health
 Nadine Steibel
 Diane M. Sterett
 Debbie A. Stewart
 Debra Stotler
 Michael A. Strickland, II
 Karen Stuckmeyer
 Suzanne Stumpf
 Bob and Sue Sullivan
 Virginia Summers
 Lonnie Syneradzki
 Albee D. Taylor
 Martin and Cindi Templin
 Christopher Thomas
 Marean Thomas
 Rasmi Thomas
 Pamela L. Thornhill
 Janet Thrasher
 Susan Tomlin
 Diane Tomsik
 Glenda Treadway
 Rick and Sheri Tschudin
 Jasson Tucker
 Enis and Emina Tutundzic
 Dottie Uhlig
 Steve Vagnino
 Charles and Betty Vallentine
 Clarita Vaughn
 Leonard S. Veden
 Village North Retirement
 Community Employees
 Carrie Vogelgesang
 Valerie Vogelsang
 Patricia Vogt
 Sally Voss
 Tim and Martha Vosse
 Jeanette M. Vowels
 Dorothy Wachter
 Ben Wade
 David Wagner

Samantha Walker
 Jessica Wallace
 Dave and Charlotte
 Wallhermfechtcl
 Kathy Walsh
 Christopher Walter
 Elizabeth Wamser
 Latosha Ward
 Shawn Ward
 Lena Washington-Allen
 Sherry Waterson
 Hannah Weil
 Sarah West
 Carrie Wetzel
 Paul Wheaton
 Shelley Whisler
 Nancy Whitelaw
 Lurene Whitener
 Ann Whitney
 Pam Whittaker
 Theresa Wichern
 Kimberly Wigton
 Becky Wiley
 Adam Wilke
 Shelly Wilkes
 Ann Williams
 Arthur Williams
 Charrell Williams
 Dannielle Williams
 DeCarla Williams
 Faith Williams
 Lee Williams
 Mary B. Williams
 Sheray Williams
 Shirley D. Williams
 Frieda Williamson
 Amy Willis
 David and Laurel Willis
 Carolyn Wilson
 David Wilson, Sr.
 Janet E. Wilson
 Lisa Wilson
 Joan Winkelmann
 Linda Winkler
 Ethel Wise
 Shirley Witcher
 Richard Wright and
 Nancy Kinster
 Teresa Wurtz
 Larry and Julie Yates
 Richard and Cheryl Yehling
 Christy Young
 John and Lana Yunker
 Amira Zametica
 Jessie Zarzecki and
 Frank Schembre
 Ismera Zulfic

Bethesda Financials Year Ending June 30, 2018

Bethesda Health Group, Inc. and Subsidiaries Combined Statement of Operations

REVENUES

Net service revenue	\$ 83,485,832
Other revenue and gains	6,557,644
Contributions	538,602
Non-operating investment income	2,719,113
Total revenues	93,301,191

EXPENSES

Direct professional care	45,440,103
Dietary service	9,753,914
General resident & campus services	15,235,588
Corporate administrative services	7,435,981
Employee health & welfare	4,258,835
Professional fees & services	1,173,021
Depreciation	8,697,099
Interest	4,686,109
Provision for bad debts	821,634
Total expenses	97,502,284
Net income	\$ (4,201,093)

Bethesda Health Group, Inc. and Subsidiaries Combined Balance Sheet

ASSETS

Current assets	
Cash and cash equivalents	\$ 988,024
Assets limited as to use	36,638,948
Accounts receivable	3,943,379
Management fee receivable	1,510,331
Other current assets	1,567,153
Total current assets	44,647,835

Assets limited as to use, net of amount required to meet current obligations	43,941,408
Property, plant & equipment, net	122,134,773
Beneficial interest in trusts	1,274,188
Beneficial interest in affiliate	5,764,335
Other assets	212,721
Total assets	\$217,975,260

LIABILITIES AND NET ASSETS

Current liabilities	
Current maturities of long-term debt	\$ 25,540,000
Line of credit	3,000,000
Accounts payable	2,872,217
Accrued expenses	6,258,474
Other current liabilities	1,925,051
Total current liabilities	\$ 39,595,742

Long-term liabilities, less current maturities	83,346,844
Life residents' fees	50,378,642
Other liabilities	11,167,588
Total liabilities	184,488,816
Net assets	33,486,444
Total liabilities and net assets	\$217,975,260

Bethesda Leadership



Board of Directors

From left to right...Sitting: Joseph J. Brinker (President & Chief Executive Officer), John W. Rowe (Chairman), Gary L. Mayes (Secretary), Richard C. Mueller, Jr.

Standing: George W. Clements, Jr.; Philip A. Hutchison; Thomas J. Harris; Fred H. Perabo (Vice Chairman), Jackie Yoon

Not Pictured: W. Kenneth Freeman, Kevin J. Klingler (Treasurer), Kenneth J. Kolkmeier, Susan G. Moore, Mark W. Reifsteck



Management Team

From left to right...Sitting: Nathan D. Darling (Corporate Vice President, Strategy and Business Development), Katherine E. Joslin (Senior Vice President, Human Resources and Marketing), Joseph J. Brinker (President & Chief Executive Officer), Roger T. Byrne (Executive Vice President and Chief Financial Officer), Pamela E. Dempski (Corporate Vice President and Director of Development)

Standing: Christine E. Crouch (Vice President and Senior Administrator, Bethesda Southgate/Charless Village), Jeffrey R. Waldman (Vice President of Marketing), Candice E. Brown (Vice President and Administrator, Bethesda Meadow), Mark A. Jeffries (Vice President and Administrator, Bethesda Dilworth), Michelle M. Glass (Corporate Vice President, Senior Living and In-Home Services), Kevin L. Curry (Vice President and Corporate Compliance Officer), Kiel S. Peregrin (Corporate Vice President, Long-Term Care)



Advisory Board

From left to right...Sitting: Peter Krombach, Joan Whitford, Ruth Kohl, Mike Keller

Standing: Al Poelker, Cathy Reiss, Steve Woodard, Franc Flotron, Dale Meier, Joe Brinker, Ken Bower, Dave Fleisher, Ken Bass

Not Pictured: Bob Barrett, Joe Birk, Nick Clifford, Tom Collins, David Culver, Benjamin Edwards, Curt Engler, Earle Harbison, Juanita Hinshaw, Pat Kapsar, Sally Lilly, John McClure, Jim Sertl and Jackie Shillington



Women's Board

From left to right...Sitting: Jane Mahan, Nancy O'Brien, Ann Reed, Dorothy Boenker, Susan Logie, Susan Webster, Connie McManus, Kathy Lupo, Toni Breihan, Juliette Reed, Evelyn Goldberg, Zena Utrecht

Standing: Susan Brinker, Barbara Clements (President), Kathy Joslin, Ginny Rowe, Laura Baumstark, Jean Bouchard, Ann McCandless, Sue Voorhees, Sally Lilly, Mary Sertl, Angie Harris, Stephany Mendelsohn, Joan Howarth, Maud Jeanty, Pat Kapsar, Lisa Calliott, Deni O'Malley, Lydia Meier, Julie Poelker, Joyce Ulrich

Not pictured: Sara Arn, Joann Brown, Sharon Burkhardt, Fran Burns, Doris Darr, Martie Dille, Michelle Glass, Margaret Goode, Michelle Hachman, Ruth Hagemann, Dorothy Hanpeter, Suzanne Harbison, Marilyn Harrington, Mary Harris, Angie Heumann, Juanita Hinshaw, Christy James, Mary Kirschman, Babs Kolkmeier, Susan Krombach, Lorraine Magee, Lisa Meyer, Dessa Morrow, Marion Reeve, Jackie Shillington, Fran Stuhl, Georgee Waldman, Joan Whitford



Legacy Society Executive Committee

From left to right...Sitting: Ginny Rowe, Susan Brinker

Standing: Fred Parabo (Co-Chair), Joe Brinker, Dave Culver, John Rowe

Not Pictured: Joe Birk, Tom Collins, Joan Culver, Martie Dille, Harris Frank, Susan Goodman, Earle Harbison (Co-Chair), Sally Lilly, Peter Krombach, Jim Sertl, Mary Sertl



Dilworth Auxiliary

From left to right...Sitting: Jan Glass (Vice President) and Charlene Zinkl (Treasurer)

Standing: Darla Neely (Auxiliary Coordinator), Bob Morris (President), Maud Jeanty (Secretary)



Meadow Auxiliary

From left to right: Bob Morris (Treasurer), Emily Lankau (Secretary), Candice Brown (Vice President and Administrator), Julie Yates, Ruth Kohl (President), Dianne Mollet

Not pictured: Fran Burns (Vice President)



Southgate/Charless Village Auxiliary

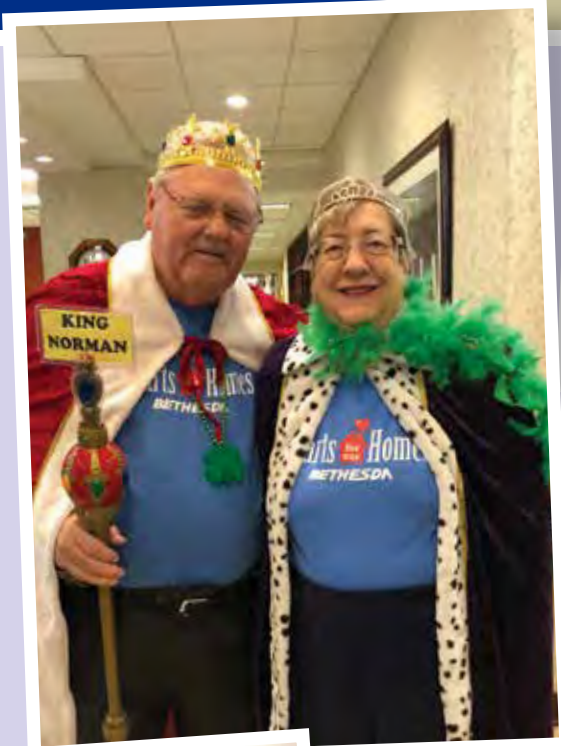
From left to right...Sitting: Jan Keale; Chris Crouch (Vice President and Senior Administrator), Judy LeBlanc

Standing: Kathleen Pongracz (Auxiliary Coordinator), Olga Bojko

Not pictured: James Hagen; Janyce Wills; Terry Marxkors

Life at Bethesda

> In addition to serving as the King and Queen of Bethesda Orchard in 2018, Norm and Ann Cleeland represented the community in the annual Webster Groves July 4th parade.



^ Bethesda Gardens resident Mike Gibbons smiles as he received his commemorative Veterans Day pin from General Manager Kristyn Koehler. Bethesda Veteran residents and spouses are recognized at Veterans Day ceremonies held throughout the organization.



^ Bethesda Barclay House resident Celeste Wight works with a Washington University student in one of the "Computer Comfort" classes. Established in 2013, these classes have helped hundreds of seniors with their computers, phones and other technology.



∨ Every now and then, the residents and staff at Barnes-Jewish Extended Care are treated to the delightful sounds from saxophonist Mike Callcott, BJEC Administrator, and pianist/resident Laverne Schlinkmann.



^ Village North Retirement Community staff members James Short (left) and Qui'Anna Phillips enjoy being served at their employee holiday party by Jeff Waldman, Vice President and Director of Marketing, and Pam Dempksi, Corporate Vice President and Director of Development.

^ Three cheers for the Bethesda team, which included team members of a variety of ages, who participated in the Alzheimer's Association's "St. Louis Walk to End Alzheimer's." Jen Popp, Tom Nolte and Toni Emery served as team captains.



^ Lea Ann Coates, Residency Counselor at Bethesda Hawthorne Place, interacts with an attendee at one of the many senior fairs and business expos at which Bethesda is present.



^ More than 500 years of life are represented in this photo, featuring Virgie Kratzer (101), Mary Wolf (103), Harry Skaggs (103), Howard Watson (101), and Elizabeth Sullens (104). As of Dec. 31, 2018, more than 20 residents over the age of 100 were living in Bethesda communities.



< Bethesda offers its residents transportation services to meet a range of needs from doctor appointments to shopping and group outings. In 2018, more than 29,200 rides were provided.

Bethesda Health Group, Inc.
1630 Des Peres Rd., Suite 290
St. Louis, MO 63131
314-800-1900
www.BethesdaHealth.org

Bethesda Independent Living Communities

Bethesda Barclay House
230 S. Brentwood Blvd.
Clayton, MO 63105
(314) 725-1000

Bethesda Gardens
420 S. Kirkwood Rd.
Kirkwood, MO 63122
(314) 965-8100

Bethesda Orchard
21 N. Old Orchard Ave.
Webster Groves, MO 63119
(314) 963-2100

Bethesda Terrace
2535 Oakmont Terrace Dr.
Oakville, MO 63129
(314) 846-6400

The Oaks at Bethesda
9645 Big Bend Rd.
Oakland, MO 63122
(314) 686-4250

Village North Retirement Community
11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010

Bethesda Assisted Living Communities

Charless Village
5943 Telegraph Rd.
St. Louis, MO 63129
(314) 606-9891

Bethesda Hawthorne Place
1111 Berry Rd.
Oakland, MO 63122
(314) 853-2551

Bethesda Skilled Nursing Communities

(including Memory Support, Rehab & Therapy, and Respite Care)

Bethesda Dilworth
9645 Big Bend Blvd.
Oakland, MO 63122
(314) 968-5460

Bethesda Meadow
322 Old State Rd.
Ellisville, MO 63021
(636) 227-3431

Bethesda Southgate
5943 Telegraph Rd.
Oakville, MO 63129
(314) 846-2000

Eunice Smith Home
1251 College Ave.
Alton, IL 62002
(618) 463-7330

Christian Extended Care & Rehabilitation
11160 Village North Dr.
St. Louis, MO 63136
(314) 355-8010

Barnes-Jewish Extended Care
401 Corporate Park Dr.
Clayton, MO 63105
(314) 725-7447

Bethesda Home and Community Based Services

Bethesda Hospice Care
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 446-0623

Bethesda Senior Support Solutions
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 963-2200

St. Andrews & Bethesda Home Health
1630 Des Peres Rd.
St. Louis, MO 63131
(314) 963-2200

Meals on Wheels Bethesda Dilworth
(314) 968-5460, ext. 5410

Bethesda Southgate
(314) 892-1124

Bethesda Rehab & Therapy Centers

Bethesda Dilworth
9645 Big Bend Blvd.
St. Louis, MO 63122
(314) 446-2150

Bethesda Meadow
322 Old State Rd.
Ellisville, MO 63021
(636) 227-3431

Bethesda Southgate
5943 Telegraph Rd.
St. Louis, MO 63129
(314) 846-2001

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